

RENAISSANCE

Quarterly Newsletter of the Association for the Development of the Person-Centered Approach

Winter, Volume 15, Number 1, 1998

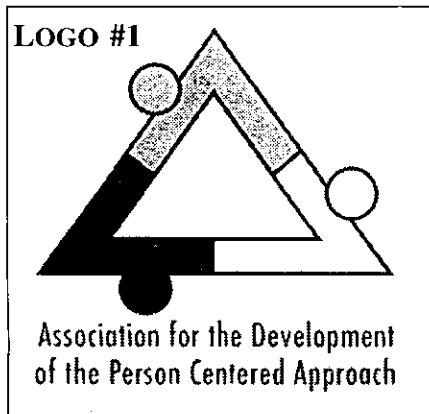
"The Person-Centered approach, then is primarily a way of being which finds its expression in attitudes and behaviors that create a growth-promoting climate."

Carl R. Rogers

Feedback Requested on Logos and Names

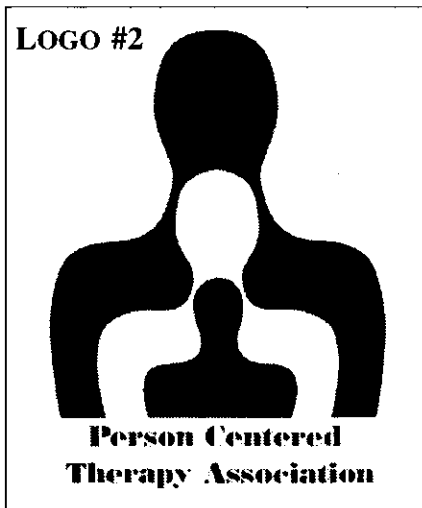
JO COHEN

During a business meeting in Tampa (ADPCA 1995) it was agreed that I would manage an advertising budget of \$1,500.00. To date, nearly \$1,150.00 has been used. Expenses have included: Ads for ADPCA meeting in Kutztown (ACA

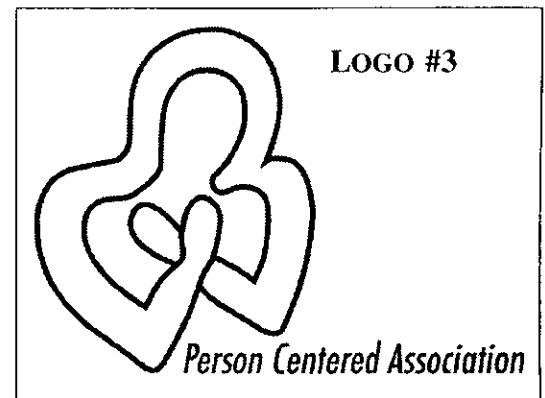


Counseling Today and APA Monitor), Ads for ADPCA meeting in Las Vegas (ACA Counseling Today), ads for membership (ACA Counseling Today; AHP's Perspectives), and a call for papers ad (ACA Counseling Today). In addition, I spent \$100.00 (a

relatively small sum I think) to hire a communications design artist who was instructed to develop three possible logs for the association, and three possible headers for the newsletter. My intent was to generate a visual image that people could identify with the association, and that perhaps could be considered a trademark for identifying ADPCA sponsored events. Being a relatively new ADPCA member (since Tennessee), I have no knowledge of the history behind the name Renaissance, and so I have only my reaction to the name at present — it seems archaic and unrepresentative of the publications' content (even though the implication, like the term "revolutionary" is that of a paradigm shift). I tried to convey the associations' purposes to the artist, presented a brief summary of Rogers' core conditions and



thoughts re: actualization, gave some examples of journals and newsletters, described a bit of our process in decision making and meeting, and



then asked for three logos and three headers. I explained some of the differences of opinion on the name of the association, and requested experimentation with that as well. The artist explained that choosing a logo didn't mean that the name of the organization presented with it had to be used. I am presenting this material for comments and reactions before the ADPCA meeting in Boston in 1998. Personally, I like the name Person Centered Association, and I like the newsletter name Elan Vital (Italian meaning vital force). I don't have a clear logo preference, but I think I like the softer person within a person. I welcome your responses, which I will

(continued on page 2)

One More Logo Submission

FROM RICHARD BRYANT-JEFFRIES

The Chinese Characters which make up the verb "to listen" tells us something significant about this skill...



World Association for Person-Centered Counseling and Psychotherapy (WAPCCP)

*An Association for the Science and Practice of Client-Centered
and Experiential Psychotherapies and Counselling*

PROVISIONAL STATUTES

The Association was founded on July 8th, 1997 on the occasion of the Fourth International Conference on Client-Centered and Experiential Psychotherapy (ICCCEP) in Lisbon, Portugal. The provisional statutes became effective on July 11th, 1997.

