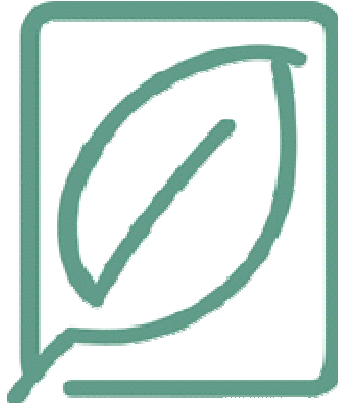


ADPCA Renaissance

October 2009



Opening Words

Greetings, everyone, and welcome to the latest issue of the ADPCA Renaissance - the ongoing newsletter for the Association for the Development of the Person-Centered Approach!

My name is Ian Mayes and I am the new editor. As this is the first issue that I've done, I would like to start out by saying a few words as to what my intentions are for this publication. I would like for this publication to be a venue through which news of the various developments taking place within both the ADPCA as an organization as well as developments within the greater community of practitioners of the Person-Centered Approach to be acknowledged and reflected upon.

I view this forum here as being ecumenical and all-encompassing. I do not view the Renaissance as being limited to any particular tendency, profession, "tribe", or school of thought within the Person-Centered Approach. If there is a development anywhere in the world that comes out of the work of Carl Rogers, here is a place to report on it.

Likewise, many changes are in the works for the ADPCA as an organization, and different people have different opinions & feelings about these changes. Here is a place to announce these changes, as well as to discuss them.

The majority of this issue is taken up with the Business Meeting Minutes from the 2009 annual ADPCA conference that happened in Kutztown, Pennsylvania. The next issue will be different, since these meetings only take place once a year. In order for there to be exciting and interesting content for this publication people need to step up and contribute to this publication!

I would like for this publication to have some nice aesthetic graphical appeal to it as well, yet I do not have skills in this area. So if you would like to contribute your lay-out, design, or artwork for this publication please get in touch with me.

Likewise, if you have any news, announcements, or developments within the Person-Centered Approach that you would like to report on, please do write! My e-mail address is:

parenthesiseye@gmail.com

I wish you all the best, and keep it real, empathic & caring!

- Ian Mayes

A Letter from Howard Kirschenbaum, ADPCA Secretary

Dear Colleagues,

At the annual conference in Kutztown in June 2009, it was my honor to be selected as Secretary of ADPCA. I was pleased to accept and even volunteer for this position because I believe that this is exciting time for both ADPCA and the person-centered approach.

Many old and new members of ADPCA are stepping up and taking greater responsibility for the current and future success of ADPCA. These new efforts build on the many years of contributions made by former and continuing officers and committee chairs on ADPCA's behalf. New developments include:

Grace Klein, with the help of other members, has submitted ADPCA's application to the Internal Revenue Service for tax-exempt status. This can result in substantial tax savings for the organization and make us eligible for tax-deductible contributions, gifts and grants.

With the leadership of Tiane Graziottin and the website committee, an exciting new website has been designed and is steadily moving forward toward implementation this year. The new website will be more attractive, be more interactive, and will have more information and resources on the person-centered approach for both members and non-members around the world. Members will have opportunities to give Tiane and the committee feedback on the site during its continuing development and implementation.

ADPCA members are forming local person-centered organizations, associations and support groups around the country. New or relatively new groups are now operating in Chicago, New York City and Rochester. Local groups like these have many benefits. They provide on-going support and community for person-centered practitioners in a local area; they help attract more people to the person-centered approach in their area; and they encourage their local members to join ADPCA and become involved in its activities.

ADPCA is now (as of the annual meeting) sponsoring the creation of a directory of person-centered and experiential programs, courses and faculty at universities in North America, as well as training institutes, internship opportunities and related programs. The two goals of the directory are: (1) to have a solid resource to give to students and others who ask "Where can I go to get further training and/or a professional degree or credential to practice person-centered counseling, therapy, etc. in the U.S. or North America?" and (2) to support, encourage and develop more person-centered programs, courses and faculty at the university level, thus facilitating future generations of person-centered practitioners. I and other ADPCA members from Rochester are undertaking this project.

ADPCA's financial health is excellent. While still needing to be prudent with our finances, we can now feel freer than ever to focus on how ADPCA can provide the greatest support to its members while also furthering the development of the person-centered approach in the wider world.

There are other encouraging developments and new initiatives being discussed within ADPCA and beyond, but there is one more I want to mention here. At the annual meeting, the membership approved an initiative to significantly increase ADPCA's membership. Toward this end, we agreed to dramatically reduce the membership fee to encourage new members. Regular membership has been reduced from \$65 to \$30. Student membership has gone from \$25 to \$15. Institutional membership is now \$50. Further fee reductions are available for individuals and students who cannot afford these rates. On the other hand, for those who can afford the earlier rates and wish to continue supporting the organization at the higher level, there is a Supporting Member level with \$60 dues.

