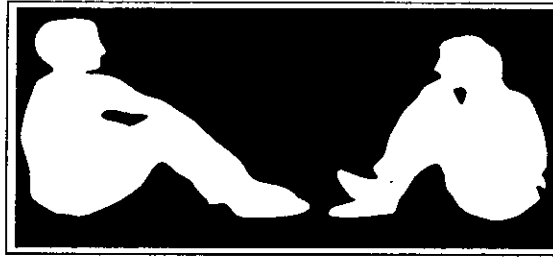

RENAISSANCE

QUARTERLY NEWSLETTER OF THE ASSOCIATION FOR THE DEVELOPMENT OF THE PERSON-CENTERED APPROACH

Volume 3, Number 4, 1986



"I have come to feel that the only learning which significantly influences behavior is self-discovered..."

Carl R. Rogers

THE FUTURE OF THE PERSON-CENTERED APPROACH: THE DISCUSSION CONTINUES

Rogério Christiano Buys

Maria Villas-Boas Boewn sent me a copy of **RENAISSANCE** Newsletter (Vol3, No2, 1986) where some different views of the future of the Person-Centered Approach, between Maria Bowen and David Cain, are presented.

I, myself, find this a most important discussion and would like to make some comments about the creation (or not) of a central and "official" institution.

I do not share Maria's fear that an "official" institution, by itself, could become authoritarian, centralizing, or make uniform the scientific and technical growth of our approach. I do not think that the creation of this institution would necessarily be a contradiction to the original and fundamental principles of Roger's thinking.

The dangers do exist, of course, and Maria's caution seems to me quite pertinent. Nevertheless, the following considerations make me more at ease.

Karl Popper in his "The Open Society and its Enemies" (chapter 23 and 24, vol. 2) examines this issue quite properly. For Popper there exists public knowledge, that is available to be criticized and disapproved. There exists also the knowledge that "belongs" to an authority who is its spokesman and who interprets it to the others and who maintains the conditions of control of any changes that can occur. This is neither public nor refutable knowledge. It is authoritarian.

Taking into account this point of view, we can

Continued on page 2

BRIDGING GAPS IN AN ASSOCIATION FOR THE DEVELOPMENT OF THE PERSON-CENTERED APPROACH

Kenneth von Thaden

Bridging gaps was one of the interests areas around which people gathered at the First Annual Association Meeting in Chicago. At this gathering and others, it was pointed out that the people attending the Chicago meeting were not truly representatives of the broad spectrum of people in the general population of the United States. It was also illustrated, in several ways, that this lack of a broad spectrum of representation also limits the kind of diversity of human input that is critical for the development of our Association. If one were to take a quick glance at the attendance roster at the Chicago meeting, it would be easy to assume that because of the number of countries that were represented, there was an adequate diversity of people. Yet, for those of us who looked more closely at the attendance, there was a definite lack of representation from several minority areas within this country. The lack of attendance by the disabled was particularly noticeable to me. It is in this area that I am going to focus some attention in the hope that we can continue to work affirmatively to bridge this and other gaps.

Whenever I have been involved in a debate that centers itself around the question of "What do we do to include the disabled?," the chicken or the egg question rises to the surface. The chicken or egg question addresses the issue of whether a need for services for the disabled first be identified or whether the service be in place so disabled people can make use of it when the need arises. I feel that the

Continued on page 2



THE DISCUSSION CONTINUES (Continued from page one)

conclude that an institution will itself be authoritarian only if it deals with "authoritarian" knowledge. Otherwise, if it deals with public knowledge, which is the case for the Person-Centered Approach, it will be scientific and democratic. I do not think it is possible to change these positions.

The members of an organization can only be controlled if it centralizes the "truth" of its knowledge. In this case, the "truth" is dictated by the authority. Only the organization possesses the criteria for the validation of its dogmas. Therefore, its members cannot contradict them. On the other side, a scientific institution cannot control its members since its criterion for validating the knowledge, experimentation, is available to everyone, i.e., is public.

If my thinking is correct, the danger pointed out by Maria is represented only by the possibility that Person-Centered "knowledge" could become authoritarian. (Then it would support and authoritarian institution.)

This possibility seems to me quite remote, not only because of the philosophy that grounds the Person-Centered Approach, but also because of the experimental tradition initiated by Rogers 40 years ago. Even if it were possible, this institution would inevitably be cast off by those who lived by humanistic principles inherent to the philosophy.

