Introduction to Nathaniel J. Raskin’s “Dilemmas of Being a Person-Centered Supervisor”

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Nat Raskin presented the following paper on person-centered supervision at a 1992 Association for the Development of the Person-Centered Approach conference in Redwood City, California. Although it seemed in recent years that the talk was lost, a copy was found in the archives of the Chicago Counseling and Psychotherapy Center. With Nat’s permission, it was submitted to The Person-Centered Journal.

“Dilemmas of Being a Person-Centered Supervisor” highlights the challenge inherent to practicing supervision, also inherent to practicing client-centered consultation, within a nondirective approach that supposedly facilitates through sincere empathic understanding and unconditional positive regard. Nat’s critique of the supervisory session Rogers demonstrated (Goodyear, 1982; Hackney & Goodyear, 1984) provides us a re-centering perspective on this rare example of Rogers as a consultant.

References


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