

RENAISSANCE

Newsletter of the Association for the Development of the Person-Centered Approach, Inc. Volume 18, Number 3, Summer 2001

CALL FOR PAPERS: EASTERN PSYCHOLOGICAL ASSOCIATION 2002

For the past seven years, there have been very successful Person-Centered events at the annual conferences of Eastern Psychological Association. Again I want to thank Jo Cohen Hamilton for her work as coordinator for the first five years.

You are invited to submit a paper to be considered for presentation at a Person-Centered Symposium at the conference of Eastern Psychological Association on **March 7-10, 2002, in Boston** at the Sheraton Hotel. Papers on theory, research, and applications of client-centered therapy and the person-centered approach are welcome. Reports of empirical research are especially encouraged.

Please email a long abstract of your paper to Neill Watson (npwats@wm.edu) no later than **September 14, 2000**. The long abstract should be a one to three page double-spaced (12 or 14 point font) summary of the purpose and content of your paper. The presentation itself will be 15-20 minutes long; a longer time may be possible on request.

Please note that in submitting a paper, you are making a commitment to present it if it is accepted. In the past, withdrawals of papers have been a problem.

In addition to a symposium, there will be a Person-Centered Community Meeting at the conference.

You do not have to be a member of Eastern Psychological Association to attend the meeting. However, you may wish to join so that you will enjoy reduced hotel rates and a reduced registration fee for the conference. For information on membership, browse the EPA web site at :

www.easternpsychological.org

I hope to see you at the conference.

Neill Watson

Janet Tolan and Teresa Kenny



Two members of the Organizing Committee for ADPCA 2001

ADPCA, Inc. Annual Meetings

The 2001 Annual Meeting is fresh in the memories of all who attended, and the organizers of the next meeting are gearing up for 2002. In this issue of *Renaissance* we look back at one and look forward to the other.

The minutes of the 2001 meeting start on page 2. Christina Karagianni shares a personal reaction to the experience on page 11. Curtis Graf airs some of his concerns about structuring such meetings on page 20.

Allan Turner, one of the hosts of the 2001 meeting responds to Curtis on page 28.

Photographs from this year appear throughout. Allan Turner provided most of the pictures for this issue of *Renaissance*. His photos are now available on the web at www.adpca.org

An invitation to the **Cleveland, Ohio** meeting in **2002** is on page 23, with more details on pages 24 and 25.

ADPCA
Business Meeting
May 31, 2001
Manchester England

The business meeting began at 8:11 PM with 31 ADPCA Members present. The following agenda was established.