Therefore, I think the creation of a Person-Centered institution is not only valid but necessary for the following reasons:

1. All systems need limits that detach themselves from the environment, and the Person-Centered Approach is a system, (Axiological - theoretical - experimental - technical system). A central institution would very much help to set its limits.
2. The institution could centralize (in a good sense) the contributions of the institutions and people that work in this area so as to systematize, enrich and redistribute them. The individuals or small institutions, however updated they might be, could not have the scope such an institution could have.
3. Only larger organizations are able to conduct important research. Such an institution could enrich the Person-Centered Approach through basic research. This is most most urgent.

Finally, I think the creation of an institution which represents the Person-Centered Approach,



BRIDGING GAPS (Continued from first page)

planners of any event need to be aware of the variety of human needs that do exist and aware of what options are available that will fulfill these needs. The human needs of the disabled are things such as: accessibility for the mobility impaired, signers for the deaf, orientation for the blind. When the event planners have become aware of the potential needs of those attending, and have explored the possible options for fulfilling these needs, it then becomes critical for the planners to let all the potential attendees know that a wide variety of people's needs have been considered in the planning of the event. You may have noticed by now that I oftentimes refer to the special needs of the disabled as human or people needs, and I do this deliberately because these needs have not developed in the last few years. These needs have existed as long as human beings have been on the face of this planet, but up until recently, we have kept those individuals with these human needs locked away in our institutions, back rooms, and closets rather than address these needs with the consideration we would give any other human being. So I present to this association of people helpers the challenging task of bridging a great variety of gaps that will allow the inclusion of the broadest possible spectrum of people so that each of us will have an equal opportunity to share that wonderfully bountiful harvest of human growth that develops when the proper conditions are provided.

JOURNAL SUBSCRIPTION

Subscription to the Person-Centered Review is included in your membership to the Association. You will receive all four issues of the journal published during the year of your membership.

Should you have any problems with your journal subscription please call SAGE publications (805) 499-0721 and ask for assistance from Adeline Sarnowski. SAGE's address is 2111 West Hillcrest Drive, Newberry Park, CA 91320.

NEWSLETTER STAFF

Editor: David J. Cain
Associate Editor: Patrick Lee



BACK ISSUES OF RENAISSANCE AVAILABLE

The Editors on RENAISSANCE would like to announce that back issues of the newsletter are available for \$2.50 an issue. The following is a list of articles published in each issue.

1. **Volume 1, Number 1.** "Person-Centered Therapy Network Forming," by David J. Cain. "Functional Dimensions of the Person-Centered Approach in Therapy," by Jerold D. Bozarth. Book Review: Counseling and Therapy Skills, by David G. Martin, 1983.
2. **Volume 1, Number 2.** "The Form of Relationship in Client-Centered Therapy," by W. R. Coulson. "The Evolution of Person-Centered Therapy: The Rochester Years," by David J. Cain.
3. **Volume 1, Number 3.** "Learning Through Human Encounters," by Nathaniel J. Raskin. "Second International Forum in Norwich, England," by David J. Cain.
4. **Volume 1, Number 4.** "Tenderness in Psychotherapy," by Brian Thorns. "Networking: Sharing Our Resources," by David J. Cain.
5. **Volume 2, Number 1.** "Criteria for Making Empathic Understanding Responses in Client-Centered Therapy," by Barbara Temaner Brodley. "Person-Centered Journal Founded," by David J. Cain. "The Evolution of Person-Centered Therapy: The Ohio State Years," by David J. Cain. Book Review: Counseling and Psychotherapy, by Carl Rogers, 1942.
6. **Volume 2, Number 2.** "A Person-Centered Communication System," by Ann Weiser. "Training Programs in Person-Centered Therapies. I. Center for Studies of the Person, written by Maureen O'Hara. II. The Chicago Center, written by Norton Knopf. III. The Center for Interpersonal Growth, written by Peggy Natiello. IV. Center for Supportive Community, written by Kathy McGuire. V. The Expressive Therapy Institute, written by Natalie Rogers."
7. **Volume 2, Number 3.** "Person-Centered Therapy, Therapists, and Marital and Family Relationship Enhancement Therapies: Relationships," by Bernard Guerney. "The Person-Centered Approach in Education," by Bobbi Hansen.
8. **Volume 2, Number 4.** "Peace Meeting held in Austria," by Carl R. Rogers and Gay Leah Swenson. "An Invitational Approach to Human Development," by William Watson Purkey.
9. **Volume 3, Number 1.** "Learning Client-Centered Therapy," by William Safarjan. "New Directions in 1986," by David J. Cain.
10. **Volume 3, Number 2.** "Some Thoughts About the Future of the Person-Centered Approach," by Maria



