

"I have little sympathy with the rather prevalent concept that man is basically irrational, and that his impulses, if not controlled, would lead to destruction of others and self. Man's behavior is exquisitely rational, moving with subtle and ordered complexity toward the goals his organism is endeavoring to achieve. The tragedy for most of us is that our defenses keep us from being aware of this rationality, so that consciously we are moving in one direction, while organismically we are moving in another. But in our hypothetical [fully functioning] person there would be no such barriers, and he would be a participant in the rationality of his organism. The only control of impulses which would exist or which would prove necessary is the natural and internal balancing of one need against another and the discovery of behaviors which follow the vector most closely approximating the satisfaction of all needs.

"The experience of extreme satisfaction of one need ...in such a way as to do violence to the satisfaction of other needs...would simply be unknown... He would participate.... in such a fashion as to live harmoniously, with himself and with others."

"Toward Becoming a Fully Functioning Person" by Carl Rogers in *Perceiving, Behaving, and Becoming: A New Focus for Education*. Yearbook, 1962, p. 31, Arthur W. Combs, Ed. Washington, DC: Association for Supervision and Curriculum Development.

"Alive and Growing!"

by Jon Rose

"Alive and Growing!" Our 1998 Annual Meeting lived up to its theme. Thanks to our wonderful conference hosts, we enjoyed comfortable surroundings, rooms which made it easy to see everyone, and good food. I was also spared any distracting anxiety about how to get to and from the airport, and all other logistical details.

I experienced several themes throughout the course of our meeting. The first was how to meet the special needs of those who are assertive. This was most overtly represented by Joe Hochberg's request (in Renaissance) for amplification so he could hear us. The need of others for spontaneity and other conflicting needs (e.g. avoiding reverberations from amplified speech) were also stated and heard, but not satisfied.

The second theme was our need to experience our own deep inner selves while also connecting to the experience of others.

The third theme was about an inner conflict I share with many who were present. It is the conflict between wanting freedom while also wanting to be responsible for the impact I have on others.

I learned much at the didactic presentations I attended — from both the content and the process of the presentations. Ed Kahn's seminar on Kohut and Rogers helped me think about a variety of ways to be empathic. Daniel Greenberg challenged my expectations about children's ability to handle freedom and responsibility. Bill Bonnice's presentation on Organizational Consulting helped me to see how empathy can contribute to problem solving and even efficiency in business. Margaret Warner presented a wonderful way to conceptualize and measure levels of intervention. Celia Bazan (and the fully present Paula) helped me to hear a bit of women's voices. The right of women

to determine their own destiny and history was closely connected to our community's struggle (both this year and in years past) to hear everyone and be inclusive, rather than empirical or evangelical.

Robert Oppenheimer's experience in seeking a peaceful response to provocations by the KKK and violent revolutionary leftists was inspiring. We are all better off for what you have done in Detroit, Robert, and for showing us our possibilities. Robert and Ana Kandare reminded us of how easily we can shut off the voices and tears of children who need us to hear their pain.

I was even able to learn from presentations I could not attend. Special thanks to Tracy Gastone for reminding me that everyone we can teach is also someone we can learn from. I'm sorry I was never in your classroom.

Thanks to whomever volunteered to underwrite the cost of extra pages in Renaissance. I admire your devotion to equal and unlimited access and your willingness to personally insure it is possible.

When I left the conference during our last community meeting, our community was struggling with issues of freedom and responsibility, and with the need to be assertive as well as the need to be open so that members of a community can know what choices are possible. Two people were debating and at least one was not understood, but the lack of understanding had been acknowledged and I left with faith that the community would facilitate empathy, if not this year, then the next time we meet.

I feel that I have grown much since I first joined ADPCA, and that we as a community are very much alive and growing! We

(continued on page 2)

Reflections on the Wheaton College Meeting

For over a month I have been trying to articulate the profound good feelings I experienced at the conclusion of our Wheaton College meeting. Focal to my difficulty is my ambivalence and confusion regarding the purpose and process of community meetings. I understand somewhat better the dynamics within the small groups: the effort to achieve understanding and intimacy. These small group efforts, to my amazement and delight, are more often than not quite successful.

The dynamics of the community puzzle me because by definition I see community meetings as public forums. As such I view them as a place of civil interchange and governed by decorum rather than a place of intimacy. Furthermore, the sheer size of the community makes me wary. There lurks for me always, the danger of group tyranny and the blood thirst of the mob. From past experience I am watchful for impending disaster. The disaster I fear is the severe and irreparable wounding of another human being.

