

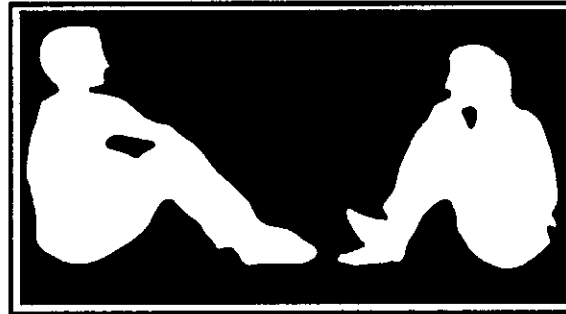
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# RENAISSANCE

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QUARTERLY NEWSLETTER OF THE ASSOCIATION FOR THE DEVELOPMENT OF THE PERSON-CENTERED APPROACH

Volume 4, Number 1, 1987



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"I have come to feel that the only learning which significantly influences behavior is self-discovered..."

Carl R. Rogers

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## CARL R. ROGERS

JANUARY 8, 1902 - FEBRUARY 4, 1987

David J. Cain

As you know Carl Rogers died on February 4, 1987 at the age of 85. On Saturday morning, January 31, Carl fell and fractured his hip. He was taken to Scripps Clinic where he was operated on to have the ball of his hip joint replaced.

He came out of the operation in a good mood and even made some humorous remarks about his condition. Then, in the early hours of Sunday morning, February 1, Carl's heart failed. Although revived, he became comatose and remained so until he died a few days later. Fortunately, it appears that Carl died without pain.

When I last saw him on January 22nd he was in good spirits and, as usual, hard at work on a number of projects. He was, in fact, waiting for a call from South Africa to firm up plans for his continued work on that country's racial problems. We talked about some persons who were instrumental in bringing his work to other countries and about inviting some of them to serve on the Editorial Board of the Person-Centered Review. We discussed the development of some special thematic issues for the journal and the possibility of creating a multi-volume anthology of his writings. All this was so like Carl - looking forward in his life. Upon leaving I kiddingly asked him if he'd like to go for a run with me. He declined but said he was planning his usual walk. I admired his desire and pleasure in keeping physically active.

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## MAKING CONTACT

Patrick Lee

My first reaction to the news that Carl Rogers had died was one of disbelief. I heard myself saying, "How could that be, not now." I became aware that the man and his writings had been a great inspiration for me. Now he is no longer here. His writings had given me a strong belief in the power of the human potential and a trust in the human spirit to move in the direction of its own betterment given the conditions of a therapeutic relationship. His had been a revolutionary approach to the nature of humankind. Now I am left with the feeling that, perhaps, it is our turn to take up where he left off. I know that it is vital that human beings, especially those with responsibility to and for others, attempt to make sense of life and the human condition. Carl Rogers was one who made sense about something I felt all along about the human potential. He explored, in a powerful way, how one might view the human being, how people envision themselves as persons, what it means to be human, to express emotions, and to relate authentically.

The Association for the Development of the Person-Centered Approach stands for the continued expression of this powerful and revolutionary approach to human potential. It is an interdisciplinary and international organization which welcomes the participation of psychologists, educators, social workers, health service providers, pastoral counselors, psychiatrists,

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## Carl R. Rogers

(Continued from first page)

On December 22nd, 1986 Carl had a wonderful birthday party which was attended by over 150 friends and colleagues. He had recently returned from workshops and institutes in Russia with over 900 psychologists and educators who he found were both receptive to and, surprisingly, knowledgeable about his work. He shared some of his experiences in Russia and his peace work in South Africa during his party. I was reminded that Carl was a fine storyteller. His birthday party was a wonderful celebration of his life. There was an enormous outpouring of love and appreciation for him. Former president Jimmy Carter sent a letter in which he stated: "Your work as a peacemaker is internationally known and highly regarded. The world could use more global citizens like you." Indeed we could.

Carl's loss, I'm sure, is felt deeply by literally thousands of persons in many parts of the world. Carl Rogers is simply irreplaceable. How we will do without him is hard to imagine.