C. Villas-Boas Bowen. "Another View of Our Future," by David J. Cain.

11. **Volume 3, Number 3.** "First Annual Meeting: A Subjective report by Nat Raskin." "A Third View of Our Future After Chicago," by Suzanne Spector. "Members' Involvement in Association Increasing," by David J. Cain.
12. **Volume 3, Number 4.** "The Future of the Person-Centered Approach: The Discussion Continues," by Rogerio Christiano Buys. "Bridging Gaps in an Association for the Development of the Person-Centered Approach," by Kenneth von Thaden.

Mail requests to: David J. Cain, Editor RENAISSANCE, 2831 Cedarwood Way, Carlsbad, CA 92008

ATTENTION ASSOCIATION ADDRESS CHANGE

The Association will have a new home base beginning DECEMBER 12, 1986 as I will be relocating from San Luis Obispo to Carlsbad, California just north of San Diego. All correspondence should now be sent to:

Person-Centered Association
2831 Cedarwood Way
Carlsbad, CA 92008

PERSON-CENTERED TRIVIA

1. What is the significance of December 11, 1940?
2. What is Carl Rogers middle name?
3. Who wrote Carl Rogers' biography?
4. What is the name of Rogers' first book?
5. Who became director (Executive Secretary) of the Counseling Center at the University of Chicago after Rogers left?
6. Who wrote Carl Rogers on Encounter Groups?
7. The original name for Client-Centered Therapy?
8. The author of Parent Effectiveness Training was Rogers' student. Who was he?
9. What are the names of Carl Rogers' two children?
10. Who are the Co-authors of Client-Centered Therapy and the Person-Centered Approach. (Praeger, 1984)

(Answers on page 6)



NEWSHEET

Below are the responses from the Newsheet that all members received in the last newsletter. The Newsheet enables members to share their on-going activities, projects or personal comments with others interested in the Person-Centered Approach. We welcome your input.

Ralph and Rosalie Taylor-Howlett recently led a day-long seminars in London ("Creative Process: The Way of the Universe") and Toronto ("Human Creativity as Way of Life"), Ontario, which proved to be a stimulating time of exploring the nature of creativity as applied to personal growth and relationships. They are in the process of developing a network of resource persons interested in acting as sponsors and co-leaders of local conferences with a focus on creativity. Their purpose is the exploration of the theory and applications of creative process as a way of life, the unifying principle in a world of personal and social diversity. For more information contact: Rosalie Taylor-Howlett, Creative Perspectives, PO Box 27, Soquel, CA 95073. (408) 462-2027.

Natalie Rogers has news about the weekend conference "Challenging Crises Creatively": A Three Generation Event, featuring Carl Rogers, Natalie Rogers and Frances Fuchs. It was held in Santa Rosa, California on November 1 & 2. The event, held as a fundraiser for the Person-Centered Expressive Therapy Institute was produced by Yes Productions of Santa Rosa, provided a wonderful weekend exploring personal and planetary awareness. The visionary, feminist and radical family presented personal views and a family dialogue on living life creatively. The event provided a warm, sharing environment, with plenty of opportunity for the attendees to interact with the family. Especially moving was the family dialogue, moderated by Michael Toms of New Dimensions Radio.

Bernice L. Yeracaris announces weekend marathons that she holds five times a year to help her clients get more fully into their feelings. The marathons are also open to non-clients who have therapists. Dates for 1987 are: 1/31 & 2/1; and 4/4 & 4/5; and 6/6 & 6/7. Cost is \$150. For more information write: Bernice L. Yeracaris, 485 Norwood Ave, Buffalo, NY 14222-1599, (716) 883-1258.

