EDITORIAL

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What is person-centered practice? It is a relationship between counselor and client, founded upon humanistic and phenomenological attitudes. Its distinguishing trait is its persistent insistence on client-centered direction of therapeutic movement. The power of healing brought about by the core therapeutic conditions of genuine, empathic, positive regard continues to be incanted and confirmed. Resistance to believing in clients’ positive potential for change probably resides in therapists’ needs for personal power (the “I”) as well as their attunement and influence from social definitions of prestige (the “Me”). Nevertheless, a good many practitioners choose to identify themselves as person-centered (which of course may also spring from the above two forces), and the preponderance who call themselves otherwise confirm the necessity of the core relational qualities of the client-centered approach.

My experiences as editor of the Person-Centered Journal over the past three years have brought great challenge and reward. My best wishes to Jon Rose as he begins his term as Chief Editor with the Spring 2001 issue. I look forward to working closely with Jon, as well as with other editorial staff and ADPCA members in moving forward into the 21st century.
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