He was profoundly influential in my life as I know he was in yours. It is still hard to comprehend or fully accept that we can no longer see or talk with him or read about his most recent ideas or experiences. His passing leaves a void in our lives and our profession which cannot be filled by another human being. Carl was a rare person - an extraordinary therapist, a gifted writer and an exceptionally human person. And as those who knew him were aware, the author and the person were the same.

I am grateful, as you are, for all Carl Rogers has given us. His optimistic view of the individuals potential for growth has been inspiring and sustaining at those times when we, inevitably, became doubtful. His steadfastness, powerful presence, understanding and caring have shown us that one person really can make a positive difference in another's life. At the same time, Carl taught us the value of testing empirically our hypotheses and beliefs. As he was known to say, "The facts are friendly." Carl was a rare combination of humanist, artist and scientist. I wish we had more like him.

I miss Carl Rogers. I wasn't ready for his death. I doubt any of us were though we "knew" he couldn't go no forever. Many of us had even talked about and anticipated Carl's passing, yet the reality of it seems more difficult than we could have imagined.

It seems inevitable that we wonder about how



his passing will affect us here in the U.S. and all over the world. While time will answer this question more clearly some effects can be perceived. Many of the responses I've had indicate that many feel a renewed energy and commitment to Carl and his work. It seems that our love for him has inspired many of us to carry forward his spirit and ideas in our work. Fortunately, there are thousands of us around the globe who will continue their efforts in the ongoing evolution of Client-Centered Therapy and the Person-Centered Approach.

Our Association can play an important part in developing and spreading Carl's ideas and, of course, those of so many others who have contributed to person-centered thinking. We can do so by continuing to develop a well organized Association with clear purposes and goals. We can develop individual and group projects which make available more opportunities for students, professionals (of many fields) and the general public to learn concepts and skills which can be employed to enhance others' quality of life. Fortunately, our Association is rich in human talent and resources. We have a great deal to offer. Hopefully, our love and respect for Carl and his ideas and our personal convictions about the Person-Centered Approach will enable us to go forward with renewed commitment, a clear sense of purpose and with the optimism that we can make a difference.

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Readers are invited to share their thoughts about Carl's life and passing.

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## JOURNAL SUBSCRIPTION

Subscription to the Person-Centered Review is included in your membership to the Association. You will receive all four issues of the journal published during the year of your membership.

Should you have any problems with your journal subscription please call SAGE publications (805) 499-0721 and ask for assistance from Adeline Sarnowski. SAGE's address is 2111 West Hillcrest Drive, Newberry Park, CA 91320.

### NEWSLETTER STAFF

Editor: David J. Cain  
Associate Editor: Patrick Lee



## MAKING CONTACT

(Continued from first page)

counselors and therapists, organizational development specialists and other professionals and laypersons involved in the field of human relations and development. Its purposes are to encourage the critical study of the concepts and application of the person-centered approach; to continue the development of person-centered theory; to foster innovation in person-centered therapy, education and supervision; to encourage and support scholarly studies and their publication; and to create a system of networks to increase awareness of and access to persons interested in and practicing the person-centered approach.

As Membership Chairman, it is my role to interest new persons to participate in this Association. My efforts are to see that more professionals and laypersons become involved in the Association to explore the human spirit in this unique and revolutionary tradition. I hope we can increase membership and broaden the influence of the Association. Therefore, I am asking that each member of the Association introduce a friend to the Association, someone that you know who is interested in the development of these ideals and would benefit from our Association. It is my goal that the Association double in size this year.

The Association has become more active in the past few years. We now offer a quarterly newsletter, a journal and a Resource Directory of person-centered therapists, educators and other practitioners. The Association maintains a Resource Library of books, articles, bibliographies, and audio and video tapes and sponsors an Annual Meeting. It is also committed to providing education, supervision and training, and direct services.

Yet the Association's active membership is still under 200 people. We have not begun to even scratch the surface of those people who would find the Association a source of support and stimulation in their own professional and personal lives. We can expand our contact with those who can use our support across the community, across the country and around the world. Carl Rogers was an inspiration to us all and we need to keep that inspiration flowing between us and into the next generations.