Suzanne Spector reports on the progress of the 3rd International Forum on the Person-Centered Approach to be held from August 7 to 14, 1987. 80 people from 15 countries enrolled by the early registration deadline of October 15, 1986. The theme of the Forum is: **The World of PCA: Diversity, Commonality, Integration.** Envisioned is a program design



that will allow us all to explore in varied forms, the many aspects of PCA theory, research and practice around the world. Our purpose is to learn together of the developments in thinking and practice of those of us who have been profoundly influenced by the work of Carl Rogers. Your input in the development of the program is invited. She would like to know what you are doing and how you think your work relates to the world of PCA. If you wish to present or participate contact Suzanne by January 1, 1987. For more information Write: Suzanne Spector, Forum Coordinator, Center for Studies of the Person, 1125 Torrey Pines Road, La Jolla, CA 92037.

ACTIVITIES, EVENTS AND PROGRAMS

Person-Centered Expressive Therapy Institute
3rd International Training Program, Levels I & II training:

A PERSON-CENTERED APPROACH TO EXPRESSIVE THERAPY.

The Person-Centered Approach, as pioneered by Carl Rogers, emphasizes the qualities of empathy, openness and honesty. Expressive Therapy uses the expressive & creative arts; movement, art, music, guided imagery and writing in a therapeutic setting to facilitate growth and healing. This program offers participants a powerful personal journey. These modalities can be applied in virtually every setting from counseling and education to drug treatment programs and in business settings for stress management & unleashing creativity.

Level I - July 19-24, 1987 (6 days) \$450

Level II - July 27-August 12, 1987 (10 days) \$750

Location: Angela Center, Santa Rosa, California.

For information write: Person-Centered Expressive Therapy Institute, 1515 Reibli Road, Santa Rosa, CA 95404. (707) 523-0203

Training in Focusing

The Focusing Institute offers weekend intensive workshops in Focusing in Chicago with Dr. Gene Gendlin & the Focusing Institute Staff. They begin on the last Friday of each month with 31 days (except December). For further information please write to Focusing, c/o Amy Gottschalk, 5848 S. University Ave., Chicago, IL 60637, telephone (312) 962-8869. Also, the Focusing Institute offers 2 week-long Experiential Focusing/Listening Retreats. One is held in November and the other in August.

(Continued on page 6)



WITH SPECIAL GRATITUDE

Many of you have generously made contributions in 1986 in support of our Association. Your contributions have enabled us to offer our membership at reduced rates to persons with limited financial resources. The Association would like to acknowledge the following persons for their generosity: Carrie Brewer, Art Combs, Silas Dann, Thomas Gordon, Jeff Hauser, Betsy Joiner-Flanigan, Balthasar Kehi, Douglas Luttermoser, Emily Marshall, Peggy Natiello, Carl Rogers, Ruth Sanford, Gerald Sanger, Elizabeth Sarfaty, Ephraim Schneier, John Shlien, David Temkin, Joseph White, and Fred Zimring.



MEMBERSHIP RENEWAL

Association membership fees for 1987 are now due. Dues for 1987 will remain the same: \$45 in US; \$50 outside US. Membership benefits include subscription to *RENAISSANCE* and the Person-Centered Review, a copy of the Association Resource Directory and discounts on the Tape Library and Annual Meeting. Make check payable to: Person-Centered Association.

Mail to: Person-Centered Association
2831 Cedarwood Way
Carlsbad, CA 92008

Membership Renewal due by: **FEBRUARY 1, 1987**

Tape Library

1. Dialogue With Carl Rogers

A dialogue between Carl Rogers and the participants in the Second International Forum for the Person-Centered Approach held in Norwich, England from July 14-21, 1984. The discussion is periodically translated into French.

1 1/2 hours Good Auto \$8.00

2. Panel Discussion of Client-Centered Therapy

A six member panel present their views on various aspects of client-centered/person-centered therapy during the Second International forum for the Person-Centered Approach held in Norwich, England from July 14-21, 1984. Panel discussions include Drs. Barbara Temaner, Jerold Bozarth, Nat Raskin, John Schlien, Carl Rogers and Leif Braatan.

2 hours Good Auto \$10.00

3. Carl Rogers Talk & Discussion

Carl Rogers offers some of his thoughts regarding the distinctive aspects of the client-centered / person-centered approach to therapy followed by a discussion with participants attending the La Jolla Program in July, 1984.

1 hour Good Audio \$6.00

4. Client-Centered Therapy Demonstrations and Discussion - Bob Lee, Ph.D.

Dr. Bob Lee is a client-centered therapist, close associate of Carl Rogers and a member of the core staff of the recently founded Carl Rogers Institute of Psychotherapy, Training and Supervision. This session is with a middle-aged man attempting to modify his tendencies to be controlling. The session is followed by a discussion by Dr. Lee, the client and the participants of the La Jolla program held in July, 1984.

