

## To ADPCA Members From Allan Turner

We know that Julia is resigning from the posts of Secretary and Treasurer in August this year.

I have to admit that I was playing "devils advocate" when I earlier asked (on the PC/CCT internet listserve) if a person not resident in the USA could be treasurer. I didn't actually want the job, but I did want to make a point and I wish to make it now, much more clearly.

It is relatively cheap and easy for people living in the USA to renew their membership by writing a check and popping it in the post/mail. For most people in the rest of the world it costs about \$20 additional to buy the money and then mail it. At best it involves additional phone calls and for some, much more complicated arrangements of visiting a bank and signing various forms.

If I were treasurer the problem would be reversed. The 69 European members (34 in the UK) could almost certainly pay by British Cheques or Eurocheques. The 132 USA resident members would be making all the phone calls, signing forms and taking trips to banks and paying an extra \$20 or so on top.

I believe that we should have an account in a European currency AS WELL and I offer to administer it on certain conditions:

1. I assume that the main accounts would still be done and looked after by the treasurer.
2. I suggest that money is transferred from the European account to the American one at regular intervals, probably every three months. This keeps costs and administration low.
3. I would want the person the other end to reply to queries quickly so that things didn't get in a muddle.
4. I envisage the cost of currency conversion coming out of general funds so that American and European members are paying the same amount.

We also have 8 Asian members, 1 Australian/NZ member, and 2 African members. These arrangements are unlikely to help them, but it does go a long way to correct an imbalance for the large minority of European members.

I suggest that the account is in Stirling (the British currency). The other currency we could choose for this European account would be the Euro, but only 12 of our 69 European members are currently resident in the Eurozone, so that is not very helpful at this stage. I would also guess that many 'Eurozone resident members' also have Eurocheques, so they could pay in Stirling. If (I believe it is when) the UK joins the Eurozone we could reconsider the currency.

Simplest of all and probably fair for the whole world, is to make arrangements to pay by Credit Card. I am not aware of any easy/cheap arrangements for that in the UK, but could it be investigated in the USA?

If we were struggling to find a membership secretary I would be prepared to do it, but I use a PC rather than a Mac, so records would have to be converted. Since others have also offered, I am not pushing for this job - in fact I don't really want it - but would do it to help out if no one else wanted to do it.

Allan

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## On Being Present

Recently I was on the phone with an ADPCA member, and he made a couple of points that started me thinking. As I hope you know, I am running for the position of newsletter editor because Jody De Ridder is moving on.

My friend wondered whether I would be successful in my attempt to become Renaissance editor if I could not present my offer in person at the annual meeting. I am not overly concerned about whether my bid is accepted or not, if being not-selected means that the group has found somebody more qualified. Don't get me wrong — I AM excited about doing the job — but I HAVE heard that the pay is not that great!

Then I thought about the difficulty of actually attending any particular ADPCA meeting, and the greater difficulty of attending most or all of them. My hat is off to the folks who go every year, and conduct business meetings every year. I can't do it. How many others can't do it either? I hope that other people, seeking other positions within the organization, are taken seriously, whether they can afford the time and money for the meeting or not.

My friend also expressed a hope that I don't change Renaissance too much. I had told him that I probably will use a different printing company, hopefully one that is close to home, and that I will investigate doing the layout myself. That caused him to wonder what "my" Renaissance might look like. And then he noted that Renaissance has been a familiar friend to many an ADPCA member — a quiet piece of stability and constancy that reaches out to us four times a year.

And I agreed.

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## ADPCA Annual Meeting in Year 2000

Dear Colleagues and Friends:

The dates for the ADPCA 2000 annual meeting are Wednesday, August 9 through Sunday, August 13, 2000. We have secured excellent facilities at reasonable cost at the University of California at San Diego, which is in a beautiful location in La Jolla, close to the ocean. Full room and board are inexpensive: \$56 double or \$65 single per day.

The conference is sponsored by the Center for Studies of the Person. CSP also sponsors the La Jolla Program, which is an intensive nine-day PCA encounter group experience now in its 33rd year. It will take place just before the conference, in case some of you would be interested in attending that as well.

