



Jan Harman, 1953 - 2003

See P. 25 For more

What's in This Issue

2004 Warm Spring Workshop	P. 2	2004 PCA Forum	P. 3
2004 ADPCA Conference	P. 5	Discussion on what is	P. 8
A Dialog on	P.13	Client-Centered Therapy	
Actualizing Tendency		New CD and Video Tapes	P.14
The future of ADPCA	P.16	on Carl Rogers	
Carol Wolter-Gustafson		Practicum in CCT/PCA	P.23
Book Reviews	P.24		

Warm Springs - 2004 PERSON-CENTERED WORKSHOP

The annual Warm Springs Workshop is scheduled for **February 11 (Wednesday) to February 15 (Sunday noon), 2004**, at the Warm Springs Rehabilitation Center Conference Lodge. The Center was the second residence of the administration of President Franklin D. Roosevelt. The "Little White House" housed President Roosevelt six months of each year.

The cost is \$300. This includes half of a double room for four nights (\$160) and the registration fee (\$140). Food is available at the Rehabilitation Center cafeteria at very modest prices.

There will be presentations and small groups scheduled. Individuals who wish to present papers or schedule particular discussion groups should notify me before January 1, 2004.

A limited number of rooms are available; Commitments should be made prior to December 1, 2003 and fees must be paid prior to January 1, 2004.

Several members of the person-centered community will sponsor a few scholarships for room and registration fee.

Contact: Jerold Bozarth

Website: <http://cn.f805.mail.yahoo.com/ym/Compose>
To=jbozarth1@charter.net&YY=41381&order
=up&sort=sender&pos=0&view=a&head=b

Postal address: Jerold Bozarth, Ph.D.
 1160 Hunting Creek Lane
 Watkinsville, Georgia 30677

Program

Wednesday, February 11

Registration 5-7 PM
 Community Session 7PM

Thursday, February 12

The Relationship in Counseling

Breakfast 8 AM
 Community Session 9 AM
 Lunch 12 PM
 Presentations 2 PM
 Supper 6 PM
 Community Session 8 PM

Friday, February 13

Resources for Families: Persons, Systems, & Techniques

Breakfast 8 AM
 Community Session 9 AM
 Lunch 12 PM
 Presentations 2 PM

Saturday, February 14

Professions and Ethics: Therapy & Education

Breakfast 8 AM
 Community Session 9 AM
 Lunch 12 PM
 Presentations 2 PM
 Supper 6 PM
 Community Session 8 PM

Sunday, February 15

Breakfast 8 AM
 Community Session 9 AM
 Adjournment 12 PM

Presentations

Presentations will be offered by clinicians, educators and others who are interested in the principles of person-centeredness in counseling.

IX INTERNATIONAL FORUM of PERSON CENTERED APPROACH

March 21st until March 27th 2004
Mar del Plata - Buenos Aires - Argentina

DATE: The date of the congress is from March 21st until March 27th 2004. We will meet for lunch on Sunday the 21st and we will finish with lunch on Saturday 27th.

WEATHER: The temperature in Mar del Plata at that time of the year is between 12C (54F) and 20C (68F). Pay attention that at night it gets colder, so do not forget to bring some warmer clothes, but also bring bathing suits . . . and umbrellas as well!

LOCATION: The city is located about 25km away from its lighthouse, on the coastal road that connects the city with the city of Miramar. The hotel complex is a time-share hotel part of RCI. These apartments have a beautiful view to the park and they are fully equipped (mini-bar, cable TV, microwave, room service), with a living room and complete bathrooms. Among the facilities there are enough meeting and conference rooms, a nice in-door swimming pool and all for our exclusive use. There are various PCs with connection to Internet and telephones for international calls. For more information you can visit the hotel web page: www.rct.com.ar, or the tourist information of Mar del Plata: www.emtur.gov.ar.

INSCRIPTION: We would like to remind you the importance of early registration, as well as its payment. We need to know this, to support the participation of those persons that cannot come without our help (scholarships).

It is very important to mention the payment method with the inscription.