The Association can build on the foundation that Carl Rogers has established for us. For me his death has been a signal that now it is our turn to earnestly explore the frontiers he



has opened up for us. To take what he has given us and make it relevant for our own time and our own generation. Support the Association and help build its' potential. We have a lot to offer each other and the Association can be an effective way for us to stay in contact and to continue to build on Carl Rogers' work.

In this newsletter there is an application that can be used to introduce a friend to the Association. Please give it to one friend and explain the value and benefits of supporting this Association.

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## Update

### THIRD INTERNATIONAL PCA FORUM

Suzanne Spector

As of January 1st, 92 people from 15 countries on 5 continents have registered for the FORUM. If you plan to attend and have not already registered, we recommend that you do so at once to ensure housing with other FORUM participants on the UCSD campus. Dormitory rooms will be reserved in the order in which registration fees (\$250) are received. Housing fees are due April 15 (\$245/double for 7 nights including breakfast and lunch, \$280/singles). Americans, particularly, who do not have such high travel expenses of adverse economic conditions as for some of our international colleagues are asked to contribute to the FORUM Financial Aid Fund and Travel Pool to facilitate the participation of colleagues who will enrich our experience if we can help finance their trips from Poland, rural Mexico, South Africa, etc.

Based on the experience of the first two international forums and other PCA gatherings such as the ADPCA meeting in Chicago, CSP has formulated a program design that gives equal weight to community meetings, small ongoing groups and presentations in a variety of modes. By March 1, those who wish to present are asked to send, if they have not already done so, a one paragraph description of what you propose to do and how it relates to the FORUM theme of: THE WORLD OF PCA: DIVERSITY, COMMUNITY AND INTEGRATION. In order to give every one who wants to present an opportunity to do so, presentations should be limited to one and one-half hours.

A letter with more FORM details was sent by CSP dated January 30. If you did not receive this letter and wish to be included on the newly updated international PCA mailing list or if you know of others who should be included, please contact Suzanne Spector at CSP, 1125 Torrey Pines Road, La Jolla, CA 92037. Thanks to the stimulation of our awareness by Ken von Thaden in Chicago and in the last edition of Renaissance, we want to be particularly sure that our community includes those with special needs.



## NEWSHEET

Below are the responses from the Newsheet that all members received in the last newsletter. The Newsheet enables members to share their on-going activities, projects or personal comments with others interested in the Person-Centered Approach. We welcome your input.

**Tom and Barbara Mausolff** are out gathering friends to start a PERSON CENTERED FARM. They want to put into practice what they believe in: Ecology; Decentralization; Organic Agriculture (listening to Nature); Nutrition; Person-Centered listening to Self (Focusing), to each other in the family (PET), and to those they encounter.

There idea is to have a small organic farm where visitors can go for a few days or a few weeks to make friends with themselves and others, maybe learn Focusing or Parent Effectiveness Training or maybe just loaf, at reasonable cost because the cash income of the place is not primarily derived from visitors or programs. They are interested in hearing from you if this lifestyle appeals to you. Located in NW Washington near Bellingham and Seattle. Write: 3919 Greenwood Ave. N., Seattle, WA 98103 (206) 632-3619.

**Natalie Rogers** states that she is trying to create time to write a book and expand her sixty page paper *The Creative Connection* (which is presently available from the Institute for \$5.00 plus \$1.00 postage). She notes that January, 1987 is a landmark for The Expressive Therapy Institute. Ten interns will have completed all four levels (300 hours) of work, and written papers with such titles as "Choice out of Chaos: the Heart of Person Centered Philosophy", "Me...Then and Now", "The Fool Child (Tarot) Being Open and Taking a Risk in Therapy", "Why Person Centered Expressive Art Therapies?" Also, a Master's Degree thesis entitled "Person Centered Expressive Therapy: Exploring Creativity as a Path to the Heart" has been completed by Breatrice Lowry and accepted at Sonoma State University. A Ph.D research thesis on Creativity as experienced in the training program is in progress.