I. PRINCIPLES

The aim of this Association is to provide a world-wide forum for those professionals who have:

- a commitment to the primary importance in therapy of the relationship between therapist and client,
- an essential trust in the experiential world of the client and its centrality for the therapeutic endeavour,
- a belief in the efficacy of the conditions and attitude conducive to therapeutic movement first postulated by Carl

Rogers and a commitment to their active implementation within the therapeutic relationship,

a commitment to an understanding of both clients and therapists as persons who are at one and the same time individuals and in relationship with others and with their environment,

an openness to the elaboration and development of person-centered and experiential theory in the light of current and future practice and research.

II. GOALS

The association has the following goals:

- to further cooperation between person-centered associations, institutes and individuals on an international level, especially in the field of psychotherapy and counselling,

(continued on page 3)

Logos and Names continued

collate into a list of responses. Please call, write, e-mail, or fax with your reactions.

Jo Cohen
Department of Counseling
Kutztown University
Kutztown, PA 19530
e-mail: cohen@kutztown.edu
fax: 610-683-1585
phone: 610-683-4211

ADDENDUM:

For clarification, there has not yet been a group decision to change the logo or to change the names of either the Renaissance or the organization — but there was enough interest in exploring alternatives, that this effort was made.

Basically, the three logos can be considered for the purpose of advertising AND the cover of the journal AND for use on Renaissance AND on any other ADPCA related publication (e.g., membership forms).

There are also three possible titles for the newsletter, which is now known as Renaissance. The logos might also be used in addition to the new title adopted (IF one is).

The running head title names of the association can be chosen separately from the logo, but were included just to show the logo and title combination.

HEADER A

TRANSCENDENCE
The Quarterly Newsletter of the Association for the Development of the Person Centered Approach

HEADER B

élan vital
The Quarterly Newsletter of the Association for the Development of the Person Centered Approach

HEADER C

EXPRESSIONS
The Quarterly Newsletter of the Association for the Development of the Person Centered Approach

I would like to get peoples' feedback regarding:

1. preferred logo
 2. preferred name for the association
 3. preferred title of Renaissance
 4. dissatisfactions and other reactions regarding all three elements above.
- Jo Cohen*

WAPCCP continued

to support/facilitate person-centered associations, institutes and individuals in their work,

to promote the person-centered paradigm and to support and encourage the scientific study as well as the improvement of practice in this paradigm, specifically in the field of psychotherapy and counselling,

to engage in socio-political processes to ensure the continued contribution of the paradigm in health, education, academic contexts etc.,

to exchange ideas with other psychotherapeutic orientations and to stimulate cooperation in the field of psychotherapy and counselling,

to have a commitment to the organization and support of international conferences, in particular the International Conference on Client-Centered and Experiential Psychotherapy (ICCCEP),

to produce a high-quality journal in the English language and to foster the exchange of research, theory and practice

ORGANIZING GROUP AND PROVISIONAL BOARD

I am sending you the list of members of the Organizing Group (OG) and the Provisional Board (B) of the World Association for Person-Centered Counseling and Psychotherapy, designated in the constitutive meeting in Lisbon, Portugal, last July, during the 4th International Conference on Client-Centered and Experiential Psychotherapy.

Alberto S. Segrera

		OG	B
Olaf DE HAAS	Netherlands	Cnslt	—
Minoru HITACHI	Japan	X	—
Joao HIPOLITO	Portugal	X	X
Shang HO	Korea	X	—
Elke LAMBERS	United Kingdom	X	X
Germain LIETAER	Belgium	X	X
Bernard NEVILLE	Australia	X	—
Maureen O'HARA	US	X	—
Peter F. SCHMID	Austria	X	X
Alberto S. SEGRERA	Mexico	X	X
Suzanne SPECTOR	US	X	X
Marcia TASSINARI	Brazil	X	—
Joao TEIXEIRA	Portugal	X	—
Brian THORNE	United Kingdom	X	—
Vladimir HLAVENKA	Slovakia	X	—
Paulus WACKER	Germany	X	—
Margaret WARNER	US	X	X
Paul WILKINS	United Kingdom	X	X
Elisabeth M. ZINSCHITZ	Austria	X	—

among language groups through existing journals and other means.

III. STRUCTURE OF THE ORGANIZATION

The structure of the organization corresponds to person-centered principles. The association is open to both organizational and individual members. It invites into its membership existing national organizations, major agencies, and training institutes within the university system and outside of it which adhere to its principles and its goals (see I. and II.).

At all levels of membership the principle of local autonomy is maintained. The authority of the Association can only be applied to its composition, to cooperation in the Association and to its external relationships. The Association must not interfere with the rights of national and international organizations.

For the first period till the next General Assembly on the occasion of the IVth ICCCEP a Working Group is elected. First tasks are to (a) develop a detailed constitution and regulations which on the occasion of the Vth Conference in the year 2000 will be submitted for resolution to the General Assembly, (b) invite members, (c) manage the organizational necessities and budgets for the initial provisional period, (d) elect an Executive Board to represent the Association and further its communication with the external world on ongoing matters which must be resolved rapidly.

The members pay a membership fee to meet any expenses. A fee for the first year is to be decided at the time of foundation by those founding the Association. (organizations: up to 50 members: 100 US\$, 51 to 100 members: 200 US\$, more than 100 members: 300 US\$; individuals: 20 US\$).