RATES: The rates are fixed and shown in US Dollars per person. These prices may vary depending the date of payment, the apartment and the country of origin. The rate includes:

- a) The registration for the congress.
- b) The apartment from the night of Sunday 21st March 2004 until the night of Friday 26th March 2004.
- c) All the meals, starting at lunch from Sunday 21st March 2004 until lunch on Saturday 27th March 2004.

The price of registration can be found in the rates sheet and can be pay in two quotas (inscription and cancelation) and also in eight (8)months. These ways don't exclude other forms of payments.

PAYMENT METHODS:

a) Moneygram: To use this option, you should send the money to Lic. Bibiana Ballari, ID# 14.405.928. For more information, check the web page: www.moneygram.com

b) Bank transfer: To use this option, here are the following details:

- | | |
|--|----------------------------|
| a. Account name - Juan Santiago Estévez Jáuregui | b. Bank name - Citibank NA |
| c. Place of the bank - New York, USA | d. Swift - citius 33 |
| e. Account number - 01952128 | f. ABA - 021000089 |
| g. Swift - Banco Río BSCHARBA | |

Continued on page 4

WEB PAGE: We are building our web page slowly but constantly, doing our best not only to design it as an informative web page, but also as an interactive site, where all of us can communicate with each other, share ideas, solve problems, send critics and suggestions and everything that is on your mind that might be of interest.

THEME: We have chosen as the theme of this congress "the fa clef that holds the world", as to express our enthusiasm to share during the congress with a "common language" using ECP/PCA, as the music is being used as the universal language.

TRANSPORTATION: Transportation from the international airport in Buenos Aires to the hotel (about 430 km) has an additional cost of 60 US Dollars per person (round trip) by buses or minibuses, depending on the hour of the incoming/outgoing flights. You should send your request for these services directly to the commission.

INFORMATION ABOUT OTHER HOTELS: For your general information, the prices of three or four stars hotels in Buenos Aires and Mar del Plata vary between 25 and 40 USD (based on a double room). For those of you who want to travel in Argentina, the commission is happy to provide any information of your interest.

Since you may come with guests, we also have some information on two and three stars hotels (that cost about 10 to 15 USD - based on a double room). Mar del Plata has many interesting sites and activities to offer.

PRESENTATION OF WORKS: We would like to offer some suggestions for you to take into account regarding presentation of works, as a part of our intention to make the written production easier. We are basing our policy in prompting the development of ECP/PCA, independently from the personal and group growth, as it is probably going to happen anyway. To make this happen, the works may include a wide vision, enough for each one to feel comfortable with it from its own point of view - his studies, teaching, work etc.

- | | |
|---|---------------------------------------|
| A. Theoretical reflections, meta-theories and/or epistemologies | B. Professional communications |
| C. Professional communications with investigations | D. Basic meta-clinical investigations |

The works presented by students will be included into :

- | | |
|--------------------|--------------------|
| A. Students of ECP | B. Other students. |
|--------------------|--------------------|

You can find more details about these possibilities in the web page.

BOOK: In order to fulfill our goal to edit a book including all the works with the ISBN code that gives an international value, we need the authorization of all the publications and works as followed:

- a.. All works should be presented before the December 1st, 2003.
- b.. All works should be typed in MICROSOFT WORD document, in A4 page size, "Arial" fonts size 12 with double space.
- c.. The work should not exceed 40 lines. In case this limit is exceeded, only the abstract will be published.
- d.. All the works or abstracts should include the personal details of the author including contact information.

Contact

Postal Mail: Centro de Actividades Humanísticas y Sociales
Lavalle 3322 - (7600) Mar del Plata - Argentina

Tel/Fax: 054-223-451-5077

E-mail: lifo@forumeccppca2004.com.ar

ADPCA 19th Annual Conference, Anchorage 2004

July 14-18, 2004, at the University of Alaska.

Free Pre-Conference Session: July 14, 10am - 5pm. Conference: 7pm July 14 to Noon, on July 18th.

Please see the registration form for information on tuition and food.