Building ADPCA's membership will be my highest priority as Secretary. A larger and invigorated membership enriches all of us—at the annual conference, in submissions to the *Journal* and to *Renaissance*, on the group list, and through networking and on-going support throughout the year. A larger membership gives ADPCA the potential to support the further development and dissemination of the person-centered approach. And a larger membership sends a message to our colleagues in other associations, universities and other settings that the person-centered approach is alive, well, growing and worthy of attention and respect.

Toward all these ends, I ask you to join ADPCA or renew your membership now. You can pay by check or Visa/MasterCard. Further information on joining ADPCA can be found in the “Becoming a Member” section of this website.

I hope you share some of the excitement I feel about ADPCA and the future of the person-centered approach. You can help bring that future into being by joining or renewing your membership now. I look forward to hearing from you.

Warmly,

Howie Kirschenbaum

NEW ADPCA WEBSITE COMING SOON!!!

The website committee has worked hard in the last months on our new webpage and we plan to have it available to members by the end of November for a consultation before it goes live to the general public.

The new website will have some facilities already available on the current page but will also display new links. We aim to offer a rich resource to people from all backgrounds interested and/or practicing CCT and the PCA. The links will include:

- Information about the Association: ADPCA history; philosophy and aims; and past and future conferences.
- Information about Membership: members' benefits; joining and renewing options, including the new facility for electronic payment via credit card or PayPal.
- Directory of members: all ADPCA members will have the choice to enter their information on the online directory of members, which will be available on the public site. One of the main purposes of the directory will be to facilitate the communication within our community and between our community and the public.
- Directory of person-centered institutions: a resource of person-centred institutions.

- Access to electronic copies of past and current issues of PCJ.
- Access to electronic and printable copies of the Renaissance.
- Information and resources about the PCA worldwide.
- Online community forum: a dynamic resource that will welcome ADPCA members and non-members.
- Links in a variety of languages welcoming visitors from different parts of the globe.

Once we finish the project, you will have a chance to take a look at it and send us your feedback. We hope we will be able to have a website that reflects ADPCA philosophy and you are important in this process.

We will keep in touch!

If you would like to share your views about the above, feel welcome to contact Tiane at tinhihi@hotmail.com



Proposal

that ADPCA sponsor

A Listing of Person-Centered Programs, Courses and Faculty at Universities and Training Institutes in the United States

[in U.S. and Canada? In North America?]

Purposes: (1) To serve as a resource to students and professionals seeking degrees and further training in the person-centered approach and (2) To encourage the development of more person-centered offerings at universities and training institutes throughout the United States.

Criteria for Inclusion: Where appropriate, programs and other listings will be categorized or described as traditional (Rogerian) person-centered, focusing, process-experiential/emotion-focused, integrative (e.g., person-centered expressive therapy), or other. Faculty members will self-identify, i.e., affirming that the person-centered approach a major part of their professional orientation.

Responsibility: A committee of the Rochester Area Person-Centered Community volunteers to coordinate the development of the listing.

Participation: All members of ADPCA and others will be invited to contribute information to the committee and to respond to drafts of the list as it evolves. The committee will draw upon previous or other current listings.

Posting: When the list is sufficiently developed, it will be posted on ADPCA's website and distributed in other appropriate ways.

On-Going Revision: The list will be updated on a periodic basis as information changes and, hopefully, as new programs come into being and more faculty identify themselves as person-centered.

Finances. No financial support from ADPCA is requested at this time.

ADPCA ANNUAL BUSINESS MEETINGS

Kutztown, Pennsylvania

June 18-20, 2009

Minutes

First Meeting, June 18

Wade Hannon announced that he would facilitate the meeting.

Grace Klein posted agenda items that had been offered before the meeting.

Howie Kirschenbaum volunteered to take minutes.

The membership organized and ordered the agenda items for consideration. The agenda items as listed in the first session and subsequently added to were:

The newsletter, *Renaissance*

Journal

Tax-exemption

2010 Conference

Proposal for directory of PC university programs, faculty, etc.

Website (and *Renaissance*)

Secretary

Treasurer

Listserves

2011 Conference

Irene Fairhurst VCR

Dissertation Award

Person-Centered Press

Conference Monograph

Wade proposed the process of achieving unanimity if possible; otherwise take a vote. There would be no blocking of decisions unless they violate ADPCA principles. Kevin objected to this. It was agreed to table the matter until such an issue arose.

RENAISSANCE

Amanda Lowe announced that after six years in the role she does not want to continue editing the newsletter. Paul Blanchard spoke of how after editing *Renaissance* for three years, he knows what an incredible amount of work it's been for Amanda to do this for six years. Amanda said it's been a thankless job; she and her husband Tony have received no feedback on it and that's been hurtful. Between being overextended in other areas and not finding enough rewards to continue, she's ready to stop.