Elisabeth Zinschitz, Austria

ADPCA Web Page Under Construction

The ADPCA webpage is under construction and available for viewing on the world wide web (<http://www.adpca.org/>). The web committee welcomes editorial, scope, and content suggestions for the new page. The committee hopes to be able to include on the web page short personal statements by ADPCA members. Please send editorial suggestions and any personal statements you would like included to adpcaweb@uhs.uchicago.edu or to ADPCA WEB c/o Allan Turner, 9 Comfrey Close, Walnut Tree, Milton Keynes. MK7 7BY. United Kingdom.

World Association for Person-Centered Counseling and Psychotherapy (WAPCCP): A Commentary

HISTORICAL DEVELOPMENT

After several months of constant query and discussion on the cct/pca computer network, Elizabeth Zinchitz of Austria graciously provided a historical description of WAPCCP ("World"). The following is a direct quote of an e-mail sent 11/18/97 from Elizabeth. "At the July 1996 World Conference on Psychotherapy, the PCA was not as well represented as it could have been. This led to discussions in an informal meeting of 30 people in Bad Hall, Austria. After this meeting, a letter was sent to several international cct/pca associations and to this network (see the copy I am sending to the network). People were asked to spread the information and to send reactions before April 1997. It mentioned the intention to found such an organization in Lisbon in July of 1997. The topic was announced again as part of the program for all people who had registered for the 4th ICCCEP in Lisbon. In Lisbon there were two evenings where the topic was discussed intensely and there was a decision made to form a core group of a few people to work out a proposal of statutes and structures which could then be presented at the 5th ICCCEP Conference in Chicago in the year 2000. There was a "working" group of about 15 members who would look at possibilities for a Journal and other things that would come up. I do not remember all the names of the people involved, but I know that there were some Europeans, Americans, Australians and Japanese involved. Representatives of as many continents as possible would be more than welcome. People were asked to propose persons who were not present. As nobody has the money to go traveling around the world, it was decided to work through e-mail, faxes and telephone. A first Board would only be chosen in 2000 in Chicago after the ratification of the proposals of the core group. In the core group are Germain Lietaer, B., Margaret Warner, USA, Paul Wilkins (secretary), GB. As for the working group, I remember: Maureen O'Hara, USA, Paulus Wacker, D, Joao Hipolito, P, Bernie Neville, AUS, Antonio Segrera, MEX, Joao Marques Texeria, P, Vladimir Hlavenka, Slovakia, A French person, A Japanese person, Olaf de Haas, NL as an advisor. I apologize for any name I forgot. Elizabeth." [Editor's note: Please see "Organizing Group and Provisional Board" submitted by Alberto Segrera, this issue, page 3.]

ISSUES

FORMATION PROCESS: I think that the formation of "World" was carried out under inordinately under-representative circumstances, i.e., a "core" group of 6-8

persons and a "working" group of about 15 with a total conference of 100+. First, I think the confusing of the Lisbon conference with the larger client-centered world is a highly narcissistic act. The cct community is not a small conference. Second, although it was announced for those persons who registered for the Lisbon conference, the founding AGENDA was never presented or announced to those persons unable to attend Lisbon. I think this was grossly undemocratic. Further, at that time, there was very minimal coordination with other client-centered groups. **WHETHER INTENDED OR NOT, THE IMPRESSION LEFT WAS ONE THAT DID NOT HAVE A WIDELY LEGITIMATED PROCESS NECESSARY FOR A WORLD ORGANIZATION.** I think it would have been more appropriate to initiate this process with an inter-organizational congress. This was probably not done on purpose. Why? A member of the "core group" is quoted as saying "they did not coordinate with other organizations because they were afraid ADPCA would stop it." Further, Journal development was initially started at a small European conference with an editorial board appointment. This was later acknowledged as lacking authority and considered a "mock fantasy"!!!

2 EXPERIENTIAL THEORIES: The initial exploratory meeting in Bad Hall, Austria met and produced a statement committing to client-centered/experiential principles. I read and felt reassured that any new organizational developments would be based on the familiar philosophical-theoretical grounds of Rogers/Gendlin. I now feel that document obscured strong differences between a client-centered tradition and the "process-directive" experiential approach. While I certainly respect the highly researched basis of "process directive," there are subtle, yet strong philosophical and theoretical issues apparently around directivity.

Although described as being a "broadly based representation of experiential approaches," Gendlin was not informed. Mahrer was not informed. The experiential computer network was not informed. Apparently only the "process-directive" approach was represented in the document.

INCLUSION/EXCLUSION: In Lisbon, one hundred plus conferees chose to exclude non-professional therapists from the world organization. In my opinion, this was done to politically strengthen "world" in its self declared motive to get a "piece of the insurance cake." (Quote from a member of the working group.) The sociopathic norms of managed

(continued on page 5)

WAPCCP: A Commentary continued

care are capitulated to without a question. It took FIVE MONTHS of pressure to get information for the cct/pca network. INTENDED OR NOT, IT WAS A PATTERN TO EXCLUDE FROM THE FORMATIVE PROCESS. After the decision making nucleus of the organization was set, then "everyone is invited in." The decision making nucleus was self-selected and not elected from the wider cct community.