Room: Per night, per person

- ✓ A single with a bath is \$35. ✓ Two singles that share a bath are each \$25.
- ✓ Four singles that share a common living area and two baths are also \$25 each.

Transportation

Air transportation is quite inexpensive now. Our experience in Las Vegas was that if seats were purchased during the previous fall they were about one-third of what they cost a month before the conference. I'm told this is true for Anchorage as well. Check Expedia, Travelocity, etc. on the Web now for the best prices.

Airport Transportation: We'll try to arrange transportation. If we can't, taxis cost about \$20 one way.

As was true for the 1997 ADPCA Conference in Las Vegas, we'll arrange to have state continuing education credits for almost every discipline except plumbing. Also, as we did then, we'll involve local community and private mental health professionals so we can learn from them.

When you come, please give yourself at least two extra days to rent a car or to take a site-seeing train. To the North rests Denali with soaring snow-capped mountains, dall sheep, bears, caribou, moose, fox, and wolves. Or you can go South to Seward and see some of the most imposing fjords in the world. There's much more of course: Whales along the Turnagin Arm, scenic Girdwood, Alyestka, and Portage Glacier. For some ideas go to www.Alaska.com or Remove a hyperlink

The roads are civilized. The trains are sybaritic. In an America that has seemingly forgotten about trains, except to haul pigs, commuters, and truck trailers, Alaska has perfected the sight seeing train. Sit back, do absolutely nothing, and be hypnotized by one incredible vista after another in a dome car with unobstructed views of scenery that will stay with you long after you return home. A word of warning Bothers are on to this. You'll need tickets well in advance.

If you have more than a few days, you can take a cruise on our inland water ways, viewing fjords and mountains from the deck of a modern ship.

Whatever you do, or if you do nothing, you'll meet unforgettable people. Alaska is a land of many, many cultures, including Alaska Native, Native American, European-American, Asian American. Its people are direct, welcoming: part frontier's person, part different-drummer.

As you can tell, we're so excited that we've left no superlative unused. The truth is, though, we're expecting an experience of a lifetime. We look forward to seeing all our old friends, meeting new ones, and sharing this virtual kingdom with you.

Any questions, please contact us:

Address:	Box 1268 Dillingham, AK 99576	Phone:	907/842-4992
		E-mail	brucea@Nushtel.net

On the following two pages are registration forms for the Conference and Housing. Please print them out and complete them. Mail the Conference form to us and fax or mail the Housing form to University of Alaska in Anchorage.

Doi. (Yupik for AThat's all, folks.@)

-Yoko and Bruce Allen

2004 ADPCA MEETING REGISTRATION FORM

You must fill out the housing registration form on page 7 if you plan to stay on the campus of the University of Alaska Anchorage

Please print or type.

Name _____

Telephone: Day _____ Evening _____

Mailing Address: _____

E-Mail Address: _____

PRE-CONFERENCE: July 14, 2004 10 am-Noon & 1 pm-5 pm., Commons Rm. 107

Free but space is limited. Please check below if you will attend.

_____ *Elements of Client-Centered Therapy and the Person Centered Approach*
presented by Barbara Brodley, Ph.D. and Kathy Moon, M.A.

CONFERENCE REGISTRATION FEE: Conference begins @ 7 p.m. July 14, 2004

_____ \$185 early registration fee mailed from October 1, 2003-March 31, 2004.

_____ \$235 registration fee mailed April 1, 2004 or later.

CONFERENCE BOARD FEES:

I would suggest bringing at least \$25.00/day for the cafeteria. (Cash or credit cards)

TOTAL ENCLOSED \$ _____

Please make checks payable to ADPCA and mail conference registration to:

Yoko Allen, M.S., P.O. Box 1268, Dillingham, AK 99576-1268 U.S.A.