Grace Klein voiced concern that this is on-going issue of ADPCA not being supportive of volunteers, so they get hurt and burned out and give up.

Edwin Kahn said maybe part of the reason for lack of response was that the newsletter came via email and he was too lazy to look at. It was easier to read and appreciate it when it was mailed in hard copy. Amanda said she was just complying with group's earlier request to save money on mailings. Paul said we could afford to go back to paper.

Grace said we needed to figure out how this sort of thing happens (not appreciating those who do the business of ADPCA), how to create some healing for the people who are hurt, and how to go forward. Grace suggested a committee of three be formed to develop a viable *Renaissance*.

The membership passed a joint sentiment of appreciation to Amanda and Tony for their dedicated and hard work over six years in publishing *Renaissance* in its various forms. This was passed with unanimous acclamation. In addition, some people expressed their individual feelings of appreciation to Amanda and Tony that they haven't expressed before but wished they had.

At this point the group also expressed another unanimous sentiment of appreciation to Jo Cohen-Hamilton and the conference committee and staff for all they have done for so well planning and implementing this year's meeting in Kutztown.

One person pointed out that it was decided last year that the paper copy of the newsletter be reinstated, as we could now afford it, and several people voiced agreement with that decision. Bert Rice reported never having received any hard copy. In addition to wanting the hard copy published and distributed, Kathy Moon would like any online newsletter to be formatted and received as a pdf document. It was agreed that ***Renaissance* should be mailed in hard copy and put on the website and be sent to the email list as a pdf, since once it was written it easily lends itself to all these formats.**

Paul Blanchard volunteered to edit *Renaissance* again if he could have responsibility for the content, i.e., producing the copy and layout, as long as others would take responsibility for the production and mailing of it. Wade volunteered to do the printing, mailing and posting of the newsletter if no one else did. Paul said he would strive for four issues a year, promises to do at least three, and will certainly deliver at least two.

Amanda suggested that the current newsletter be taken off the site so that there could be a clean demarcation between earlier newsletters and new ones. Jef Cornelius-White suggested to move the current and recent newsletters to the part of the website that has past newsletters. No one said anything in disagreement.

JOURNAL REPORT

Jef Cornelius-White reported on ADPCA's journal. He reminded us how Bruce Allen has been working with him on the journal.

Jef said they received a higher rate of submissions this year. There has also been the biggest circulation ever with both the British Association for the Person-Centered Approach and the PCT Scotland sending their members the journal electronically. It is not likely that BAPCA will continue doing that this year, but PCT Scotland will.

He would like to have enough articles in the pipeline that we do not need to scurry for articles at the last minute, and he feels we are starting to achieve this. He requested that members and others submit articles for consideration. He was very invitational and encouraging about this.

Kevin Kukoleck thanked Jef and Bruce for all the work they have done on the journal. This sentiment received a hearty round of applause.

Jef asked members to contact their university libraries and ask them to subscribe to the journal. Tanya Komleva suggested the Argosy University use it more in their program. There was some discussion about the feasibility and strategy for doing this. There was also discussion about the feasibility of getting back issues on line. Tanya offered to scan the back journals in a searchable form, but she'd need help in getting a scanner. **Jin Wu moved to give Jef discretion to decide on purchase of a scanner or work out another arrangement with Tanya for getting the old issues scanned.** This was agreed to.

REPORT ON TAX EXEMPTION

Grace related how she completed the IRS application for tax exemption with help from Howie Kirschenbaum and input on several occasions from nine other members: Steve Weinraub, Yoko and Bruce Allen, Paul Blanchard, Jo Cohen-Hamilton, Jeff Cornelius-White, Wade Hannon, Kathy Moon, and Sarton Weinraub. It was filed and notice of receipt has been received from the IRS. The reporting requirements for tax-exempt, non-profit organizations are the same as those for taxable, non-profit organizations, so no additional work or expense will be involved.

Grace pointed out that we said on the application that we didn't do business in foreign countries and that if we want to do a conference abroad we might need to have a co-sponsor. Bert Rice expressed a concern about limiting ourselves in this or other ways. Howie and Grace explained that the IRS was only concerned about organizations that had a foreign office or significant foreign operations or substantial financial transactions abroad and were not concerned about our having international members or sending our journal to foreign countries or doing a conference once in a while abroad. Worst case is, if we were ever to want to have substantial foreign operations, we would notify the IRS of this and they would see there's nothing problematic about it.

Grace explained that the by-laws, which were drafted when we applied for non-profit status some years ago, were included in the IRS application exactly as originally written.

Bert Rice offered a resolution to thank Grace, Howie and the others for their work on the tax-exempt application. Paul emphasized the generous work that Steve Weinraub did in filing the back tax returns that were necessary for filing the tax exemption application. These sentiments were approved and applauded unanimously.