TOWARD POSSIBLE RECONCILIATION

Elizabeth Zinschitz of Austria must be given credit for extending an empathic "olive branch" by providing documents and engaging in long computer dialogues. I am hoping she will attend the next ADPCA meeting.

I am concerned about the possibility of the World Organization and ADPCA splitting into a European-American polarization; therefore, weakening the Client-Centered movement on an international level. I think there are several causes for this possible polarity. Anti-American resentment may play a minor role. Over and over, I hear "Americans are history." I think theoretical-philosophical constructions may also be a factor — the non-directive view having more favor in the US. I think the shifting demographics of the client-centered world to Europe contributes to tension for re-alignment. In addition, there is increased pressure for the further formalizing of training from the European Psychotherapy Association. I also think the failure of ADPCA to include Europeans in leadership and to sponsor overseas workshops may have contributed further attention. I think competition for journal articles, as has been suggested, will add to splitting. I further think competition for international membership will add more tension.

I would like to suggest possibilities that might give all concerned parties representation.

I think that there should be a genuine "world congress," composed of all cct organizational representatives so we avoid "rubber stamping" in Chicago. If it is truly representative from the beginning, then I think the cct world will have "healthier" power diffusion.

As a second possibility. I think there might be a "peace conference" between ADPCA and "World" to share issues and to perhaps meld into an improved body inclusive of all cct organizations.

At minimum, it would be appropriate to schedule a serious debate at the Chicago conference, instead of a minority determining policy for the whole cct community. (Implied in language of "World".)

CONCLUSION

Fundamentally, the concept of a world organization is a valuable one. It will increase intellectual contact and provide

many opportunities for sharing. I think the process, so far, does not accommodate an adequate dispersion of power in its formation. If not addressed, we may have to suffer a further loss in professional status by a further splitting of the Person-Centered/Experiential community. Particular attention needs to be focused on the development of a journal, where the philosophical views of the editor and the editorial board are important in determining what gets published and by whom. There are strong intellectual convictions in the total movement and they ALL deserve representation. The journal is the image and substance presented to all other psychotherapies.

It is my hope that this brief commentary will stimulate members of the cct/pca community to formulate and express their own views on this historic development.

Garry Prouty

Address Corrections! Please note!

My copy of the ADPCA membership list arrived, and I find my name, and my daughter Noah's name are incorrectly listed. Our family names are not Temaner, but that name is used by both of us as a middle name. Also, Noah's address is changed. Would you be so kind as to place a correction notice in the next Renaissance that our names are under the letter B for me and J for Noah? As follows:

Brodley, Barbara Temaner (address is correct)

Jenkins, Noah Temaner

431 So. Dearborn St. #1401

Chicago, IL 60605

(h) 312-922-8038 (correct in the listing)

(w) 312-362-6535 (changed)

E-mail: njenkin1@wpost.depaul.edu

Thanks! Barbara

Dear friends:

There is a change of e-mail addresses in the whole university.

Take note. My e-mail is: albertos.segrera@uia.mx (as you see, there is an s after alberto, so there will not be mistakes between my son and I). Messages sent to the old e-mail will be forwarded automatically for some time.

Your friend,
Alberto Segre

THE SECOND ANNUAL

Person-Centered Meeting

at the Eastern Psychological Association

BOSTON, MA
MARRIOTT COPELY PLACE

Co-Sponsored by the Association for the Development of
the Person-Centered Approach

FRIDAY FEBRUARY 27, 1998, 8 A.M.
TO SUNDAY MARCH 1 AT NOON

CLIENT-CENTERED WORKSHOP SERIES

Featuring 15 Panel/Symposia Presentations:

- Person-Centered Confrontation: An Oxymoron?
- European Developments in Pre-Therapy Over the Past Decade: Part I
- European Developments in Pre-Therapy Over the Past Decade: Part II
- Person-Centered Supervision
- Person-Centered Principles Meet Person-Centered Action
- The Reflective Feedback Group
- Client-Centered Career Counseling: Theory, Research, and Video Tape Demonstration
- Psychotherapy With Children and Adolescents Applying Person-Centered Methodologies
- Counselors-In-Training Mentoring Counselors-In-Training
- A Dialogue in Diversity
- Still Becoming A Master Counselor: Processes of Transition and Growth at a One Year Follow-Up
- Person-Centered Applications In Elementary Through High-School Settings: Focus on Prevention
- Can Person-Centered Therapy Be Brief and Directive?
- Toward a Person-Centered Developmental Psychotherapy With Therapist Fallibility
- The Psychology of Women and Carl Rogers' Phenomenological Theory of Self-In-Relation

PRESENTERS:

Ed Bodfish	Ed Kahn	Claire Rambo
David Clewell	Tish Leitzel	Susan Reffie
Jo Cohen	Teri Mertz	Ruth Sanford
Liz Fox	Mike Mosko	Laurie Silverstein
Taryn Galomb-Lopez	Robert Oppenheimer	Chuck Stuart
Lewis Gover	Erik Peters	D. Ann Turoczy
Nicolle Graaf	Marlis Portner	Margaret Warner
Seth Grossman	Garry Prouty	Carol Wolter-Gustafson
Ruth Hassan	Herbert Purdy	

NOTE: Community Meetings are scheduled for Friday and Saturday Evening, and for Sunday Morning.