- Acceptance of last year's minutes.
 - Digitizing past Journal articles.
 - Restoring the ADPCA website.
 - 2002 annual meeting in Cleveland.
 - Establishing an account in order to accept membership dues by credit card.
 - Allocate funds to advertise ADPCA in the States.
 - Carl Rogers On Personal Power books from San Diego ADPCA meeting.
 - Tokens of gratitude for the staff of the host college.
 - Financial report by treasurer.
 - Soliciting of contributions and bequests.
 - Papers from meetings - archives.
 - Indexing *The Person-Centered Journal*.
- 1 The **minutes** of the 2000 business meeting, published in *Renaissance* after that meeting, were **unanimously accepted**.
 - 2 A **financial statement** was presented by **Dan McNeal**, treasurer. Dan noted that dues generally don't cover the cost of *Renaissance* and *The Person-Centered Journal*. The past several annual meetings produced a surplus of income over expenses. ADPCA now has enough cash on hand to allow a comfort zone in the event that general meetings were not to be held every year. Dan also suggested that some portion of these funds be invested in higher interest savings accounts or Certificates of Deposit in a local bank. The **community voted to give Dan permission to invest excess funds** in a safe, interest bearing investment.
 - 3 **Dan McNeal presented next years budget** based on the following conservative assumption. Memberships remaining stable. (Should membership grow, the cost per new member will remain low since a full run of
- Journals is already being printed with each volume.) A question from the floor was raised whether *Renaissance* might be sent out via email. Dan suggested that Paul Blanchard, as editor, would have to be consulted. Dave Muniak will ask Paul to announce, in an upcoming newsletter, that the **Membership Directory is available by email**. A question was raised about less money being budgeted this year for *The Journal*. **Jo Cohen** stated that she has learned to **do the layout herself, which saves a significant amount** of the cost. The year-to-date financial report was received by the community with gratitude. A question was raised about some members not receiving *The Journal* and/or *Renaissance*. It was stated that problems regarding *Renaissance* should be directed to Paul Blanchard and problems with *The Journal* should go to Jo.
- 4 **Kevin Kukoleck** expressed concerns about the **viability** of hosting the **2002 ADPCA** conference in Cleveland next summer. It was brought to his attention that there is planning going on for a Carl Rogers 100th anniversary meeting to be held next July in La Jolla, California. Kevin's concern was that this meeting, as well as a similar one being held by The World Psychotherapy Association in Vienna, would conflict with ADPCA attendance in Cleveland. The community discussed the following options. Cancel the 2002 annual meeting. Change the date to put more time between conflicting meetings. Go ahead with present planning and expect a lighter attendance. Alberto expressed the sentiment that it is important for ADPCA to have yearly meetings and to accept the fact that attendance may be light. **It was decided to go ahead with plans for the 2002 annual meeting in Cleveland.** The date will be August 14-18, 2002.
 - 5 **Jere Moorman** proposed authorizing some funds to **advertise the ADPCA website** in person-centered media and to provide links to other person-centered sites. A discussion followed which brought up the point that the present web site has no operational links and that it would not be wise to advertise the site until it can be improved or a new site constructed. It was suggested to ask for a volunteer(s) to build a new site and then consider advertising its presence. It was **resolved that Jere seek help constructing a site and to provide advertising funds when it is complete**. It was noted that a quorum was no longer present at this time for a vote. Discussion of whether a quorum count needs to be taken again while the meeting was in progress. Deciding that it was not necessary to recount the members, **a proposal was put forth to allow Jere funds up to \$1,000 to organize and advertise our website**. Alan Turner motioned to adjourn for the evening. Seconded by Dave Muniak. No one opposed.

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The annual business meeting reconvened Saturday, June 2nd. at 9:21AM. beginning with general announcements about changes in the schedules of various events.

- 6 Alan Turner proposed a discussion of how to conduct this meeting. There was general agreement that we could operate in a person-centered way.
- 7 **Dan McNeal** pointed out the **need to elect officers** for the coming year. It was decided that the organization's bylaws be included in an upcoming *Renaissance*. However, since they are written in legalese, the important points should be outlined and brought up at a business meeting. Then **Dan McNeal and David Muniak** were reelected as **treasurer and secretary respectively**. **Kevin Kukoleck** as **chairperson of the next annual meeting committee was voted president for the next term**.
- 8 Dan McNeal referred to the agenda item about members using their **credit cards to pay dues**. The previous problem with accepting credit cards was the organizations lack of a Federal ID number. Suggested alternatives to credit cards: Pay in local currency at the annual meeting or pay by travelers check. All methods might be used simultaneously. A card swipe was the cheapest method of processing charges but could not be used remotely. We would be best served with a key entry system. **It was decided to list all the options in Renaissance.**
- 9 **Jo Cohen** requested that we discuss **digitizing *The Journal***. She stated that John Rose is taking over as editor. She also states that there was a shortage of articles to publish. Consideration was given to sending a box of 100 Journals to the UK for distribution. Barbara Brodley said she was unaware that there was an ongoing shortage of submitted articles. Jo described the review process as well as her job as managing editor and Jon's job as editor. *The Journal* is not in the PsychInfo registry as an indexed journal and people may be reluctant to write for a journal not listed in the registry. **Marge Witty** explained the process of the review committee and explained that **if *The Journal* is reviewed again and rejected, it would take another 5 year before it could be submitted again**. A general discussion followed about whether it would be wise to resubmit *The Journal* at this time. **It was decided to give Marge the authority to continue with her efforts to index *The Journal***. Alberto Segrera suggested posting the contents of *The Journal* on the web site in response to suggestions that *The Journal* be made available on the Internet. Alan Turner suggested that if *The Journal* were to be given away, the association would lose memberships. It is *The Journal*

