

# Introduction to Nathaniel J. Raskin's “Dilemmas of Being a Person-Centered Supervisor”

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Nat Raskin presented the following paper on person-centered supervision at a 1992 Association for the Development of the Person-Centered Approach conference in Redwood City, California. Although it seemed in recent years that the talk was lost, a copy was found in the archives of the Chicago Counseling and Psychotherapy Center. With Nat's permission, it was submitted to *The Person-Centered Journal*.

“Dilemmas of Being a Person-Centered Supervisor” highlights the challenge inherent to practicing supervision, also inherent to practicing client-centered consultation, within a nondirective approach that supposedly facilitates through sincere empathic understanding and unconditional positive regard. Nat's critique of the supervisory session Rogers demonstrated (Goodyear, 1982; Hackney & Goodyear, 1984) provides us a re-centering perspective on this rare example of Rogers as a consultant.

## References

- Goodyear, R. K. (Producer) (1982). Psychotherapy supervision by major theorists [Video]. Manhattan, KS, Instructional Media Center, Kansas State University.
- Hackney, H., & Goodyear, R. (1984). Carl Rogers's client-centered approach to supervision. In R. Levant & J. Shlien, (Eds.). *Client-centered therapy and the person-centered approach*. New York: Greenwood.

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