FOR MORE INFORMATION:

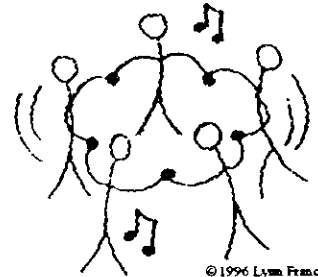
Contact Jo Cohen at:
cohen@kutztown.edu or 1-(610)-683-4211

Self-Awareness in Dance

RICHARD BRYANT-JEFFERIES AND LYNN FRANCES

We have designed a new workshop which we are offering to people involved in the Person Centred Approach or training in counselling, psychotherapy and psychology.

Dancing into the Core Conditions



© 1996 Lynn Frances & Richard Bryant-Jefferies

This workshop will enable participants to experience the core conditions of congruence, empathy and unconditional positive regard through Sacred Circle Dance, visualisation and group discussion. We will use dances that involve:

- moving individually, to explore **congruence**;
- the whole group holding hands and moving in a circle, to experience **empathy**;
- one-to-one interaction, to express **unconditional positive regard**.

It is our belief that the person-centred approach (PCA) can be applied through movement in a powerful and revealing manner. Sacred Circle Dance acts like a mirror. We stand in front of a mirror and see our own physical reflection; we bring ourselves into the dance and experience who and how we are. We can do this individually, in relationship with individuals, and in relationship with the group.

Lynn has been teaching Sacred Circle Dance since 1983 making her one of the most experienced teachers in the UK. Richard is a client-centred, BAC accredited counsellor, currently working in the field of alcohol addiction. We both have an interest in personal and spiritual growth. We have been running "Self Awareness in Dance" workshops (inter)nationally for the past four years and have a reputation for our innovative use of dance in a relaxed atmosphere to promote personal insight.

For a programme, or further information about any of our activities, contact us:

The Hart Centre
2 Harts Gardens
Guildford, Surrey GU2 6QA
Tel/Fax: 01483 532153

E-mail: lynnrichard@hartcentre.demon.co.uk
Web site: <http://www.hartcentre.demon.co.uk>

WARM SPRINGS: An Annual Pilgrimage

by Doug Bower

In 1987, I drove the back roads of Georgia from Athens to Warm Springs to attend my first Person-Centered Workshop. I approached the event with a spirit of humility, and expectation. I would be meeting some of the practitioners I had read and heard about. It was also to be for me a personal test of participation and carving out a space for myself. I felt intimidated and excited about the prospects.

I was pleased to feel a part of a group of students who had aligned themselves with the approach. I had delusions that we could be part of the next generation of person-centered researchers, scholars, and practitioners that would continue the flame of maintaining the tradition. As a whole, I feel like we dropped the ball. There have been no major contributions from the group on behalf of our understandings of the person-centered approach. However, for the most part, there has been a dedication to the approach that has remained. I myself, though, have not reached the level of performance that I had hoped for.

Still, we did help lay the foundation for the annual Warm Springs workshop. As best I can tell there are three folks who have been to every one of those events: Jerold Bozarth, David Spahn and myself. I can of course only speak for myself concerning this event.

I approach each event with a love/hate attitude. I look forward to seeing folks whom I have not seen for a year or more. It always amazes me how many times we seem to pick up where we left off. I have enjoyed expanding my world to a national and international level. The interactions there have helped me grow my own personal world, enabling me to share my positive and negative side.

I have also been amazed at the spectrum of the human experience that emerges at Warm Springs. There is doubt, anger, frustration, joy, celebration, ecstasy, and humor. I have found myself lamenting that in my professional life as a clergy and counselor that I have not enjoyed the comradeship with my colleagues in my daily life that I have enjoyed with colleagues in the person-centered approach. I have often felt that Warm Springs reflected the openness that I have always associated with what it means to be a Christian, to love another and to share diversity of faith with acceptance. In this, I think I have gotten a glimpse of the grace of God. I prize the range of my experiences at Warm Springs.

But the event has also been unpleasant. I have felt unimportant, useless, out of place on countless occasions. I

often have to talk myself into staying. Indeed, I left early once as I felt that coming home would definitely be a step up from what I was experiencing at the workshop, and it was. However, I have never remained the entire time as I have obligations on Sunday that I wish to fulfill. I seek not to romanticize the event. At times, it is traumatic. I have presented three times. The first two times, no one attended but me. That was traumatic. The third time, I used a Star Trek episode called "The Empath" which bored people, but which did generate some interesting discussion in a small group on the impact of empathy on the therapist. I do not now have faith in offering myself up to do presentations. That is disappointing to me as I am used to getting attention as a clergy, speaker, and politician.