1 1/2 hours Good Audio \$8.00

5. Maurice Friedman on Martin Buber and Client-Centered Therapy

Dr. Maurice Friedman, a philosopher, therapist, author of several books and authority on Martin Buber discusses Buber's ideas in relationship to those of Carl Rogers during the July, 1984 La Jolla program.

1 1/2 hours Excellent Audio \$8.00

6. Continuing Controversy in Client-Centered Therapy - David J. Cain

In this tape many of the most controversial aspects of Client-Centered Therapy are discussed from an historical perspective and in terms of how issues as directiveness, diagnosis and training therapists continue to stir strong feelings from critics of this approach.

1 1/2 hours Good Audio \$8.00

7. Client-Centered Therapy and Eclecticism

Dr. C. H. Patterson, the author of *The Therapeutic Relationship* (1985) and *Theories of Counseling and Psychotherapy* (4th Ed, 1985) proposes that the core relationship conditions of Client-Centered Therapy are the basic common elements for a systematic eclectic psychotherapy.

1 1/2 hours Good Audio \$8.00

8. A Model for Facilitating Interpersonal Relations

In this presentation, Dr. Patterson describes the theoretical base for all facilitative interpersonal relations. Draws on the work of Maslow, Rogers and others.

1 1/2 hours Good Audio \$8.00

All tapes must be paid for in advance by check, payable to:

Person-Centered Association
2831 Cedarwood Way



TRIVIA ANSWERS
(From page 3)

1. Birthdate of Non-Directive Therapy
2. Ransom
3. Howard Kirschenbaum
4. The Clinical Treatment of the Problem Child
5. John Shlien
6. Carl Rogers
7. Non-Directive Therapy
8. Thomas Gordon
9. Natalie and David
10. Ronald Levant and John Shlien

HUMOR WANTED

In the view of the Editorial Staff of RENAISSANCE, our newsletter would be even more enjoyable if it contained more items which resulted in reader laughter. Therefore, we invite those humorists among you to submit funny stories, jokes, cartoons or other forms of mirth to RENAISSANCE. No item which makes the editors laugh will be refused publication unless it is of exceptionally poor taste. Tasteless items will be kept for the editors private use.



ACTIVITIES, EVENTS AND PROGRAMS

(Continued from page 4)

**Carl Rogers Institute of Psychotherapy
Training & Supervision**

La Jolla, California

Offered by: The Center for Studies of the Person, 1125 Torrey Pines Road, La Jolla, CA

The Fatherhood Project

The Fatherhood Course - for both married and single fathers to improve communication and child management skills. Fee: \$100.

Discussion Group for Single Fathers - to develop skills to work out their relationships with ex-spouses and children. Fee: \$100.

Workshops for Parents: Becoming Parents, Co-Parenting, Single Parenting, Step-Parenting, and Coping with Joint Custody.

Location: School of Education, Boston University, 605 Commonwealth Ave., Boston Massachusetts 02215, Room 364B.

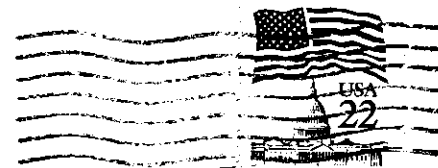
For further information: Call Dr. Ronald Levant,

PERSON-CENTERED ASSOCIATION



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2831 Cedarwood Way
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NEWSHEET
of the
ASSOCIATION for the DEVELOPMENT of the
PERSON-CENTERED APPROACH

In order to provide information about members and their ongoing activities and projects the Editors of RENAISSANCE invite you to share what you are doing with others interested in the Person-Centered Approach. Short articles (500-1000 words), personal comments and letters to the editor are also welcome.

Please return the Newsheet by: **February 1, 1987**

(Please Print or Type)

Name: _____

Address: _____

1. Announcement of Activities and Events

Activity: _____

Purpose: _____

Dates: _____

Location: _____

Costs: \$ _____

For information write (name, address and phone): _____

2. Personal News and Comments

3. Papers or Projects in Progress:

Return to: Person-Centered Association
 2831 Cedarwood Way
 Carlsbad, CA 92008