She will be going to Mexico in February to work with Sylvia DuBovoy at her Montessori School and to present her slide talk on Expressive Therapy at Iberoamericana with Pepe and Juan. In May she will be facilitating six to ten days of Expressive Therapy Training in Zurich. Then on to Italy to do the same with Alberto Zucconi in the Alps! For more information write: 1515 Riebli Road, Santa Rosa, CA 95404 (707) 523-0203.

**Bruce Meador** announces the LaJolla Program with its twenty one years of institutes and workshops in La Jolla and internationally. Their purpose is to



experience and study what Carl Rogers wrote about in *On Becoming A Person* and *Carl Rogers On Encounter Groups* and related subjects. Their program dates are July 19 to August 1 and August 2 to August 7, 1987. Tuition is \$365 and \$200. For more information write: 1125 Torrey Pines Rd, La Jolla, CA 92037.

**Pat Delorie** shares that part of her work is in a sexuality program facilitating women's sexuality groups and groups for women sexually molested as children. She is developing a new sexuality group specifically for women with a history of sexual abuse. For more information write: 13600 Las Palmas, Largo, FL 33544.

**Jerold D. Bozarth** announces a Person-Centered Approach Workshop this February 11 to February 15, 1987. His purpose is to provide the experience, conceptualizations, and intent of the Person-Centered Approach. Location is Warm Springs, Georgia and tuition is \$135 (\$100 students). For more information write: Aderhold 402, Univ of Georgia, Athens, GA 30602, (404) 542-1812.

**David J. Alpert** shares that he is an alcoholism counselor for C.A.S.P.A.R. in a men's residential halfway house with responsibilities of individual sessions and facilitating groups for the men who are not yet working. He states that he wants to start a Person-Centered workshop and Support Group to enable people to meet, support and be supported by others who share interest in the person-centered approach as an opportunity for personal and professional growth. He is also interested in the creation of a video depicting several contrasting practitioners of the person-centered approach and is currently doing some background research on viewers' perceptions of therapists in films. For more information write: 60 Fremont St., Somerville, MA 02145, (617) 625-6126.

**Barry G. Ginsberg, PhD** at the Center of Relationship Enhancement announces a one and two day intensive workshop in Relationship Enhancement Therapy with couples and families, Person-Centered Play Therapy and Relationship Enhancement Therapy for Therapist Couples. Located in the Philadelphia vicinity during June 1987 at a cost of \$75 per day. For further information write: 17 West State Street, Daylestown, PA 18901, (215) 348-2424.

**Ephraim Schneier** is looking for Counseling Associates to create a local community network counseling center at 2277 86th Street, Bensonhurst, Brooklyn, NY (11214). He wants a minimum of 3 years experience in psychology, social work, or counseling. For further information write: 3817 Maple Ave., Seagate, Brooklyn, NY 11224, (718) 372-1414 or 449-3037.



## Tape Library

### 1. Dialogue With Carl Rogers

A dialogue between Carl Rogers and the participants in the Second International Forum for the Person-Centered Approach held in Norwich, England from July 14-21, 1984. The discussion is periodically translated into French.

1 1/2 hours      Good Audio      \$8.00

### 2. Panel Discussion of Client-Centered Therapy

A six member panel present their views on various aspects of client-centered/person-centered therapy during the Second International forum for the Person-Centered Approach held in Norwich, England from July 14-21, 1984. Panel discussions include Drs. Barbara Temaner, Jerold Bozarth, Nat Raskin, John Schlien, Carl Rogers and Leif Braatan.

2 hours      Good Audio      \$10.00

### 3. Carl Rogers Talk & Discussion

Carl Rogers offers some of his thoughts regarding the distinctive aspects of the client-centered / person-centered approach to therapy followed by a discussion with participants attending the La Jolla Program in July, 1984.

1 hour      Good Audio      \$6.00

### 4. Client-Centered Therapy Demonstrations and Discussion - Bob Lee, Ph.D.

Dr. Bob Lee is a client-centered therapist, close associate of Carl Rogers and a member of the core staff of the recently founded Carl Rogers Institute of Psychotherapy, Training and Supervision. This session is with a middle-aged man attempting to modify his tendencies to be controlling. The session is followed by a discussion with Dr. Lee, the client and the participants of the La Jolla program held in July, 1984.