In spite of the trauma, I treasure the boredom and frustration of sitting in an unstructured environment far more than I treasure the boredom and frustration of sitting at the feet of the lecturer where I feel I have to keep my mouth shut or be disruptive. If I wait until a presentation is over, I forget what questions I have, or they somehow seem inappropriate to ask, or I stuff them while others ask questions. I like to be able to ask my questions as I encounter the material rather than trying to ask them after the material has passed by. At a lecture, I probably will not participate verbally due to experiencing too much anxiety. At Warm Springs, I also do not always verbally participate, but knowing that the opportunity is there to verbally participate is important to me. I generally feel that if I have something to say, I can.

And so I look both with an anticipation and dread at this year's Warm Springs workshop. I anticipate meeting new folks and getting a chance to interact with friends. It often strikes me that we are in this event together, even if people aren't in the community meeting. The community meeting has become central for me. It is the only event where I can see what is going on. If we split up in small groups, or go in different directions, I miss, we miss something. I don't pretend though to want the community meeting the entire time as it is fatiguing. But here we share the commonality of our diversity and our diverse experiences.

I leave this writing wondering if the reader feels garbled or confused about what I just wrote. I hope so, because that is what I feel, garbled and confused about this love/hate relationship I have with Warm Springs.

THE PERSON-CENTERED APPROACH

EXPLORING THE WORLD OF ANOTHER AS IF...

WARM SPRINGS WORKSHOP
FOUNDED 1987
.....

TWELFTH ANNUAL MEETING
February 18-22, 1998

PROGRAM

WEDNESDAY, FEBRUARY 18

- 5-7 p.m. Registration
- 7 p.m. Large Group Session

THURSDAY, FEBRUARY 19

- 9 a.m. - Counseling, Psychotherapy & Helping Relationships
- 9 p.m.

FRIDAY, FEBRUARY 20

- 9 a.m. - Family Therapy: Persons, Systems & Techniques
- 6 p.m. * Steak Dinner - Social
- 6-8 p.m.

SATURDAY, FEBRUARY 21

- 9 a.m. - Professions and Ethics:
- 9 p.m. Individual, Group & Family

SUNDAY, FEBRUARY 22

- 10 a.m. - Last Meeting
- 12 p.m.

FACULTY

Persons internationally recognized as being involved with the person-centered approach have agreed to participate as faculty.

LOCATION

Warm Springs Rehabilitation Center, Warm Springs, Georgia. Facilities are rustic and participants will share rooms. There are bathroom facilities in each room.

FEES

- Registration \$150
- Room \$40/night/double room
- Sliding Scale fees for registration can be arranged.
- Meals are available in the cafeteria.
- Some limited scholarships are available.
- All fees are due by January 15, 1998**

“The individual is always in process, always striving toward recognition of his or her inherent potential, never losing the dynamic movement and striving.”

Jerold Bozarth
Quantum Theory and the Person-Centered Approach
Journal of Counseling and Development
Vol. 64, No. 3, p. 181

“What is fundamentally assumed [in client-centered therapy] is the potential to change...It underlies all belief in growth, education, and therapy. The change could be in any direction, but the prediction is that it will be in a positive direction...The establishing of certain conditions — such as a nourishing environment — has a predictable, encouraging, but not controlling, effect.”

Ronald Levant & John Shien
Client Centered Therapy and the
the Person-Centered Approach, p.3

The Person-Centered Approach February 18-22, 1998

LIMITED ENROLLMENT: Early registration is suggested to guarantee a room.

Name

Street Address

City, State, Zip

Phone: (home)

(work)

Make checks payable to: Person-Centered International

Mail to:

Jerold D. Bozarth, Ph.D.
Person-Centered International
1160 Hunting Creek Lane
Watkinsville, GA 30677

Inclusion/Exclusion Revisited

PCA/CCT/ADPCA ALL, FROM BILL BARNARD:

Thank you for your 25+ responses in Las Vegas and by e-mail (mostly private and that says something, too) to my minority report concerning ADPCA's 1997 acceptance of the proposal by the planning committee in Boston for 1998. I have already responded to the public messages on the e-mail network. Thank you, in particular, Paul B., for your very recent public message (also printed here), for your late night understanding of my response in Las Vegas, for your own clear response, and for looking with me at how you (in the beginning), like many others, would say, "Of course exclusion is wrong," then proceed to try to convince me to "go along with it."

I do feel heard by some and not others, (though in a minority of one about how to proceed), and the range of responses is as wide and broad and complicated as the number of people involved. One politically incorrect individual in Las Vegas said, "Just let the girls have their own way! They get really angry, you know, if they don't get their way." Another said, "Carl's ideas only apply in the one-to-one counselling session, not in business meetings."