UNIVERSITY OF ALASKA ANCHORAGE CONFERENCE & CATERING SERVICES

3700 Sharon Gagnon Lane ❖ Anchorage, AK 99508 ❖ (907) 751-7273 ❖ FAX (907) 751-7208
❖E-mail: ayguest@uaa.alaska.edu ❖

Summer Guest Housing Reservation Form

LAST NAME	FIRST NAME	GENDER	DAYTIME PHONE
MAILING ADDRESS ADPCA	CITY Yoko Allen, M.S.	STATE	ZIP
GROUP/CONFERENCE NAME	CONTACT PERSON	E-MAIL ADDRESS	
SCHEDULED CHECK-IN DATE	SCHEDULED CHECK-OUT DATE	FAX NUMBER	

Payment Method

Journal Voucher (UA Only) Dept. Budget Numbers: ORG: _____ FUND: _____
 Check # _____
 Purchase Order # _____
 Credit Card (Please circle type) Visa / MC / Discover
 Credit Card Number _____ Expiration: _____
 Printed Name (as it appears on the card): _____

Signature: _____ Date: _____

Payment must be made at the time of reservation or guaranteed with valid credit card or purchase order. Please make checks payable to University of Alaska Anchorage. Reservations must be canceled 24 hours in advance of arrival to avoid cancellation charge of one night's stay. Any additional charges incurred by the guest during the stay, including damages, lost keys, or additional nights, that are not paid for at check-out will be charged to the credit card listed above.

Guest Signature

Please sign below to confirm your reservation and agreement to all stated terms.

Signature _____
Date _____

Roommate Requests

Please list below guests or family members you would like to be roomed with:

All guests of UAA Housing must agree to indemnify and hold harmless the University of Alaska, its officers, employees and agents from any and all liability, loss, damage, costs and all other claims for expenses asserted against the University which arises from injuries to person or property occasioned by attendance at or participation in the conference/event or stay. All personal belongings of housing guests are their own responsibility and are not covered by University insurance.

Guests agree to abide by all university policies, including alcohol policies. Guests will not tamper with any furnishings or equipment, including, tables, chairs and beds. Guests will be held responsible for damages or above normal clean up if required.

For Department Use Only

DATE RECEIVED	RECEIVED BY	ROOM ASSIGNED
DAILY ROOM RATE	LENGTH OF STAY	TOTAL AMOUNT DUE
		AMOUNT PAID
		BALANCE DUE

A Discussion on What is Client-Centered Therapy

From: "Sommerbeck Lisbeth" <KFLISO@vestamt.dk>
Date: Mon, 14 Jul 2003 18:03:17 +0200

Dear all,

I've just returned from the world PCE conference (world association for person centered and experiential psychotherapy and counseling) and feel like summing up my main experience by quoting John Shlien:

"I don't think that client centered therapy will ever be the predominant choice of practitioners. It limits the scope of action - limits the expression of power. Anyone for humility? Not lately -----"

Will this Association? Sure. Is In the process, and work thrive? that we will all be will be suffocated is not really a client dominated by much less a to client centered. is deadly to client bine it with any-

Client centered therapy is inherently non-directive. INHERENTLY, - in the system -, in the bones, in the blood, in the basic belief. Not a posture. Not a technique. Not good manners. It is in the character.

tion help? Is that an object that a promise? Can't be. will client centered ideas I don't think so. It isn't hanged. But some of us or poisoned. Because this ent centered association. It people without a major, wholehearted commitment And what I mean is that it centered therapy to something else.

Some proponents call their worked

There is no evidence of better reproduction, of living, or any thing but regency on the timetable. Paper is not the "evolved" tree, though it comes from and after. There is nothing in any current work that can rightly be called evolution-produced in a Darwinian sense, and it is a "faux-scientific pretense" to use the term.

of the World Organization "evolved". --- Really?

Let me tell you what I think of N-D. "Non-directivity" (a term to choke on) is a fundamental, constitutional assurance of the right to "self-determination". This assurance via being non-directive (instead of "directive") is an Essential Feature of client centered therapy. Given the relationship, given the conditions, being non-directive is the Of the Essence.

It is a commitment. But it is NOT a rule. When taken as a rule, it inhibits, foments rebellion. It doesn't work as a rule. No.

Client centered therapy is inherently non-directive. INHERENTLY, - in the system -, in the bones, in the blood, in the basic belief. Not a posture. Not a technique. Not good manners. It is in the character. Rogers had it. I don't know how it is learned, or invented. If you don't have it, don't use it."