We want to keep the planning process for the 2000 Conference open to everyone's concerns, needs, ideas and energy, but to do that we need you to communicate with us. While we do have some amazing abilities, we are not good at reading minds! So say something even if you think it is too trivial or difficult or inspired or whatever. Also any ideas about a theme for the conference or for special events or new ways of meeting are welcome. Your input will make for a better meeting. We will both be at the Ruston meeting in August and plan to have some community time for discussing the 2000 meeting, so get your ideas ready.

With best wishes,

*Jere Moorman/  
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(Co-coordinators)*

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### *On Being Present continued from page 1*

Renaissance is, in its own way, a glue that helps keep us together, that lets us know, once every season, that we do in fact belong to this organization. I don't know enough of the history of the Journal, or of our newsletter, to make any sweeping statements, but I know that a Journal is incredibly difficult to produce on a schedule, and it is has been hard recently to make it comfortably familiar. It is evolving, and as it evolves it takes on different flavors, slightly different shapes.

A newsletter is EASY! ( Please, don't any of you throw that back at me next year ! )

I mean, if I try to keep it looking the same, and try to keep it coming out on a regular basis, I shouldn't have that much trouble attaining those modest goals.

Now, I do have ideas ( or delusions of grandeur ). I would love to use photographs more, and I would like to include as much as possible on ALL person-centered activities around the world (without intruding on other PCA organizations and newsletters). And I would like to ask new members and "old" members to frequently say a few words about themselves and what they are doing. I believe that while ADPCA is more than the sum of its members, it also IS its members. I hope to highlight many of them.

So, if you are going to Ruston, put in a good word for me, please. Take plenty of pictures — close enough that we can recognize people — and send me some copies. And if you find that you don't have enough time or money to attend in person, well, I know how you feel. At least I know how I feel, in the same position.

*Paul Blanchard*

## THE PAJARO GROUP PLANS TO MEET IN RUSSIA:

The Pajaro Group, an international support group for PCA practitioners in business and organizations announces their eighth meeting in Yekaterinburg, Russia, January 12-17, 2000.

The meeting will be hosted by PCA organizational consultant Veniamin Kolpachnikov who was attracted to PCA through a meeting with Carl Rogers in Russia.

In addition to PCA community building, the Pajaro Group will make presentations to a group of Russian citizens who have had numerous sessions learning about the Pajaro Group. Also Pajaro Group consultant Tom Livingood will make a presentation to a group of Russian business persons.

All are welcome. Interested persons should begin a search for warm clothes appropriate for the Siberian winter and to contact Jere Moorman (jeremoor@aol.com/760.436.3995) or Ernie Meadows (ernestemeadows@home.com/858.459.04940)