With and without intent I have done my share of hurting others. The consequent guilt which I suffer afterwards is often extraordinary and debilitating. Thus, not altruism but, rather, enlightened self interest makes me anxious to avoid a mob scene in which I may find myself complicit. The culpability I fear may be by the sin of commission, but for me is more often by that of omission--of failing to act effectively to deter hurt.

It is not conflict which frightens me. Conflict is indigenous to the human condition. It is how we deal with interpersonal conflict that makes the difference in all of our relationships from the most intimate to the most public. For me that was the lesson I learned at the community meetings at Wheaton: to express concerns replete with differences, deal with the conflict generated in such expressions and do so in a manner engendering a sense

"Alive and Growing" continued

have matured in our ability to delegate authority and act empathically in the heat of conflict. We are now dealing head-on with the great human conflict of balancing care for ourselves with caring for others.

Our newsletter and journal are continuing to grow in very capable editorial hands. It was rewarding to see past editors recognized, while new editors insure that the work will continue to get done. I hope we are able to sponsor the attendance of our editors at future annual meetings. This may be possible due to our growing fiscal maturity and organization. Thanks Julie for a job well done!

Aside from all these intellectual musings, a few of you touched me very deeply, in ways too personal for a newsletter. You know who you are. I love you.

of safety, trust, respect, and caring for one another. The process is about balancing open expression with civil constraint. It is this dynamic tension between freedom and responsibility that defines who we, as human beings, are. There were blunders, and scrapes, but, by and large, I believe we managed to pull it off at Wheaton College. I came away feeling proud and privileged to be a member of a community for which the struggle is so meaningful and important.

A post script to the experience was that I realize how much easier it is for me to express negative feelings than positive ones. The negative are sharper and clearer in both my heart and my mind. Good feelings affect me quite differently: they permeate my being more extensively and seem more vague--more difficult to express. They are on balance, however, more warming and sustaining.

Ned L. Gaylin
6/30/98

ADPCA JOURNAL ADVERTISING

**BOOKS! SEMINARS! WORKSHOPS!
MEETINGS! CONFERENCES!
EVEN YOURSELF!**

*A personal endorsement says it all in an
ad in the Person-Centered Journal.*

FULL 6 X 9 PAGE only \$250.00

HALF 6 X 4 1/2 PAGE only \$125.00

QUARTER 3 X 4 1/2 PAGE just 60 BUCKS

*Send camera suitable or laser copy or labeled diskette
(include file name and program access name) to:*

**JERE MOORMAN
CHIEF ADVERTISING EDITOR - TPCJ
1720 KENNINGTON ROAD - CSP
ENCINITAS, CA 92924 USA**

Advertising inquiries may be made to
jeremoor@aol.com
Phone: (760) 436-3995

Business Meeting 1998 Minutes

AGENDA

MINUTE TAKER: A. Levin

- Review Financials
- Discuss Dissolving Computer Loan
- Review the Journal
- Review the New Brochure
- Determine 1999 Meeting site
- Determine 2000 Meeting site
- Establish policy for those holding jobs for the association
- Renaissance: Accept all submissions and pay extra postage?
- Review Annual Meeting Time
- Recognition of Contributions by David Cain and Ken Newton
- Logo and Name
- See Enclosed Income Statement

FRIDAY BUSINESS MEETING, (5/22/98)

- New Expenses: New Brochure, Web site, e-mail
- Scholarships cost to both publications and conference
- Scholarships—should we reduce them?
- We spent \$6500 in scholarships this year. \$25 K cost for meeting. There is no criteria for scholarship except financial commitment.
- Membership about the same; costs have increased.
- Membership Drive?
- Three journals? We can't afford to do more than two journals a year.
- Do we want to continue to pay for advertising?
- Use of Journal as a place to advertise and get income
- Getting APA to pay to advertise in Journal(?)
- Marge Witty report: Is trying to get Journal information into data bases: Psych Info and Soc. Sci Index.
- Should we merge with British Association?
- At present rate, we'll be in the red next year
- Is it a management issue?
- Each conference needs to make a minimum of \$3000 profit to balance the budget.
- There were 95 registrants at this meeting.
- T-Shirts sold at meeting are to help offset the cost of brochures.
- Betsy Percoske to break even — designer of brochure.
- Do we want to have the organization expand?
- Developing relationship with like-minded, authentic people/organizations;
- Connecting most important, meaning of organization to members; values.
- What we/you leave here with and bring back to your lives has an impact on others.
- Cost effectiveness also important