2010 CONFERENCE

Grace Klein reported that the 2010 conference will be held in Rochester, New York, June 8-13 (including pre-conference) at St. John Fisher College. A committee consisting of Grace Klein as chair, Rachel Jordan (an ADCPA member and counselor ed faculty at St. John Fisher), and Steve Demanchick (an ADCPA member and counselor ed faculty at nearby Nazareth College) made the initial plans and are about to expand the conference committee with other volunteers from the Rochester Area Person-Centered Association.

St. John Fisher will co-sponsor the conference, which means no additional insurance will be required and some usage fees will be waived or lower than otherwise. Current rooms reserved can accommodate an attendance up to 100.

Grace asked for a clarification of whether ADPCA expected the conference to generate a profit for ADPCA. She said the Rochester committee was committed to at least break even, but also wanted to keep fees low and asked whether a profit was expected. Tanya Komleva said that back when ADPCA was in financial difficulty there was an expectation that the conference would generate a profit. Jef Cornelius-White said profit would be desirable but there was no explicit expectation of a particular amount. Paul Blanchard said that if our membership income is good, we don't need a large profit from the conference. Bert also recalled a profit expectation being a remnant of hard times, but understood that it's a long-standing tradition that the people putting on the conference have a great deal of discretion in many areas, and this is one of them. Jef thinks there is an expectation of profit, but it's at the discretion of the local committee.

Jon Rose said that to intelligently make a determination like this we need a treasurer's report and a budget.

PROPOSAL: A LIST OF PERSON-CENTERED UNIVERSITY PROGRAMS, FACULTY, ETC.

(Minutes of this item were taken by Jin Wu and later edited by Howie)

Howie Kirschenbaum presented a proposal on behalf of Grace Klein, Steve Demanchick, Rachel Jordan and himself that ADPCA sponsor the creation of a listing or directory of person-centered programs, courses and faculty at universities and training institutes in the United States (and possibly Canada and Mexico). He reminded us of what Paul Blanchard said the previous night—that it would be great if there were hundreds of faculty members in universities who teach the person-centered approach. Howie said this would help insure the future of the approach—to have university faculty who teach this approach, encourage students to use it, chair dissertations, do research, etc. What can be done to encourage this? It would be great to have a resource to provide when people contact us and ask, “Where can I go to get a graduate degree or further training in the person-centered approach? Where can I find professors who are sympathetic and knowledgeable?” We individually may have a small number of referrals, but it would be better to pool our resources together to come up with a well-developed list of faculty members in the US and possibly beyond to refer people to. This will also encourage

people to come out of the woodwork, to say: “I’m not connected with the larger PCA community, but I teach this, too.” Therefore the group from Rochester was volunteering to develop this listing, which wouldn’t need financial investment from ADPCA, because it can be done online. All ADCPA members can contribute to the listing and we can post it online when it is far enough along.

Tanya proposed to include internship sites. She paid \$15 for similar information for social workers. She doesn’t suggest selling it. She was angered by that experience.

Tiane said such a website would be a good resource for people everywhere.

Marge Witty suggested adding people who are in private practice. In Chicago, some people in private practice are also available for consultation, who can help people who are suffering in their work places.

Yvette Gilliam asked for clarification of the proposal.

Howie said they are proposing a list of university/college faculty members who teach PCA, and university programs and courses and training institutes. Internship sites can easily be added, but they are not proposing some of the other things people are mentioning, although they are great ideas. They don’t want to get too ambitious; they want to limit the scope to something they can accomplish. Perhaps others can work on the other ideas, and the pieces can be combined.

Yvette explained: the reason I’m asking is if there are any universities in this country that have a PCA minor. Argosy University has one in the prenatal phase. I’d like students to know that it’s out there.

Amanda Lowe: It’s not just limited to minors.

Kathy Moon: I assume I’m for this. But as to enlarging it...? What to include what not to? As we grow, what do we sacrifice? I’m an MA level therapist, but I’m excluded from certain lists. I’m a valuable consultant in Chicago, but Argosy University excludes me due to APA requirements. I’d like to have a list that doesn’t exclude anybody who actually practices and consults within the PCA. But I’m not against this.

Tanya Komleva to Howie: I know what you are proposing right now, but it’s not to say that if other projects are developed, they can’t be merged to yours? (Howie agreed.) I’m for including all the different types [of person-centered and experiential approaches], but it should be transparent.

Grace: In the Rochester area we found three faculty members who see themselves as person-centered, although the program is not. But they influence people a great deal. We want to get connected with people like them.

Jerry Bauman: Be careful when moving on this. Lists like this can be very powerful and can be used by all sorts of people in all sorts of ways. Power may be concentrated.