# CLIENT/PERSON-CENTERED BOOKS

## In English, 1980 - 1999

submitted by Barbara Temaner Brodley

- Anderson, R. & Cissna, K. (1997). *The Martin Buber - Carl Rogers Dialogue*. Albany, NY: State University of New York Press.
- Barrett-Lennard, G. T. (1998). *Carl Rogers' Helping System: Journey and Substance*. London: Sage.  
Address: SAGE Publications Ltd, 6 Bonhill Street, London EC2A 4PU, UK or SAGE Publications Ltd, 2455 Teller Rd., Thousand Oaks, CA 91320
- Bohart, A. & Tallman, K. (1999). *How Clients Make Therapy Work*. Washington, DC: American Psychological Association.
- Bozarth, J. (1998). *Person-Centred Therapy: A Revolutionary Paradigm*. Ross-on-Wye: PCCS Books.  
Address: PCCS Books, Llangarron, Ross-on-Wye, Herefordshire, HR9 6PT, UK. (Tel: 01989 77 07 07) <sales@pccsbks.globalnet.co.uk>
- Brazier, D. (Ed.) (1993). *Beyond Carl Rogers*. London: Constable.  
Address: Constable & Co. Limited, 3 The Lanchesters, 162 Fulham Palace Rd., London W6 9ER, U.K.
- Cohen, D. (1997). *Carl Rogers: A Critical Biography*. London: Constable.
- Farber, B., Brink, D., & Raskin, P. (Eds.) (1996). *The Psychotherapy of Carl Rogers*. New York: The Guilford Press.
- Fierman, Louis B. (1997). *The Therapist Is the Therapy*. Northvale, New Jersey: Jason Aronson Publishers.
- Friedman, N. (1982). *Experiential Therapy And Focusing*. New York: Half Court Press.
- Gendlin, E. T. (1996). *Focusing-Oriented Psychotherapy. A Manual of the Experiential Method*. New York: The Guilford Press.
- Greenberg, L. S. & Johnson, S. M. (1988). *Emotionally Focused Therapy for Couples*. New York: The Guilford Press.
- Greenberg, L. S., Rice, L. N., & Elliott, R. (1993.) *Facilitating Emotional Change: The Moment-by-Moment Process*. New York: The Guilford Press.
- Hinterkopf, E. (1998.) *Integrating Spirituality in Counseling*. Alexandria, VA: American Counseling Association.
- Hutterer, R., Pawlowsky, G., Schmid, P., & Stipsits, R. (Eds.) (1996). *Client-Centered and Experiential Psychotherapy: A Paradigm in Motion*. Frankfurt am Main: Peter Lang.  
Address: Peter Lang, Eschborner Landstr. 42-50, D-60489 Frankfurt am Main, Germany. (Tel. (069) 78 07 05 - 0)
- Jones, A. & Crandall, R. (1991) *Handbook of Self-Actualization*. A special issue of the *Journal of Social Behavior and Personality*, 6(5), Corte Madera, CA: Select Press.  
Address: Select Press, P.O. Box 37, Corte Madera, CA 94976.
- Kirschenbaum, H. & Henderson, V. (Eds.) (1989). *The Carl Rogers Reader*. Boston: Houghton Mifflin.
- Kirschenbaum, H. & Henderson, V. (Eds.) (1989). *Carl Rogers: Dialogues*. Boston: Houghton Mifflin.
- Lago, C. & MacMillan, M. (Eds.) (1999). *Experiences In Relatedness: Groupwork and the Person-Centred Approach*. Ross-on-Wye: PCCS Books.  
Address: PCCS Books, Llangarron, Ross-on-Wye, Herefordshire, HR9 6PT UK
- Levant, R. F. & Shlien, J. M. (Eds.) (1984). *Client-Centered Therapy and The Person-Centered Approach*. New York: Praeger.
- Lietaer, G., Rombauts, J., & Van Balen, R. (Eds.) (1990). *Client-Centered and Experiential Psychotherapy in the Nineties*. Leuven, Belgium: Leuven University Press.  
Address: Presses Universitaires de Louvain, Kraken Straat 3-B 3000, Leuven/Louvain, Belgium.
- Mearns, D. (1994). *Developing Person-Centred Counselling*. London: Sage.  
Address: Sage Publications, Inc., 6 Bonhill Street, London EC2A 4PU, UK.
- Mearns, D. & Dryden, W. (Eds.) (1990) *Experiences Of Counseling In Action*. London: Sage.
- Mearns, D. & Thorne, B. (1988). *Person-Centred Counselling in Action*. London: Sage.
- Merry, T. (1995). *Invitation to Person-Centred Psychology*. London: Whurr Publishers.  
Address: Whurr Publishers, Ltd., 19b Compton Terrace, London N1 2UN England.

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GTB-L (1998)

# Carl Rogers' Helping System: Journey and Substance

(London: Sage)

INTRODUCTION, ADAPTED FROM THE PREFACE

Writing this book was often like an extended inner conversation with imagined readers, now one reader or group, now another. The 'journey' in the book's title is the evolutionary course of a human science and helping system. An exploration of the whole becoming and trajectory of this approach was soon evident in what I found myself doing. It led me to an adventure in fresh learning and a revisiting of familiar landmarks in new depth. I hope it is true for the reader, also, that seeing this system of ideas, inquiry and practice in developmental motion over its life span leads to a more satisfying, deeper understanding than a view only of its current or end-products would yield.

My first-hand acquaintance with the approach spans almost half a century, and includes memorable years with Rogers and others at the University of Chicago, in the 1950s. It was no mean task to gain this opportunity and actually get there, with my wife and infant son, from Perth, Australia. At our destination, another, deeper kind of journey followed. Some four years later, I joined a university in the 'deep south' of the United States – finding scope for student-centred teaching and building on the research already reported for my PhD. From there our path led back to Australia and other new steps, but in a place still far from our roots in the West. Partly for this reason, I was drawn back to

North America, and spent many years in Canada before finally settling again in Perth.