- One third of members are out of U.S., cannot pay membership fees at present
- Jon suggested a "comment box" in Renaissance by editor of Journal.
- Solicit articles in English from people in other countries.
- Many Europeans think that we don't take ourselves seriously. What are we committed to? Need to maintain and follow through on our commitments.
- Time of Annual Meeting: Interference with graduations; travel costs higher for National Holiday three day weekend. (If meeting is in Alabama next year, it will probably have to be in July after school is out)
- Discussion of change of weekend. Should it be a holiday weekend?
- Brainstorming: ways to increase revenue for ADPCA. Jere from San Diego has a list of these. The most popular seemed to be auctioning off items like "signed" T-shirts, and publications by important people like Bozarth, kisses from Ruth Sanford. (For a "business" section of the regular meeting, this was a blast.)
- Leather-bound book of personal letters of thanks for Ken Newton's work on Renaissance, was brought by David Buckwalter for more additions, and will be presented by him to Ken; recognition of David Cain's contributions not yet completed.

SUNDAY BUSINESS MEETING (5/24/98):

AGENDA REMAINING:

- Meeting Site
- Brochure
- Stipend for Volunteers
- Renaissance
- World Association
- Logo
- Name
- Journal Editor
- \$ Pub of PC Reader
- Ruth's Video

MEETING SITES:

1999: Louisiana

2000 Possibilities: New York, La Jolla CA, Tennessee, or Cleveland OH

2001: Manchester. England; Seems pretty definite

In 2000 there is DEFINITELY an international person-centered conference in Chicago (WAPCCP) in early September. Some concerns about how this will affect attendance at Annual Meeting; and how to schedule around it

(continued on page 4)

BUSINESS MEETING 1998 MINUTES continued

- The Brochure was accepted.
- Money can come in Euro checks to Allan Turner for ADPCA and will be accepted by Robert Oppenheimer for BAPCA.
- The name of the organization was decided to remain ADPCA (Surprise?)
- Responses to Logo varied.
- It was voted to keep the name Renaissance.
- Policy Statement accepted; editor of Journal empowered to choose associate editors
- Nomination and unanimous election of Jo Cohen as Journal Editor.
- Marge Witty continuing as Associate Editor. (Jo and Marge have been acting Associate Editors.)
- Paula Bickham has been functioning as editor of poetry and special works.
- List being compiled of regular reviewers
- Include serious advertising.
- Marge will follow up on serious advertising. Will try to get meeting info into APA data base.
- Julia will not continue to pay for loan for computer. She wants to be reimbursed for the \$300 she has paid and wants computer to be property of ADPCA.
- Postage for extra pages of Renaissance: if not, on what basis do we exclude submissions? Offers to help on decisions re: inclusion: Audrey Levin, Jere Moorman, Ned Gaylin, Julia Rabin, Kathy Moon, David Buckwalter.
- Offer made by anonymous donor to cover postage for 2nd ounce: Renaissance accepts donations with no strings attached.
- Discussion of stipend for volunteers (Jody, Jo Cohen). We are postponing a decision about stipends until the next budget. The policy for stipends is the same for 1999. At the next meeting a decision will be made on establishing a stipend policy for the future. People serving the organization are free to apply for a scholarship and their needs take precedence.
- Julia will create a budget for the next meeting.
- There was general approval for the Boston Committee which worked so well together: Matt, Carole, Julia, and Deborah, plus many others.
- Ruth's tape: Memories of Carl, Ruth. Cost Contributing sponsors. Jan will arrange master copy. Ruth will review tape and possibly edit and title. Table for next year after costs are known as to who will distribute costs. Video copyright by ADPCA. [I, Audrey, may be willing to do this depending on when and how much—This is not part of minutes]

- Brainstorming at regular Community Meeting about ideas to raise money. Jere seemed to be the one who was in charge of this and should be sending in a separate report. Non-profit status to be investigated by Jere.
- Authorize \$500 for advertising. Call for papers and membership.
- Articles will be submitted to Renaissance about World Association and P.C. Reader.