Kevin: In theory, I like this, but personally, it's offensive. I'd like it to be client-centered, or Rogerian. Like what Jerry said, who monitors which person is client-centered?

Jon Rose: Don't worry about it. People won't blindly apply to programs. They'll check it out further.

Tanya: I went to a program that's "emotionally focused client-centered", but it took me a year to find out what it actually was.

Howie: That's why it should be transparent—so people can see what each program really is. It doesn't have to go on our website right away. We can develop it, and eventually the ADPCA membership can decide whether to post it.

Jon: This distrust bothers me. I'm president of [a professional] association. We have a website, and people post stuff on it.

The discussion was adjourned until tomorrow's meeting.

Second Meeting, June 19

Wade Hannon continued to facilitate the meeting.

DIRECTORY OF UNIVERSITY PROGRAMS, ETC. - continued

Kathy Moon would like the title to be "PC and Experiential Psychotherapies and other therapies integrating CR" or something like that.

Howie said he was totally comfortable with this.

Kevin said he talked with Howie and addressed his concern from yesterday if when the data is collected they ask a question of the training site as to what writers influence their work and include this information in the listing.

Howie thinks it's a good question to ask but not the only question.

Karen suggested also including the mission statement.

Tanya said put the information in the list. Don't filter.

Amanda asked: how do you solicit referrals? (That is, how do we find out what programs, etc. there are out there?)

Howie: by every method possible.

Jon said he was annoyed by people trying to micro-manage this project. We should show more trust.

The proposal was unanimously approved.

Howie said members would have more opportunity for input as the project went forward.

WEBSITE AND *RENAISSANCE*

Paul Blanchard said he thought it over and decided it would be best that he not take responsibility for *Renaissance*.

Sarton Weinraub volunteered to take responsibility for the newsletter. He'd like to do a whole new system – web-based but done more regularly, while still sending it on paper to those who want it that way.

Jo suggested tabling the *Renaissance* discussion since it's related to website.

Discussion turned to website.

Sarton has lots of ideas for the website, would like some money allotted (e.g., \$3-5000 per year).

Jo suggested Kasahun Williams-Jaffe for running the website. Kasahun said he'd be willing to help implement the website once others had developed the vision and design for the website.

Tiane Graziottin described the proposal for an ADPCA website designed by Edgar from Austria who designed it with Tiane's input. He is open to changes. "Edgar would be fine with the things Sarton is saying." She distributed a handout showing a general outline of the site (attached). Said the site would have links to resources around the world so people in U.S. could have access to world resources/programs and visa versa. She projected a sample home page on a big screen, including a cute picture of Carl Rogers that made us laugh. She emphasized that any of these specifics are open for discussion and change.

She encourages others with interest, like Sarton and Kasahun, to be involved, to play with ideas and links.

People thought it looked great. A fundamental decision is whether all the site is open to everyone or some parts open just to members. Also if there's a blog, can anyone post anything? No decisions on these questions.

Grace: ADPCA business should be done on the group list.

Kathy: Let's give Tiane and committee a mandate to go forward.

Sarton: Agrees. Would just add that the mandate should have money attached to it.

Tiane: Agrees we might need to invest money the first year and, if so, we should review the situation the second year.

There was a motion to keep going with Edgar, who is willing to work for free, get it up and running, and then evaluate whether he keeps it up or whether we take it over and keep it up ourselves.

Yvette asked if we could have website and not have the Yahoo group [i.e., the current listserve], but include different parts of website for members and non-members.

Kathy M. said the website's already been authorized and didn't need new authorization.

Someone said let's renew mandate to include all the people on the committee.

Howie said he heard urgency by a number of people. Tiane has put in lots of energy into this; Sarton has an additional contribution. The two could put a great site together. Other people can join, but the two of you might be able to take the leadership. Could you work together on this? Can you work together?

Tiane: I'm open.

Sarton proposed Tiane work on the website and he'll work with her on the committee and take responsibility for *Renaissance*, and asked for \$5000 maximum for the website and *Renaissance* to get it started.

Jerry Bauman felt railroaded into a decision and wasn't comfortable with it.

Jon: We have a committee authorized; let them go ahead and do it. Stick with what we decided yesterday. There should be a place for ADPCA members only—whether on list serve or members-only part of website.

Kathy: Be sure to keep everything functioning on current site until something else is ready.

Grace: Voiced impatience. Let's authorize \$3000 to committee to make sure website is up and running as soon as possible.

Jon said this isn't a responsible way to go about this, without a budget.

Marge Witty wanted to know that she can forward comments and changes to committee.

Jo clarified that *Renaissance* would be available on website and, even if it was a frequent newsletter, it would be accumulated periodically so that hard copies could be sent to those who wanted it. Sarton agreed.

Jo asked for clarification for what it would look like. Sarton said it would look like the World Association's sites

Kathy: If it takes a while to get the new website going, can you do the *Renaissance* the “ old way” until it's ready to go on the website? And would it still be available in all formats for those who want it after the new website is up and running?