I'd like to add: And in that case, don't call it client-centered therapy.

The quote is from a response John wrote to Edwin Kahn in June 2000. In the response, John gives his reasons to decline an offer to participate in a panel discussion at the Chicago conference. John also says that Edwin Kahn can consider the response an Open Letter and because of that I have felt free to quote from the copy of the letter that John sent to me at the time.

I couldn't have expressed my feelings at coming home from the conference better than John did in that quotation. At the

conference the "necessity" of developing or evolving client-centered therapy was repeated, I felt, ad nauseam by everybody but ND CCTs, and each time it was stated as an argument for one or the other addition to ND CCT. In my understanding, Garry Prouty's Pre-therapy is the only true evolution of the practice of ND CCT that I know of. And I feel really conflicted about my being a member of the World Organization. On the one hand, I feel that by being a member I participate in that very "expression of power" that John talks about, and on the other hand, I do want to do my best, in relevant fora, to argue against the notion that one can add anything to client centered therapy without turning it into something else.

Apart from that, I enjoyed all the small group encounters at the fringes of the conference thoroughly.

aaaaaaaaaaaa

From: "Sommerbeck Lisbeth" <KFLISO@vestamt.dk>
Date: Mon, 21 Jul 2003 19:58:25 +0200

Dear all,

I'm still struggling with the after effects, on me, of the Netherlands conference and I realize I feel like having been exposed to an attempt at robbery of something that is very important and valuable to me.

It is only a few years ago the title "Psychologist" was protected, by law, in Denmark, with the consequence that it is now criminal to call oneself a psychologist unless one has the university degree that entitles one to do so. Correspondingly, I would commit a crime if I manufactured computer software or T-shirts and sold them under the names of "Microsoft" and "Lacoste", respectively. But Rainer Sachse is free to call a therapy that is fundamentally different from client-centered therapy by the name of "Client-Centered Therapy" and there is no law that protects the name of "Client-Centered Therapy" from such abuse. (I'm not sure I'd wish there were, I'm just trying to clarify that sense I have of having been exposed to an attempt at robbery).

So, I have used my imagination to try to find a clear, unequivocally defining characteristic of the client-centered therapist, which distinguishes this therapist from any other therapist. I think it is this: The true client-centered therapist would be willing to sign a paper with the following oath: "I solemnly swear, in my capacity as a client-centered therapist, not to do anything to try to change my clients in any way whatsoever".

I imagined this after having turned, in my confusion, and once again, to a video with Rogers (or two, rather): Rogers' interviews with Richie and Steve, made in the very last years of Rogers' life.

Seen in the light of the Netherlands conference, what is overwhelmingly clear to me when watching Rogers' behavior closely, is the total absence of any sign that Rogers would wish Richie and Steve to be any different in any way whatsoever, even if Richie and Steve make it perfectly clear that they, themselves, would wish to change in several ways. Rogers seems totally absorbed in his interest in understanding precisely what it is Richie and Steve would wish him to understand. He seems to have absolutely no other agenda than this, apart from the practical one of finishing the interview on time.

Perhaps the name "Client-Centered Therapy" is misleading, with the "Therapy"-element's implication of "treatment" and concomitant associations to the medical model. At least, Rogers' behaviour in these two videos reminds me more of two very famous Danish TV-interviewers, (they made fantastic, so-called "portrait interviews"), than of anything having to do with doctors treating patients. Perhaps a name like "Client-Centered Interviewing" would have been less misleading. At least, I think it would have made it less tempting for Sachse and others to abuse it. I also think that Sachse would

The true client-centered therapist would be willing to sign a paper with the following oath: "I solemnly swear, in my capacity as a client-centered therapist, not to do anything to try to change my clients in any way whatsoever".

never sign the oath my imagination turned out - but who would? What insurance company or public mental health service would pay for clients/patients having interviews with a client-centered interviewer who had sworn not to try in any way to change the client/patient?