Reply to Joe Hochberg's Letter**(PRINTED IN RENAISSANCE 15:2)**

Dear Joe,

I feel I need to respond to your letter which mentioned the Sheffield conference (10 Years On). It was not organised by BAPCA, but by the Institute for Person-Centred Learning (IPCL) with the Counselling Service at Sheffield University. I do feel a certain shame at the lack of availability in the UK of conference meeting places with modern facilities for people with disabilities. There are such places, but at prohibitive prices and I regret that Sheffield University has no campus with such amenities. I want to put the record straight. As you are aware, there were microphones available, which were used during the three presentations. I do not know why the community decided not to use them, as I could not attend, due to other responsibilities. I would also like to add that a participant with impaired hearing had contacted us well in advance and we had been able to borrow a personal loop system for her which helped to a limited degree. A signer was provided to enable two profoundly deaf counsellors to participate on the days they had selected. I do agree with you that facilities were not good, which was partly my responsibility, but I do not want ADPCA members to have the impression that thought had not been given to these issues and we did our best! I should also like to say how much we appreciated your travelling to be with us for this conference and hope your trip was worthwhile, despite your negative experiences.

Best wishes
Irene Fairhurst

What's on the Internet?

BY ALAN TURNER

People often asked me to write a regular piece for this newsletter about the Internet and I always intend to do it. This time I've actually got round to it! There is something of a paradox in writing about a media that changes daily (the Internet) in a media that needs a lead-time of a few weeks. I thought it might be helpful to tell you about some of the Person Centred resources that are available on the World Wide Web.

ADPCA SITE: (<http://www.adpca.org>)

This site has now been up for a few months and is just moving from the "under construction" stage to being regularly useful. Probably its most interesting feature at present is the list of papers, many by eminent Person Centred practitioners, which are available. Not only can you read these papers but you can download them and print them for future reference. The original papers are stored on Matt Ryan's and my own sites. Matt is no longer adding new papers to his list, but I will accent new ones. I preferred to receive them in digital form (by e-mail or on floppy disc).

The next big project for this site is to add a list of all ADPCA members, indexed by country. This will be organised nationally and will list simply your name as basic information. We hope this would provide useful information for visitors to our site and in the case of our "famous names" search engines are more likely to find the site if we can include such names. We are happy to include additional information if you would like it. This could include your full address, telephone number and

e-mail address or a cut down version of that. We thought it would be fun to include photographs and if you would like to include brief information about yourself that could also be helpful (I intend that you talk about your interest in the Person Centred Approach — not that you collect stamps and were Miss America in 1984).

If possible please send this information via e-mail to Allan Turner at allan@pctmk.powernet.co.uk. The street address is a 9 Comfrey Close, Walnut Tree, Milton Keynes, Buckinghamshire. MK7 7BY United Kingdom.

BAPCA SITE: (<http://users.powernet.co.uk/bapca/>)

This is a brand new site, which we can expect to see soon. The British Association for the Person Centred Approach is growing rapidly and the site will become its Internet window to the world. If things go really well it will be possible for you to read this article on their site but it may be some time before that kind of detailed information is available.

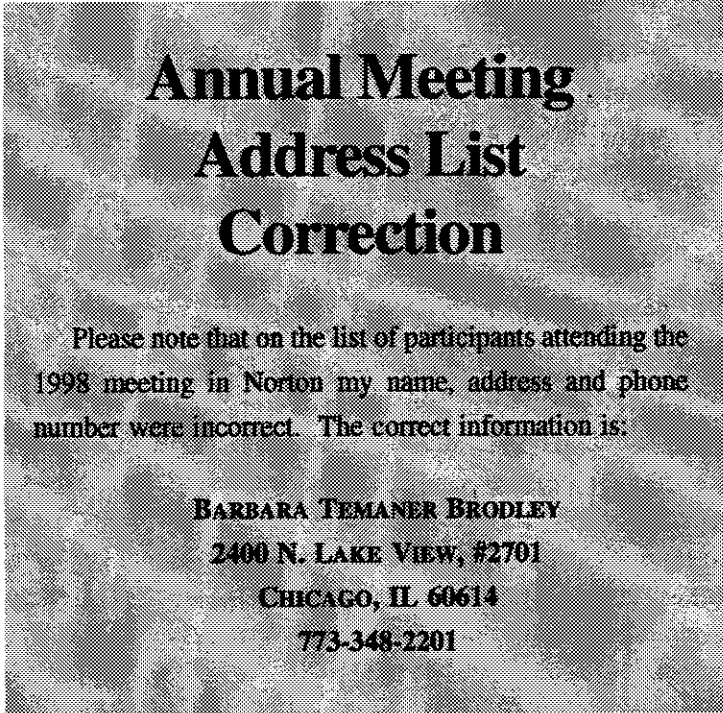
ALLAN TURNER'S PERSON CENTRED WEB SITE: (<http://users.powernet.co.uk/pctmk/>)

