The Essence Of Client-Centered Therapy
And The Philosophy Of The Person-Centered Approach

J. D. Bozarth

THE VALIDITY OF THE MOMENT

I know not what you will do or become
at this moment or beyond;
I know not what I will do except stay with you
at this moment
And be mother, father, sister, brother, friend, child, and lover
at this moment;
I exist for you and with you
at this moment;
I am you
at this moment;
Take me and use me
at this moment;
To be whatever you can become
at this moment and beyond.

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Herefordshire, HR 9 6PT, UK. In J.D. Bozarth (1998) Person-Centered therapy: A
Revolutionary Paradigm. ISBN 1 898059 22 5
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The Person-Centered Journal is sponsored by the Association for Development of the Person-Centered Approach (ADPCA). The publication is intended to promote and disseminate scholarly thinking about person-centered principles, practices, and philosophy.

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