Still, I think that the therapist having no wish to change the client is one way of defining unconditional positive regard - a concept that was hardly mentioned at the conference.

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From: "Paul R Blanchard" <paulrblanchard@earthlink.net>
Date: Mon, 14 Jul 2003 13:13:13 -0400

I have a sense that "good", non-directive, client-centered therapists are not as comfortable in organizations and institutions as some other folks are.

There is a lot of crap that goes along with any institution, and perhaps we have a low tolerance for crap.

The common thread that I see is this: if there exists an organization which meets some of your needs, but which leans in directions which you tend to oppose, then leaving the organization automatically moves that organization in exactly the direction which you oppose.

As I write, I am thinking of the small number of people that I know who have removed themselves from ADPCA because they object to some of the decisions or some of the processes or some of the crap that they lived through when they were members.

The common thread that I see is this: if there exists an organization which meets some of your needs, but which leans in directions which you tend to oppose, then leaving the organization automatically moves that organization in exactly the direction which you oppose.

I hope you hang in there, Lisbeth.

oooooooooooooooooooo

From: "Douglas W. Bower" <bowerdw@starband.net>
Date: Mon, 14 Jul 2003 13:38:40 -0400

Lisbeth,

I sensed frustration in your post. I have gotten more tentative about saying hat as I find e-mail so restrictive and understanding so illusive. Thus, I tend to focus more on what my reaction is via this media. First, I saw no compelling reason from your post or for anything else I have read to limit therapy to the term client-centered. I myself was first

introduced to real pc/cc therapy by Jerold Bozarth in the early 80s. There was absolutely no distinction made between pc and cc therapy, save for the words person and client.

Second, Rogers himself moved away from the term as well did others. The reasons for this are varied.

Third, I have held before and hold even stronger now that the term nondirective is not accurate. If part of what it means is related to the position of the therapist who holds that the client is in charge of therapy, I am struck the client has absolutely no say about the cc/pc therapist's therapy. The client is going to receive the core conditions whether he or she wants them or not. The client can leave, tolerate, or buy into this reality, but cannot otherwise do anything about the therapist's response or orientation.

Fourth, I have long gotten a sense and this may come a little closer to what I think you were saying in part, that this approach can be more theory centered than really person-centered. There is a tension here. How does one maintain being person-centered without a theory, but how can we expect the theory not to change as new people, and new generations get on board, and how can one have an identity as being person-centered client centered without some common ground?

I can give a partial answer to that tension by looking at the United Methodist denomination in the Christian tradition. There are those who assert that true Methodists are Wesleyan. Yet, they alienate those influenced by Asbury who had a Calvinistic orientation. While small in number there are Calvinistic Methodists. In addition there are evangelical Methodists, and charismatic Methodists, there are liberal, moderate, and conservative Methodists. Yet, the United Methodists at least hold themselves out as being inclusive much to the dismay of some within and without the denomination.

The reality is the Person-Centered Approach is becoming like that. If we limit that to those who want to stringently hold to the traditional model of being client-centered, this movement will even smaller than it is. If those who are pushing on the envelope of what it means are person-centered are ostracized for their push, then the approach runs the risk of perishing on the vine.

At the same time, can just anybody say they are person-centered? Is there a danger of this approach becoming so watered down that it becomes meaningless? Certainly. Yet does this happen with solid foundations?

Again, I return to the Methodists. Ministers and laity still have to deal with John Wesley after 250+ years. Methodism has changed, but Wesley has not gotten lost.

Psychoanalysis has changed, but Freud has not gotten lost.

I see no reason to believe that though the person-centered approach will change to the dismay of some that Rogers will get lost. The day that is discovered is the day that this approach no longer exists. And everyone on this list will be dead with no new generation picking up. I have long held a theory worth its salt will survive. If not, it will perish and should.