Sarton said yes. [I put these two paragraphs in bold because this seemed to be the preference sense of everyone who spoke to this issue throughout the discussion, although no vote was taken.]

Kevin is really pleased at what's done so far. Congratulates and appreciates all who worked on it.

Grace re-raised her proposal.

Tanya expressed resentment at allocating payment for work on behalf of all those who did work like this for free.

Kathy supports Grace's proposal but is concerned it's another layer of organization and we'll need to make more money to pay more costs.

Grace clarified it would be good to get services for free, but there should be some money available if not. Says we should still use all the resources we have in terms of volunteers, but move it forward.

Kathy resigned from website committee.

Jo recalled how \$5000 was approved for 501(c)(3). Sarton said we found it could be done for free, so we didn't spend it.

T: reiterated they'll be in touch and will be sure everyone is included. At this point the website design is free.

Sarton: We're not sure about that yet.

Grace: Revised her proposal to allow up to \$4000 to be spent if needed.

Tanya: For *Renaissance* or website or both?

Answer: Both.

Kevin had trouble with Sarton's language: "*I can do this or that*". It should be a committee.

Jon: won't vote against it, but in the future, if you need money, you should come up with a proposal. This time, they should have come in with a proposal. Agreed with Tanya that we shouldn't hire somebody to do word processing, which is different from website building that needs professional skills.

The final motion was to allot up to \$4000 to committee for website and *Renaissance* development and, in the interim, Sarton would send out hard copies of *Renaissance* to all members 3 times per year. (Printing and postage not included in \$4000.)

Passed unanimously.

Kathy Moon resigned from the website committee.

[Later at a community meeting, it was clarified that the goal is not to spend the money if we don't have to. If we have competent volunteers able and willing to do parts of the project in a timely way, that would be great.]

SECRETARY AND TREASURER

Paul Blanchard gave a brief report: We had to catch up on Illinois taxes. We had a few minor penalties that Illinois might hit us with. Bottom line is we have over \$40,000 in certificate of deposits over \$10,000 in our checking account. So we have over \$52,000 and no large bills on horizon—just a printing bill at the end of the calendar year, and the cost of a scanner.

Sarton pointed out inconsistency with bylaws on who keeps the checkbook and encouraged us to make it consistent in the future, i.e., have the Treasurer be in charge of the funds.

Paul said there's been a logic before to doing it as it's been.

Jon proposed we have a formal budget in the future. It can be changed, but we should have one.

Howie said typically the Treasurer would coordinate the budget process.

Grace offered to be treasurer.

Bert said Illinois law required at least three different officers; therefore we can't have a president who's also treasurer.

Other possibilities for Treasurer were mentioned. Then discussion turned to Secretary.

[The following minutes were taken by Jin and later edited by Howie.]

Howie Kirschenbaum summarized: I did send out an email to the list saying that I'd volunteer to be the secretary. I listed a set of skills I have, and my vision to help increase membership. I said to Paul that we could increase our membership to about 300 from around 150 now. The things I propose are: to invite a lot of people in this country to join, using my own network in the person-centered communities; to involve members to get friends and colleagues to join; to use other listserves and organizations, since there are person-centered people in other organizations. I'll be efficient and personal in maintaining membership contact. None of this requires money yet. There are other ideas, but they are all consistent with these. Part of my vision of membership is that at this stage we need more members; that will enrich us. We'll have more people to learn from, more people to come to the conference, to contribute to the journal, more people to reach out to spread the PCA. A month ago, I proposed to lower the membership fee, because, at this stage of our development, we need to do that, although I'm not proposing to keep our dues low always. I think \$30/year is appropriate. (Ed Kahn: for new members only?) No, I was proposing for every one.

Wade: Are you proposing to be the membership person based on your proposal?

Howie: Yes.

Kevin: I do use your books and videos. I do think your proposal is a good thing, I can't think about anything not to support it. But why did you decide to be with this group now? (Somebody commented: "After you finished writing Carl Rogers' biography." Others laughed.)

Howie: I've been a member for 4 years, but not very active until recently. I don't know why I didn't join earlier. I was doing other things. Maybe it had something to do with my retirement. I retired three years ago. Like my wife, after being retired for three years, she wanted to do something. Now I feel I want to get involved in something, professionally and personally. It's my perception that the ADPCA is getting smaller and smaller slowly. For both personal and professional reasons, I think that's a shame. I really believe in the PCA and want it to grow. That's why now.

Kathy: This may be the 3rd example of something you or someone else has proposed. Howie, I love the idea—but this is at least the 3rd occasion that things are moving forward just because somebody wants to do it. Howie's is a free offer, which is refreshing. But increasing membership itself is not furthering the person-centered approach.