This is my own site and in Internet terms it is well established. I try to provide information about anything that is Person Centred — anywhere in the world. My recent large project was to reorganise all the information listing counselors with at least 300 hours specific Person Centred training. There are literally hundreds of counselors listed. If you are listed and have access to the Internet I would like you to check that the information about you is correct. If you are not listed, but would like to be, please get in touch with me.

I have most recently been working on information about Person Centred training courses. The list is indexed by country and covers everything from short, 60 hour courses (Strathclyde University has the largest number of entries) through to PhD courses.

All three sites listed above used my list of "Person Centred links" and therefore provide a gateway to many other Person Centred sites around the world.

I look forward to seeing you in cyberspace!



Annual Meeting Address List Correction

Please note that on the list of participants attending the 1998 meeting in Norton my name, address and phone number were incorrect. The correct information is:

BARBARA TEMNER BRODLEY
2400 N. LAKE VIEW, #2701
CHICAGO, IL 60614
773-348-2201

ASSOCIATION for the DEVELOPMENT
of the PERSON-CENTERED APPROACH

1998 BUDGET

EXPENSES:

Annual Meeting Costs*	\$ 30,000
Renaissance	2,962
Person-Centered Journal**	5,202
Office***	375
Membership Directories	450
Web Site	300
E-mail Expense****	600
P.O. Box rental	40
Travel expense (annual Mtg)	400
Computer Loan pay back *****	655
TOTAL EXPENSES:	\$ 40,984

INCOME:

Membership Dues	\$ 12,000
Annual Meeting Fees	35,000
Interest on checking acct.	119
TOTAL INCOME:	\$ 47,119

NET GAIN/LOSS \$ 6,135

*The annual meeting EXPENSE on average is \$30,000. On average \$35,000 INCOME is generated. The average gain is \$5,000.

**Publishing at the rate of two issues per year.

***This includes costs of renewals, computer supplies and postage.

****E-mail is high because there is no local server where I live. All calls are toll calls. I am looking into less expensive alternatives.

*****The loan originally made to me to purchase the computer will be paid back to me. The computer is now ADPCA property.

This budget comes at the request of those attending the Business Focused Community meeting in Boston, May 98. It was created by taking the average costs over the past four years. This is a first snap shot of the expected costs for this year starting July 1 1998. I will publish a more detailed Budget and Balance sheet in a upcoming Renaissance. If you have questions contact me at jlrabin@aol.com or by phone 978-544-6512.

Julia Leete Rabin

BRAINSTORMING

Ideas for ADPCA Fundraising

(Part One)

- Offer opportunities for giving gifts.
- Increase registration fee by \$100.
- Better welcoming of newcomers.
- Limit repeat scholarships to no more than three years.
- Have a wet tee shirt/tight briefs contest for all people over sixty.
- Auction off personal items.
- Advertise on world wide web.
- Kissing booth.
- Group picture and sell to members and attendees.
- Have a fund-raising meal with cooperating restaurant.
- Participate in health fairs.
- More efficient mailings.
- Tithe to ADPCA from other professional activities.
- Advertise ADPCA at other professional presentations.
- Pre-payment option for next conference/invest the money.
- E-mail lottery.
- Donate one day of earnings.
- Charitable remainder trust.
- Open meeting to outsiders.
- Book.
- Publish conference proceedings.
- Speaker's bureau.
- Everybody bring a new member.
- Develop a publishing company.
- Promote workshops by ADPCA members; some of revenue to ADPCA.
- Sell C. Rogers transcripts/tapes/etc.
- Silent auction.
- Benefit dinner at other end of country from where meeting is.
- ADPCA calendar.
- Raffle.
- Pledge.
- Donation in memory of.

Note: This is a partial list. There are many more to come for the next issue. Please send any additional ideas to Jere Moorman at jeremoor@aol.com.

Thank you.
Jere Moorman