Inclusion and exclusion are not new to ADPCA meetings, however. A member of the e-mail network recently reported

hearing scary tales about David Cain, an early ADPCA leader being "beheaded" in an ADPCA community "for taking the responsibility others gave him." My view of that history, since I was present at that meeting, was that it was "deja vu all over again", as they say in baseball. David Cain had made many noteworthy contributions to the person-centered movement: helping to found ADPCA, editing and establishing the Journal, and creating Renaissance, for starters. The problem was that others in ADPCA were excluded from the editorial duties, planning, and running of the enterprise. David argued that it was far more efficient for him to select like-minded, local, and trusted friends with the required expertise for the tasks (and I would agree with him — if task efficiency was the only goal of the movement), and he and his local team could keep right on doing the Journal and Renaissance for the ADPCA.

Members argued very strenuously for openness, self-direction, and inclusion of all ADPCA members, new and old, in the planning committees for all ADPCA events and functions. I personally experienced this face-to-face power struggle as very respectful to all concerned, very appreciative
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Responses to Bill Barnard's Letter

(the one in the Fall issue of Renaissance)

Bill Barnard's recent letter in Renaissance elicited mixed emotions in me. I too felt that the proposal for the Boston annual meeting in 1998 was marred by the provision to exclude some ADPCA members from the planning and preparation. It is my understanding that two members were specifically excluded, not the entire collection of Massachusetts area members Bill enumerated.

I spoke to those two members before leaving Las Vegas, and I was heartened by their responses. I will not attempt to summarize their words; each of them can speak for himself. And I speak for myself when I say that I do not feel excluded from any part of the Boston '98 preparations. I hope to become more involved in the next few months, and I look forward to meeting many members and friends in May.

I respect Bill's position. He has wrestled with his decision not to attend, and finds that it is his only right path. If I understand him correctly, he is not asking anybody else to stay away from Boston. If this whole issue is worth discussing, the annual meeting seems an appropriate forum. I will endeavor to place an empty chair in a room where discussion might take place. Bill is not coming, but his spirit will fill that room. I thank him for that.

Paul Blanchard
PATHwHEART@AOL.com

Response to Bill, from Matt Ryan

I want to respond to the open letter from Bill Barnard that appeared in the previous Renaissance. I was present at the time of the ADPCA '98 proposal in Las Vegas, but not part of the proposing committee. I am now living in Boston and have been part of the committee since the summer.

I have been present to many exchanges regarding the issues that Bill has been raising, and I feel confident that the core of the matter is not a simple misunderstanding, nor difference of language. It is not my intent in this letter to try to resolve things, but rather to share my voice on the things I feel strongly about.

In his letter Bill writes, "Those excluded in the Boston area include John Shlien, Chuck, Uri, David, Bill Bonnice, Paul Blanchard, Chuck's students, Matt, Lou, etc." This is not correct. The condition Julia asked for at Las Vegas was *not* blanket exclusion of all other Boston-area members from the '98 planning committee. (NB: I was named in Bill's list.) Julia asked for this condition: that she be able to choose whom she works with, and be able to turn away an offer of help from someone she felt she could not work with. This was important to her, she explained, because she had a prior experience of organizing a meeting with fellow Boston-area members Chuck and David, which experience she reported as very damaging to her. Julia was resolved not to work with either of them again in a planning context, and wanted that to be clear to the
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Inclusion/Exclusion Revisited continued

of the huge contribution made by David Cain, and also very clearly affirming that no one in ADPCA was going to be excluded. At least at that time, the rhetoric affirmed self-selection, and even fully-functioning! When was that?

After that time, there was a great flood of people choosing to be on the editorial committee for the Journal. Carol Wolter-Gustafson and Curtis Graf co-edited Renaissance for the first year or two.

So, in 1998, we are back to "deja vu all over again". History in ADPCA is repeating itself. When I wrote my minority report about the 1997 meeting in Las Vegas, I started by saying (although it got edited from the Renaissance version), "If no set of minutes or other report will be forthcoming, I want to submit this as my own minority report for Renaissance," — not knowing if there would be any report. Is there any record of decisions taken over the history of ADPCA? Did any ADPCA meeting since that time decide exclusion was "in", and inclusion was "out"?

The minutes (for an impossible meeting to record) in Las Vegas were valiantly compiled by Carolyn Schneider, Marge

Witty, and Kathy Moon. I do thank you for the thankless task, you three, but did the meeting really decide what you reported as a decision, that "when a small sub-group proposes to do the work, they may decide what process to employ in establishing an organizing committee"? The Boston team's proposal that we voted on was for their specific plan for 1998. I don't recall a second vote. Was this part your wishful thinking, or did I miss something?

If the vote is taken again in Boston, please let me cast my vote now by proxy in favour of community-building, openness, self-direction, and inclusion for the 1999 meeting. Best wishes to all in Boston in 1998.

I have accepted the opportunity to participate as a keynote speaker in the 18th Annual Seminar of the International Society for Teacher Education, held in Kruger National Park in South Africa from April 17 to 24, 1998. The theme of the seminar is: Challenging Teacher Education; and the personal development of teachers during teacher education is being acknowledged as "of primary importance and certainly most challenging."

Best wishes, Bill Barnard

Response to Bill, from Matt Ryan continued

ADPCA business meeting before the decision about ADPCA '98 was made.