that makes ADPCA membership desirable. Barbara Brodley suggested free issues to Eastern European countries in order to increase memberships. **Alan suggested a reduced membership rate of \$10.00 for those living in former eastern bloc countries**. It was thought that there was a reluctance by many persons to asking for a scholarship. A suggestion that the language problem might be the biggest barrier to memberships in this area. Margaret Warner summarized the discussion with these points. 1.) We want a paper journal. 2.) We want also to have a digitized form available. 3.) We need to follow up on indexing. **Magda Draskoczy** said she appreciated the offer of lower rates for eastern bloc countries. She thought that it would make *The Journal* more widely available.

- 10 It was decided that the planning committee would be responsible for choosing and distributing **tokens of gratitude** to the staff of **GMB National College**. Everyone agreed that the college staff was exceptionally pleasant and helpful.
- 11 **Alberto Segrera** stated that **the articles in the international archives will be indexed on the Internet**. The "KEYWORD" will be published in *Renaissance*. Please send all articles to Alberto. ADPCA will help sponsor the international archive.
- 12 **Jere Moorman** proposed selling all remaining copies of **On Personal Power** and further suggested that all copies remaining unsold as of January be purchased by ADPCA.
- 13 Dan McNeal mentioned that there was no one at this meeting to represent Slovakia, which had expressed an interest in hosting the 2003 annual meeting. **It was decided to contact members from Slovakia to see if the interest is still there**, but not suggest they are being pressured to do so if they are not ready. Alberto suggested that future meeting sites alternate from one side of the Atlantic to the other. He also stated an interest in New York State as a desirable future meeting site. The community voted to adjourn at 11:00 AM.

The annual business meeting reconvened Saturday, June 2nd. at 7:24 PM.

- 14 Kevin Kukoleck asked for consensus to research a better long-term solution to the **microphone/ amplification problem** before the next annual meeting. **Approval was enthusiastically given**.
- 15 **Dave Muniak** suggested a **form for persons desiring to donate substantial funds to ADPCA**. **Dan will develop and circulate the form**. Jere Moorman questioned why we are not a non-profit corporation.

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- 16 It was mentioned that on the advice of our attorney, we would have difficulty meeting the requirements to qualify as a 501(C3). **Jere said he would be willing to use CSP (Center for the Study of the Person) to accept funds and pass them along to ADPCA.** In that way, **donors would have the tax advantage** without ADPCA having to meet federal non-profit regulations.
- 17 It was reiterated that Slovakia made an offer to host the general meeting in the year 2003. Members from France also expressed a desire to be the hosts for 2003. It was agreed that the members from Slovakia who made the initial offer would be contacted. If they are still interested, they will host the meeting that follows Cleveland. **If they are not yet ready for the commitment, the 2003 meeting will be hosted in Toulouse, France.**

[These minutes will be submitted to the next annual meeting.]

Experiencing Diversity 8

Plans are underway for EXPERIENCING DIVERSITY 8 for **October 5-7, 2001**. It will occur at the usual site, Hemlock Conference Center, **Hebron, Connecticut**. Experiencing Diversity 7 was, for me, an unusually rich experience. I am never expecting the high quality of listening I witness at these diversity workshops - where the person centered approach is so new to a large portion of the participants; yet, I was repeatedly touched by their eagerness to hear others - all of which encourages me to not give up on investing my energy in helping to make such happenings happen.

Chuck Stuart

Information:

Contact Lewis Gover at (516) 889-5157 OR

New England: (508) 755-6611

Connecticut.: (860) 826-7585

New York Metro Area (516) 889-5657

New Jersey: (973) 627-0525

Pennsylvania: (610) 683-4211

Spanish Interpreter: (860) 826-7585

IV PERSON CENTERED APPROACH BRAZILIAN FORUM

Building the PCA we wish for

Cocalzinho/GO-Brasília/DF-Brazil

DATE: From October 28, to November 3, 2001.