~ ~ ~ ~ ~

From: "Magda Draskoczy" <m_draskoczy@freemail.hu>
Date: Mon, 14 Jul 2003 20:48:32 +0200

Dear Lisbeth and others,

I also participated on that conference, and I had somewhat different experiences. I have mainly met people who were searching for ways to give meaning to their experiences and formulate them, to find new ways to facilitate their clients' struggle and to cope with the demands of their surroundings. I am basically more attracted by search than by firm knowledge. I enjoyed the diversity, and found the conference inspiring. I do not say that there was no arrogant voice at all, but for me it was a minority, and even then, the majority did not exclude the one who dissented, but started a dialog with him - and I appreciated that.

Warmly Magda

From: "K.Moon/B.Rice" <moonrice@earthlink.net>
Date: Tue, 22 Jul 2003 19:21:35 -0500

Dear Lisbeth,

I see no reason to believe that though the person-centered approach will change to the dismay of some that Rogers will get lost. The day that is discovered is the day that this approach no longer exists. And everyone on this list will be dead with no new generation picking up. I have long held a theory worth its salt will survive. If not, it will perish and should.

Bert here. From Chicago. I would gladly sign your oath, "I solemnly swear, in my capacity as a client-centred therapist, not to do anything to try to change my clients in any way whatsoever." I believe it accurately captures what sets client-centere therapists apart from other therapists. Thank you for sharing it with us.

This might be an oath that existential therapists could also sign up to, so perhaps it's not totally unique.



From: JETolan@aol.com
Date: Wed, 23 Jul 2003 11:42:50 EDT

Dear Lisbeth,

You wrote: The true client-centred therapist would be willing to sign a paper with the following oath: "I solemnly swear, in my capacity as a client-centred therapist, not to do anything to try to change my clients in any way whatsoever". This might be an oath that existential therapists could also sign up to, so perhaps it's not totally unique.

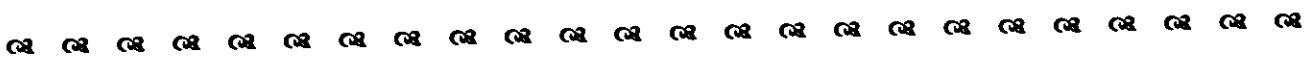
- Janet Tolan



Sendt: 23. juli 2003 12:01
From: <Elisabeth Zinschitz>e.zinschitz@chello.at

Lisbeth,

Your comparison is not completely adequate though I may have misunderstood it. If you want to call yourself a psychologist, according to the law you have to have a university degree. If then you do things that do not fit in with the code of psychologists, there are ways so this title will be taken away from you. I suppose also in Denmark this possibility exists. Whatever Rainer Sachse says or does that you do not like, may make you want to deny him the right to call himself a client-centred therapist. But he did absolve a client-centred therapy training in Germany, and so he has the right to call himself a client-centred therapist. Maybe it is redundant to point this out to you. But although I understood you wanted to express your feelings about "being exposed at an attempt of robbery", your comparison seemed very accusing and to undermine his integrity.



From: "Dr. Jeffrey H. Cornelius-White" <jcornelius-white@tamiu.edu>
Date: Thu, 07 Aug 2003 14:36:46 -0500

In response to Lisbeth's email about Sachse's speech: Most person-centered/experiential experts do not interpret the literature as Sachse does. See Elliot, Greenberg, and Lietaer (2004). Research on experiential psychotherapies. In M. J. Lambert (Ed.) Bergin and Garfield's Handbook of Psychotherapy and Behavior Change (Fifth Edition), pp. 493-541. New York: John Wiley & Sons. Especially pages 495, 508, 509, 528, 529. They give a more level-headed, accurate description of the research showing inferiority of person-centered therapy. For example, "In spite of the clinically trivial superiority of CB [cognitive behavioral] treatments to the less process-directive experiential therapies, it appears likely that the significant differences found may reflect method factors, in particular researcher allegiance effects (Luborsky et al., 1999). ...[When removing researcher allegiance,] all of the treatment comparisons were zero-order and statistically equivalent" (p. 509). You may also find useful, my description of the common misrepresentations of the research literature to disenfranchise person-centered therapy. Cornelius-White, J. H. D. (2002). The phoenix of empirically supported therapy relationships: The overlooked person-centered foundation. Psychotherapy: Theory/Research/Practice/ Training, 39, 2.