I have brought together the contributions of *many* people in addition to Carl Rogers himself. At the start, I became absorbed in the question of how this innovation came so vigorously into being in the time and place that it did, and chapters 2 and 3 tackle this issue in an original path of exploration. A new system of thought and practice is likely to pass through a cohesive 'school' phase, and then become more pluralistic. Chapter 4 is a bird's eye view of main steps in the development of ideas, practice and research through the first quarter century of the new school; and Chapter 5 articulates its theoretical vision as evolved through that phase. The big six-chapter third part of the book spans, in close-up view, the full spectrum of applications and process, from individual therapy to large groups and community. The fourth group of chapters focuses on the story and contributions of research in psychotherapy and other fields that this system has spawned, from earliest beginnings to current challenges. The final part of the book searches into issues, process and programs in training. My conclusion then revisits core features of the approach over the long haul, and looks

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## *Person Centered Books continued from page 3*

Merry, T. & Lusty, B. (1993). *What Is Person-Centred Therapy?* Loughton, Essex: Gale Centre Publications.

Address: The Gale Centre, WhitakersWay, Loughton, Essex, 1G10 15Q

Patterson, C. H. & Hidore, S. (1997). *Successful Psychotherapy: A Caring, Loving Relationship*. Northvale, NJ: Jason Aronson, Inc.

Prouty, G. (1994). *Theoretical Evolutions in Person-Centered/Experiential Therapy: Applications to Schizophrenic and Retarded Psychoses*. Westport, CT: Praeger.

Rogers, C. R. (1983). *Freedom To Learn for the 80's*. Columbus, OH: Charles E. Merrill Publishing.

Seeman, Julius. (1983). *Personality Integration: Studies and Reflections*. New York: Human Sciences Press, Inc.

Suhd, M. M. (Ed.) (1995). *Positive Regard: Carl Rogers & Other Notables He Influenced*. Palo Alto, CA: Science & Behavior Books.

Thorne, B. (1991). *Person-Centred Counselling: Therapeutic and Spiritual Diminions*, London: Whurr.

Thorne, B. (1992). *Carl Rogers*. London: Sage.

Thorne, B. (1998). *Person-Centred Counseling: Christian Spiritual Dimensions*. London: Whurr.

Thorne, B. & Lambers, E. (Eds.) (1998). *Person-Centred Therapy: A European Perspective*. London: Sage.

Wright, L., Everett, F., & Roisman, L. (1986). *Experiential Psychotherapy with Children*. Baltimore, MD: The Johns Hopkins University Press.

If any books have been left out that should be on the list, please contact Barbara Temaner Brodley at: <btb@wwa.com> or 2400 N. Lakeview, #2701, Chicago, IL 60614, USA.

ahead to chart further ways of growing our theory and range of practice.

In the detailed writing of the book I worked hard in an effort to do feasible justice both to the many individual contributions in focus, and to their larger patterns. At about the half-way point my vision of the work shifted somewhat. I could see that it was adding something to the journey and the substance that it is about. I also thought that the movement Rogers began and spearheaded for so long was in danger of declining in substantiality as a system of connected thought, inquiry and practice. I felt that what he had set in train not only deserved but needed the best integrative and forward-reaching infusions that others could contribute. This belief helped to carry me through the long enterprise this book reflects.

Curiosity, thoughtfulness, capacity for suspension of belief, interest in checking or discovery through research, all seem to me entirely compatible with responsive openness and attention to feeling-emotional life. Persons *can* use one side of their potential while neglecting another, but those more fortunate in their functioning call readily on all sides. A 'left-brain' tendency in the wider intellectual culture has perhaps contributed to a mistrust of probing inquiry and intellectual interest by some members of the humanistic movement, even some who have identified with person-centred work. Such reaction might be personally freeing at first but is then limiting unless transcended. It would please me if my work furthered respect and liking for our thinking- investigative abilities, in complement with desire to make a difference and belief that this is possible.

Achieving particular effects has not been my deepest motivation, however. The fact is that this work has grown from absorbed interest and a career-long involvement in the approach itself and in reaching for an expanded frame of understanding. Extended engagement with Rogers himself and a community of other vital contributors nourished both the process of my search and its outcomes. The long companionship and support of my life-partner, Helen, and the ambient nurture of our children and my wider family, also have been crucially relevant. To reader-companions, this introduction comes with my good wishes – and the hope that my book honours the trust of your interest.