1 1/2 hours      Good Audio      \$8.00

### 5. Maurice Friedman on Martin Buber and Client-Centered Therapy

Dr. Maurice Friedman, a philosopher, therapist, author of several books and authority on Martin Buber discusses Buber's ideas in relationship to those of Carl Rogers during the July, 1984 La Jolla program.

1 1/2 hours      Excellent Audio      \$8.00

### 6. Continuing Controversy in Client-Centered Therapy - David J. Cain

In this tape many of the most controversial aspects of Client-Centered Therapy are discussed from an historical perspective and in terms of how issues as directiveness, diagnosis and training therapists continue to stir strong feelings from critics of this approach.

1 1/2 hours      Good Audio      \$8.00

### 7. Client-Centered Therapy and Eclecticism

Dr. C. H. Patterson, the author of *The Therapeutic Relationship* (1985) and *Theories of Counseling and Psychotherapy* (4th Ed, 1985) proposes that the core relationship conditions of Client-Centered Therapy are the basic common elements for a systematic eclectic psychotherapy.

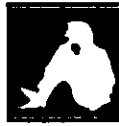
1 1/2 hours      Good Audio      \$8.00

### 8. A Model for Facilitating Interpersonal Relations

In this presentation, Dr. Patterson describes the theoretical base for all facilitative interpersonal relations. Draws on the work of Maslow, Rogers and others.

1 1/2 hours      Good Audio      \$8.00

All tapes must be paid for in advance by check, payable to:  
Person-Centered Association  
2831 Cedarwood Way  
Carlsbad, CA 92008



## Chicago Area Chapter of the Association

A meeting will be held for forming a Chicago area chapter of the Association on Sunday, April 26 from 2-5 at the Temaner house - 7206 S. Oglesby, Chicago, IL 60649.

Call Barbara Temaner Bridley at (312) 363-5112 or 348-2201, or send a note to her at the above address, if you plan to attend.

## ACTIVITIES, EVENTS AND PROGRAMS

### Third International Forum on the Person-Centered Approach

August 7-14, 1987, La Jolla, California, U.S.A. Theme: Diversity, Commonality, Integration. Sponsored by the Center for Studies of the Person. The Center staff states, "We chose this theme with the hope that by sharing our similar and different points of view we may enrich each other, and go beyond our self-imposed boundaries. It is also our hope that together we may call on our creativity to discover ways in which the cognitive and affective may be integrated." For information, write to Suzanne Spector, Coordinator, CSP Forum Committee, Center for Studies of the Person, 1125 Torrey Pines Road, La Jolla, CA 92037 U.S.A.

### Application Of The Person-Centered Approach In A Cross-Cultural Setting

July 4-12, 1987, Olympia, Greece. Presented by the Center for Cross-Cultural Communication, in affiliation with the Greek Ministry of Culture, Carl Rogers, Charles Devonshire, and an international staff have designed the workshop to bring up to date the most current theories, methods, skills, and research findings on all current aspects of the person-centered approach. For information, contact Jean Wirth, Country Coordinator, 490 Sunnit Springs Toad, Woodside, CA 94062 U.S.A. (415) 851-1620.

### 1987 La Jolla Programs

July 19- August 1. This is an excellent opportunity to experience the small group described in *Carl Rogers on Encounter Groups*. The program includes discussions led by guest speakers, but the emphasis is on the experiential, the small group, the community meeting, the exchanges between individuals as ways of learning more about person-centered therapy, and how to help others and one's self. Tuition: \$365.

August 2-7. This workshop in person-centered therapy is based more on the presentations of individuals who have spent much of their professional and social lives concerned with the issues and methods formulated by Dr. Rogers. There are also films, demonstrations of therapy, and unstructured small groups. Tuition: \$200.

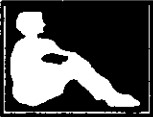
Location: Campus of Univ. of Calif., San Diego. For Information write: Bruce Meador, Center for Studies of the Person, 1125 Torrey Pines Rd., La Jolla, CA 92037 U.S.A. (619) 459-3861.

