
The Person-Centered Journal

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THE PERSON-CENTERED JOURNAL

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Editorial

Jo Cohen
Kutztown University, Pennsylvania

For the past 35 years, the ADPCA has served and supported the development of client-centered therapy and the person-centered approach through several channels, including an annual meeting, a website, the *Renaissance* newsletter, *The Person-Centered Journal*, a business and a discussion listserv, a Facebook group, and funding for CCT/PCA research and archive projects.

The ADPCA is a platform and milieu for exploring Carl Rogers' (1957) well-known conditions of therapeutic personality change--including, empathy, genuineness, and unconditional positive regard--, and his lesser-known conditions of client vulnerability, psychological contact, and perception of the conditions. In applying the core conditions to life, infinite reward is gained from their robustness. By living the conditions, we create a climate in which we may facilitate forward movement of organismic valuing tendency and self-actualization.

The current volume of *The Person-Centered Journal* represents a broad spectrum of client-centered and person-centered discoveries and applications. I am pleased to introduce the authors and their work, beginning with Issue 1, which opens with Peggy Natiello discussing becoming a client-centered therapist, with “twists and turns” and an “exhilarating sense of wonderment that comes from letting go of the expert role...” (Natiello, 2020, this issue p. 4). Following Natiello, Art Bohart shares his journey becoming an integrative therapist, taken from his presentation at the ADPCA conference in Chicago, in 2017. Next, Matthew Bolton articulates person-centered mentorship from the perspectives of both Carl Rogers and Fred Rogers; followed by a discourse on person-centered supervision by David Myers. After this, Amanda McGarry considers whether additional propositions are necessary in order for the self-actualizing theory to account for suicidal behavior. Finally, Issue 1 concludes with Emily Myers' report on benefits of attending an ADPCA conference for a student who is more oriented toward hard science, and a book review by Marge Witty.

Issue 2 of this volume opens with Lauren Moss and Helen Hamlet elaborating on the foundations of child-centered play therapy from their presentations at ADPCA 2019 in Kutztown. Next, Christine Storch presents transcripts of child-centered sand tray play therapy taken from a graduate course in play therapy. Following this, David Myers presents data from Carl

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Rogers' actual self-disclosures in sessions. Then, Jody Long, Karen Aul, Susan Motts and J. Stephen Guffey address the application of CCT/PCA principles by physical therapy students. After Long et al., Anastasia Joswick discusses how self-development theory and the 19 propositions connect to LGBTQ affirmative practice. Matthew J. Bolton, H. Michael Mogil and Alan E. Stewart then share their work on integrating CCT/PCA principles to help understand individuals' relationships and concerns with climate. The last article in Issue 2, by me, Scott Tracy, Felishatee Rodriguez and Ryan Bowers, explores counseling students' observations of client-centered behaviors in Alcoholics Anonymous groups.

I am thankful to Associate Editor, Marge Witty for providing essential leadership, transitioning, recruiting, and follow-up for this project. Marge also wrote the review of Brian Levitt's provocative book, *Questioning Psychology*, for this volume.

Finally, I am tremendously grateful for graduate assistant Crystal Santa's work as Layout Editor for the journal, and for support from the Department of Counselor Education and Student Affairs at Kutztown University.

Reference

Rogers, C. R. (1957). The necessary and sufficient conditions of therapeutic personality change. *The Journal of Consulting Psychology*, 21(2), 95-103.
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