Jo: \$35 is better. I also agree with Kathy. Membership is not the only thing, also research, publication, etc, available. I get it [what Howie was saying about dwindling membership]. It's not just perception, the membership seems getting smaller.

Paul: I don't kick anybody out even when they don't pay the dues, so the number is inflated now.

Jo: So the decline is significant. It's healthy to have more recognition for this organization

Wade: Howie proposed to lower the membership fee. Last year a professional organization gave me lower dues and I joined.

Kevin liked the idea, especially in this economy.

Ed K: Nobody sends out membership reminder. How about lowering the membership rate but also keeping the current rate as an option?

Howie thought that could work—two levels of membership.

Wade: Anybody object to Howie's proposal?

Bert: I haven't spoken. I'm really happy that, Howie, you stepped up for the secretary position to rescue the organization. But I don't like the condition that "you take me based on this condition." Then next year, will we hear you say, "I'll stay if..."? I'd like a person who takes the position out of a desire to serve the organization and who is willing to go along with the thinking of the organization.

Howie said it needed to work for the organization and for him. He didn't want to take the job unless he could succeed at substantially increasing membership and the lower rate was essential to this.

Proposal for HK to become Secretary and implement his membership proposal [Regular-30; Student-15; Institutional-50] plus Ed's Kahn's suggestion of a \$60 rate option.

Passed unanimously.

Marge Witty: "Thank you, Lord."

Third Business Meeting, June 20.

[This was a one-hour meeting and the discussion and decisions moved pretty fast. Hence briefer minutes—thank goodness.]

Jon Rose facilitated the meeting.

TREASURER - continued

Paul Blanchard volunteered.

Jo Cohen-Hamilton voiced misgivings.

Sarton said Paul saved us a bundle by working with the accountant on our past tax returns.

Bert liked that Paul was honest about his shortcomings as secretary last year. Thought such honesty was a good recommendation for future.

Kathy said Paul has been responsive to her communications.

Howie: explained why he was confident in Paul for this role. He'd just spent 3 ½ hours with Paul going over all the membership and financial information for ADPCA. He thought Paul had done a good job in the past in his treasurer-type roles and he could work well with Paul.

Jo asked Paul: "Do you *really* want to do it?"

Paul was unanimously approved as Treasurer.

Kathy indicated she would serve as the official mailing address for ADPCA for legal purposes for one more year, but would really like someone else to do so after that.

The officers were empowered to find a new address if it doesn't endanger the tax exemption process.

LIST SERVE

Tanya Komleva asked for a current member list when it's ready.

She wondered about the feasibility of having the listserv work through the new website.

She said she had been doing the listserv on a temporary basis, and would be willing to continue doing the listserv. She was applauded for her work in this role.

There was unanimous consent to Tanya continuing as the listserv coordinator.

2011 CHICAGO

Yvette Gilliam presented the proposal from her committee to have the annual conference in Chicago in 2011. [She later sent her proposal to the listserv.] An advisory committee of “old timers” would be available for the committee to consult with.

She was cautioned to check dates with other organizations to avoid date conflicts.

The proposal was unanimously approved.

IRENE FAIRHURST VIDEO CASSETTE

Irene Fairhurst requested help in converting a VHS video on the PCA to DVD.

It was decided she should send the details of her request to the listserv.

2010 CONFERENCE

Grace Klein described the goal of the Rochester committee as trying to find a middle ground between returning money to ADPCA and keep fees low.

Kevin: Given the economy, keep costs as low as possible, while breaking even.

Sarton: Have to return whatever seed money you get from ADPCA.

Sense of group seemed to be that the goal Grace expressed was reasonable. No action was taken as decision is in Grace and local committee’s discretion as convenors.

DISSERTATION AWARD

Howie said he came with a written proposal that ADPCA sponsor an annual Outstanding Dissertation Award to go to a doctoral student who completed an outstanding dissertation advancing the Person-Centered Approach—to encourage more research and university activity around the PCA. He said Jon Rose suggested to him a variation—an outstanding dissertation *proposal* award—to get more students thinking about the PCA before undertaking their dissertation. Given the lack of time remaining and in light of some people’s expressing fear that we were moving too fast, Howie said he would defer asking for consideration of this proposal, that he would invite consideration of it by members during the year, and present a proposal in advance of next year’s meeting for consideration at that time.

PERSON-CENTERED PRESS.

Jo Cohen-Hamilton mentioned that Jef Cornelius-White and Wade Hannon were working on creating a “Person-Centered Press” to publish books related to the person-centered approach. They are inviting book proposals. For more information, contact Jef or Wade.

CONFERENCE MONOGRAPH.

Jo has talked with Jef Cornelius-White about being guest editor for an issue of the journal. She asked participants to consider making their conference presentation into a journal article. It may not need to be as rigorous as a typical journal article. Please send your proposals to Jo.