PLACE: Cabana dos Pirineus-BR-114, Km 15, Cocalzinho/GO

Telephone Number: (62) 331-1345

SITE: <http://www.cabanadospirineus.com.br>

SHUTTLE SERVICE: The hotel is located at 118 Km from Brasilia, in the city of Cocalzinho (GO), at 32 Km from the city of Pirenópolis. To those people who wish to go to the hotel by car, it is advised to contact the committee or the hotel for further information. To the others, the shuttle service will be provided.

REPORTS: To participate in the meeting, people do not have to present reports. For those who wish to present reports related to PCA (studies or theoretic productions, researches, projects, art productions, experiences) should send a copy up to September, 28, 2001, preferably through e-mail: cphb@zaz.com.br or in a diskette or in CD-ROM to the Organization Committee Headquarters.

Contact us for prices and accommodation information. Send your registration application along with a copy of the bank deposit receipt (total or first installment) to the Committee headquarters through mail (preferably registered) or by fax (61) 366-1139.

ORGANIZATION COMITTEE AND HEADQUARTERS

Ana Lúcia Palma, Ana Luiza Cavalcanti,
Tiago Cardoso, Viviane Daemon

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Secretary: Gisele James

Person-Centred Connections

CONGRUENCY AND PSYCHOLOGICAL MATURITY

Sat 26th - Sun 27th Jan 2002

Many different ways of defining congruence has been offered recently. Rogers writes about congruence in relation to the integration of the therapist. A holistic view of congruence will be proposed which is closely related to psychological maturity. This becomes the foundation from which the therapist holds the other conditions. As a result there is no more important focus for the person-centred counsellor than developing their own congruency and psychological maturity as the Self of the PC counsellor is their greatest resource. The structure and content of the workshop will be determined by the participants and the facilitator together.

It has been suggested that Congruence is the most significant condition for effective therapeutic outcome, yet until recently there has been a lack of research and writing on this concept.

PERSON-CENTRED GROUP FACILITATION

Sat 13th - Sun 14th Oct 2001

How is holding the conditions of congruence, UPR and empathic understanding different when facilitating a group as opposed to working with an individual? How does a Person-Centred facilitator facilitate a group and hold the basic premise of the Person-Centred philosophy that individuals have within themselves vast resources for self-understanding and finding their own answers within themselves? How is the needs of the individual balanced with the focus of the group? How does the culture of a group evolve? These and other questions could be the focus of this workshop. The workshop will be group directed i.e. the structure and the content will be decided by the participants and the facilitator.

WORKSHOP COST:

£80 (self funded), £115 (employer funded) Bursaries may be available.

VENUE: At a venue in Nottingham.

POSTGRADUATE CERTIFICATE IN PERSON-CENTRED GROUP FACILITATION

A group-directed short course which will have a Planning time (Nov 3/4) and eight subsequent days. The structure and content of the course will be decided by the participants and the facilitator during the planning time including whether it's residential. Participation on the PC Group Facilitation workshop is a prerequisite to join the Certificate.

COST: £40 (if self funded) and £55 (if employer funded) per day plus residential fees if applicable.

FACILITATOR - Gill Wyatt (B.Sc (Soc Sc), RGN, Dip Couns, BAC Accred, UKCP Reg.) is the Director of Person-Centred Connections and has taught on undergraduate and postgraduate courses for 15 years. She has her private practice in Nottingham offering counselling, psychotherapy, supervision, training and consultancy. A particular interest of hers is group-centred facilitation. She sees the role of the facilitator as being threefold - facilitator/participant/reflector and is currently researching the nature of power within these groups, how decisions are made, how the culture within a group is created and how does a group move from the focus on the individual to a developing sense of community.

These workshops are for all people who apply the philosophy of the PCA in their work and life. Please apply in writing, briefly stating your experience and training in group facilitation/person-centred approach/therapy, if you have not already attended a PCC Workshop. Enclose your non-refundable deposit of £40 (made payable to Person-Centred Connections). Information about local B and B's is available.

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