*Godfrey Barrett-Lennard, Perth*

#### ADDED MESSAGE BY THE AUTHOR:

Dear All

This message is for anyone who has not acquired my book but may wish to, or who has students/trainees/colleagues who may want their own copy. There are now a number of alternative on-line sources and regional addresses, for orders. The address

for Japan was given to me by Sage, and I'm looking for independent confirmation of it; and I also would like to hear from anyone who knows of a significant additional source. (I know there are many outlets for Barnes and Noble.) Here is a list of the main channels I know of:

<http://www.barnesandnoble.com> (The 'www' may not be essential; even 'bn.com' might be enough) Barnes and Noble offer a special deal - 30% off the list price on the hardcover edition (ISBN 0-7619-5676-X). (ISBN for paperback edition is 0-7619-5677-8).

<http://www.amazon.com>

<http://www.sagepub.com>

<http://www.amazon.co.uk>

<http://www.uk.bol.com> BOL give a 10% reduction on Sage (London) list prices.

Sage Publications, London - Phone: 0171-330-1234; Fax: 0171-374-8741

SAGE Publications India Pvt Ltd - Email: [sageind@nda.vsnl.net.in](mailto:sageind@nda.vsnl.net.in) ; [sageind@giasdl01.vsnl.net.in](mailto:sageind@giasdl01.vsnl.net.in) Fax: (91-11)-647 2426 Phones (local, New Delhi): 644 4958, 648 5884

Japan. United Publishers Services Ltd., Kenkyu-sha Bldg, 9 Kanda Surugadai 2-chome, Chiyoda, Tokyo. Fax: 0081 3 3292 8610; Phone: 0081 3 3291 4541

Australia. Astam Books Pty Ltd, 57-61 John St., Leichhardt (Sydney), NSW 2040 Phone: (+61) (0)2 9560-4400. Fax: (+61) (0)2 9566 4411. Email: [sales@astam.com.au](mailto:sales@astam.com.au)

These addresses could be relevant also for anyone seeking another Sage-published book, such as Person-centred therapy: A European perspective, edited by Brian Thorne and Elke Lambers (1998), David Rennie's Person-centred counselling: An experiential perspective (1998), or, the forthcoming revised edition of the Mearns/Thorne resource Person-centred counselling in action (ca. 9/99), or Charles O'Leary's Person-centred family counselling (ca. 9/99).

I am also trying to make a list of libraries that have my book, mainly so I will know where colleagues and students who write to me could get access to it. If you know of such a library (besides the Library of Congress, Harvard U., Univer. of Chicago, Univer. of Illinois-Champaign, Univer. of California-Berkeley, and UCLA) please do tell me.

Regards

Goff/Godfrey

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# Where to send submissions?????

The new editor of this newsletter needs to be chosen at the upcoming Annual Meeting in Ruston, Louisiana. My resignation is now effective, as the next newsletter will follow that meeting (October deadline for submissions, unless someone changes the format!). Those of you who are not present to help choose the new editor (and therefore don't know who it is), may send submissions for the next issue to me. I will forward them with my blessings!!

Thank-you all for the experience and education of this past two years as the Renaissance editor. I think it is good to frequently rotate positions of "power and responsibility" within the group, and I am already overwhelmed with my studies, as I am returning to school.

If you are interested in the editorship, please make your interest known at the Annual Meeting this August. If you have any questions, I'll be happy to share what I've learned.

Thanks again!!

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## Exploring Ways of Being Together..

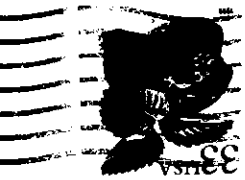
is the ADPCA Conference theme for the 14th Annual Meeting is August 4 - 8, 1999 at Louisiana Tech University. Registration is \$185 after July 1. Single rooms are \$15 a night and double rooms are \$10 a night (there was a mistake on the brochure). Can contact Paula Bickham at (318) 254-1235 or e-mail: pbickham@woodard.LaTech.edu or check out our website at: <http://www.LaTech.edu/adpca>



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Summer Issue, 1999



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