Bill writes, "If Bruce and Yoko were to propose that they host the next ADPCA meeting in Las Vegas again, as a similar case in point, would we (ADPCA) endorse their proposal if they wished to exclude Murray, for example, because they don't like the way he sings or dances?" That is not a similar case, and I hope we are all thinking with clarity on this point: there is no proposal here to exclude anyone from *attending the meeting*.

Bill asserts that the condition Julia requested is "a violation of the central tenet of developing a client-centered or person-centered approach." I feel strongly that it was not blameworthy for Julia to offer to host ADPCA '98 in Boston with the condition she specified, *whether or not that condition is a violation of the PCA*. Without that condition she would not have been able to make the offer in good faith. If that condition is a violation of the PCA, then it is the responsibility of ADPCA as a whole that the condition now applies for the ADPCA '98 planning committee. The matter was discussed, and the (not unanimous) consensus ADPCA decision was to accept the offer with condition intact.

For this reason I hope, Bill, that you will direct your passion about this issue to the ADPCA community as a whole. I also hope that the ADPCA community listens to Bill and grapples with the issues he raises — if the community does not, then the weight of his passionate objections will continue to rest on the '98 committee. I don't feel it is appropriate for us to bear that

weight. (But as members, it is, and when I am free from being invested in hosting a good meeting in '98, I will explore the matter in more detail.) It is the community's misfortune, Bill, that you have decided not to attend this year, because we will lack your voice in any grappling we do. I can't imagine our process as a community will go as far or as deep as we could with you with us.

Regarding goings-on in Boston, it is relevant (but not central to the issue) to say that to date no offer of help has been turned away. Both Chuck and David have contacted us to say they understand Julia's request for the condition and support her in hosting the meeting without their participation in committee, "even though," Chuck said to me, "I see it as being in conflict with an ideal concept of a person-centered way of being. Other things are in conflict with that ideal concept as well, like constraints of time and resources. I think it is very important for a committee that's supposed to accomplish something to be selective for people who expect to work well together."

Myself, I have been interested since my days as a Philosophy student in the phenomenon of values in conflict. I see it as the norm rather than the exception, that a difficult choice or conflict of interests presents unarguable values on each side. Life, freedom, respect, happiness, inclusion, safety — all valuable, all can be in conflict with the others. I don't know how these conflicts are resolved or should be resolved. I am confident only that it is impossible to respect all values to the maximum degree all the time, and that no value can be absolute

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In Preparation for the Annual Meeting.....

BE KNOWN IN YOUR OWN WRITE

You are invited, encouraged and even urged to send us a list of titles of your writings to date on the PCA. Our Boston committee is compiling a master bibliography of ADPCA members' written work. It will be passed on to Alberto Segrera in Mexico City to be included in the International Archives of the Person Centered Approach. This comes as a partial solution to the oft-heard refrain at ADPCA meetings, "I didn't know you wrote about that!" Now at least you'll have a better chance.

GATHERING OUR HISTORY

You are also invited, encouraged and even urged to send along, or bring with you to Boston, any photographs, artwork, poetry etc. that document our history from Chicago '86 through Las Vegas '97. At Boston '98 we will create visual displays of each year's contribution to the development of the person-centered approach. Anyone interested in helping make this happen, let us know!

EXPANDING OUR BOUNDARIES

Let us know if you want promotional materials for the conference, to help spread the word. We have available a call for papers, a conference announcement flyer, and a conference brochure). Feel free to xerox more of whatever materials are useful to you. Also, if there's anyone in particular you think we should be sure to invite, send us their name and address now.

Thanks for your collaboration!

The Boston '98 committee
 (Carol, Julia, Matt, Deborah, Tracy,
 Jake, Bill, Jennifer, Barbara,
 Nick, Jeannie, Catherine ...)
 88 Washington St.
 Norwood, MA 02062

Response to Bill, from Matt Ryan continued

above all others. I hold out hope that resolutions to conflicts can be found that somehow account for and respect every issue and every person involved, even if not all can be upheld to the most satisfying degree.

Matthew Ryan
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 Jamaica Plain, MA 02130
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Alive and Growing

THE 13TH ANNUAL MEETING OF

The Association for the Development of
 the Person-Centered Approach

May 21-25, 1998
 Wheaton College • Norton, MA
 USA

REGISTRATION FORM

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I am interested in P.D.P.'s or C.E.U.'s:

REPLY TO: Julia Rabin
 88 Washington St.
 Norwood, MA 02062
 781-551-9912

CONFERENCE FEES

Registration \$160 (\$185 after 4/1)
Room (All 4 nights: Thurs-Sun)	
Regular (not air-conditioned)	
Double/person: \$60
Single: \$80
Air-conditioned (limited availability)	
Double/person: \$95
Single: \$150
Meals: Thurs dinner-Mon. brunch: \$88

INTRODUCTION TO THE PERSON-CENTERED COMMUNITY

Thursday, 1:00 to 4:00 p.m.
 Session including Thurs lunch: \$5

***Scholarship Contribution:

TOTAL FEES

I will be sharing a room with:

Make checks payable to: ADPCA 1998