Open-Hearted Therapy 5-day Nonviolent Communication Retreat and optional Yearlong Program for Therapists

Friday, January 22, 2010 - Tuesday, January 26, 2010

Open-Hearted Therapy 5-day Residential Retreat and optional Yearlong Program for Therapists

Open to therapists in the yearlong program, as well as those who only want to attend this retreat. For more information about the optional Yearlong Program for Therapists, see below.

The retreat is an opportunity to form community with others who will participate in the program. We will lay the foundation for the continued learning in the rest of the year. Along with time to relax, rejuvenate, form community and network, you will also have opportunities for conceptual learning, discussion, practice, individual coaching and support, and giving and receiving of empathy. In addition to the two trainers, the retreat will be supported by a few assistant trainers who are experienced with Nonviolent Communication (NVC), and specifically with using NVC in a clinical setting.

Topics will include:

- * Cultivating presence and a focus on understanding rather than analyzing
- * Understanding behavior in present, need-based terms
- * Deepening empathy skills: focus on needs rather than feelings; following and leading; and other such skills
- * Attending to your responses and triggers using self empathy

- * Developing conscious choice about use of transparency
- * Working with couples using NVC
- * Responding to intensity
- * Supporting people with trauma
- * Facilitating groups using NVC
- * Sharing NVC with clients

Continuing Education Units are available for MFTs and LCSWs.

Optional Yearlong Program for Therapists

This program is designed to be a yearlong program, and can only be joined at the beginning of the year.

The program consists of the following elements:

1. Intensive retreat for therapists (open to therapists in the yearlong program, as well as those who only want to attend the retreat), Jan 22-26, 2010, in northern California
2. Monthly supervision group, where up to 3 people present a case for group discussion
3. Monthly coaching calls with program assistants
4. Quarterly calls with co-trainer Roxy Manning
5. Weekly calls with empathy buddy

The program's focus is exclusively on clinical practice of working with individuals or small groups, with the primary intention to provide healing. It's not designed for people who want to share NVC with others as trainers. (The BayNVC Leadership Program is designed for those who want to share NVC with others as a trainer.)

The intended audience is therapists (licensed or not) who are working with individuals and who are actively working to integrate NVC into their own lives as well as into their therapy practice. Ideally participants will have taken the Open-Hearted Therapy course through the NVC Academy in 2009. Other ways of gaining sufficient NVC experience before or during this program also exist.

- | | |
|--------------------------------|---|
| Location: | Upper Lake, CA, Saratoga Springs Retreat Center |
| Trainer(s): | Miki Kashtan, Roxy Manning |
| Requested Contribution: | The requested contribution for the retreat is the basic room and board costs of \$750-single, \$600-double, or \$450-dorm, plus tuition. If you choose to share a room, we will match you up with a compatible roommate according to your preferences, such as "early bird" "night owl" etcetera. |

The tuition for the retreat is on a sliding scale: \$600-1200.

The tuition for the optional Yearlong Program is as follows: \$105 per quarter for the teleclasses; \$400 for the entire year for quarterly coaching calls; and \$225 per quarter for MONTHLY coaching calls.

Contact:

For additional information, please register@baynvc.org or call the office at (510) 433-0700.

An Invitation to the XI PCA

Dear Friends and colleagues!

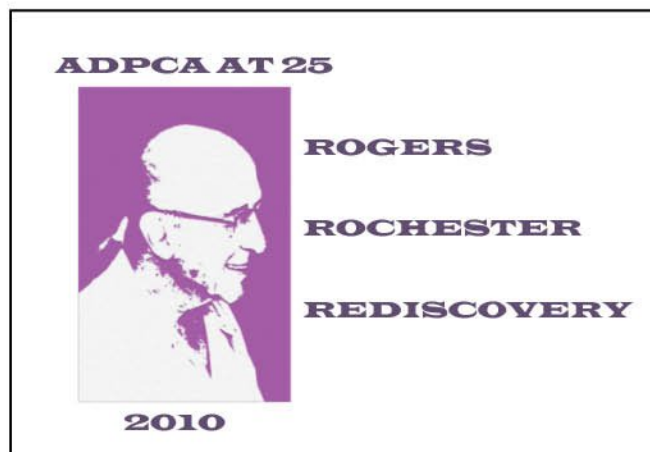
My Russian colleagues as well as an International Organizing Committee are working hard on preparing XI International PCA Forum which will be hold in Russia on May 4-10, 2010.

We invite you to participate in the event, which is aimed to promote PCA in Russia as well as worldwide. Please look at our websites (www.pca2010.com and pca2010.org). I will be glad ADPCA members to participate in the Forum. I also be grateful for informing people, who might be interesting, about the Forum.

Sincerely,
on behalf of the Organizing Committee,
Veniamin(Venya) Rolpachnikov

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