### Living Now Institute

July 10-19, 1987. Theme: Conflict and Closeness: The Search for Harmony. Guest Speaker: Sam Keen, author of *Faces of the Enemy*. Topic: On loving Combat. Location: Univ. of San Diego Campus, La Jolla, CA U.S.A. Residential staff: Gay Swenson, Norm Chambers, Nel Kandel, Charles O'Leary, Arlene Wiltherger, Alberto Zucconi. For Information write: Gay Swenson, Center for Studies of the Person, 1125 Torrey Pines Rd., La Jolla, CA 92037 U.S.A. (619) 459-3861.

### Person-Centered Expressive Therapy Institute

4th International Training Program in Person Centered Expressive Therapy for professionals and students. Purpose is to enhance your abilities to use methods of creative arts therapy: Self-expression through movement, art, sound and visualization. Theoretical and experiential work and developing a learning community.



## ACTIVITIES, EVENTS AND PROGRAMS

(Continued from page 5)

Staff, Natalie Rogers, Frances Fuchs, Ben Hedges and others.

Level I - July 13-19, 1987 (6 days) \$450 (open to everyone)

Level II - July 22-August 3, 1987 (10 days) \$750

Location: Retreat center, San Francisco area.

For information write: Person-Centered Expressive Therapy Institute, 1515 Reibli Road, Santa Rosa, CA 95404. (707) 523-0203.

### Indepth Training Program in The Person-Centered Approach

An experience designed for serious students of client-centered therapy and person-centered facilitation. Held during 10 weekends per year at the Center for Interpersonal Growth, Box 271, Port Jefferson, NY, 11777. Requests for information can be sent to the Center at the above address or phone: (516) 331-2061.

### The Carl Rogers Institute of Psychotherapy Training & Supervision

The goals of the Institute are to provide extensive training and supervision for trainees, interns, and practitioners, to offer low-cost psychotherapy for the San Diego community, and to develop a network of clinical and other scholars whose principal focus will be the study, research, and development of client-centered psychotherapy. A special feature of the institute is to provide instruction and training designed to maximize the effectiveness of practitioners when working with persons from culturally diverse populations. The Institute will conduct four training programs each year. Regular programs, four months in duration, will be offered each January-

April, May-August, and September-December, and a special one-month intensive program will be offered once each year, usually in January. For more information write to Norman E. Chambers, Center for Studies of the Person, 1125 Torrey Pines Road, La Jolla, California (619) 459-3861.



### Training in Focusing

The Focusing Institute offers weekend intensive workshops in Focusing in Chicago with Dr. Gene Gendlin & the Focusing Institute Staff. They begin on the last Friday of each month with 31 days (except December). Also, the Focusing Institute offers 2 week-long Experiential Focusing/Listening Retreats. One in November and the other in August.

For further information please write to Focusing, c/o Amy Gottschalk, 5848 S. University Ave., Chicago, IL 60637, telephone (312) 962-8869.

INTERFACE is offering one-day workshops in Focusing:

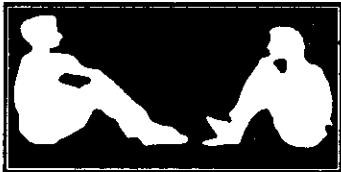
1. With Joan Klagsbrun, PhD on Sunday, March 29.
2. With Neil Fridman, PhD on Sunday, May 31. (\$45 member and \$55 non-member). For more information write: 552 Main Street, Watertown, MA 02172, (617) 924-1100.

Cambridge Center for Adult Education is offering a workshop in "Focusing and Healing" by C.F. Zachariah Boukydis, PhD. The emphasis of the workshop will involve the relationship of focusing to healing and examples will be given from diverse areas. Limited to 15. 1 6-hour meeting. \$36. Sunday, May 3, Blacksmith House, 56 Brattle Street. For further information write: 42 Brattle Street, Cambridge, Massachusetts 02238, 547-6789.

## ERRATUM

The answer to the Person-Centered Trivia question, "Who became executive secretary of the Counseling Center of the University after Carl Rogers left?" is John Butler not John Shlien.

PERSON-CENTERED ASSOCIATION



Person-Centered Association  
2831 Cedarwood Way  
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