
THE PERSON-CENTERED JOURNAL

*An International Journal Sponsored by the
Association for The Development of
The Person-Centered Approach*

Elliott & Fitzpatrick, Inc.

Volume 3, Number 1

The Person-Centered Journal

Editor

Jerold D. Bozarth, Ph.D.
University of Georgia

Editor-Elect

Jeanne P. Stubbs, Ph.D.
State University of West Georgia

Associate Editor

Barry Grant, Ph.D.
Arizona State University

Editorial Assistant

Lori Durham, M.S.

Editorial Reviewers

D. Alpert
D. Altschul
A. Bohart
B. Brodley
J. Cohen
T. Cushman
C. Ellinwood
N. Gaylin
P. Iossifides
M. Khanna
P. Natiello
K. Newton

E. O'Leary
D. Page
G. Prouty
N. Raskin
J. Seeman
A. Segrera
C. Stuart
B. Tabony
C. Wolter-Gustafson
J. Keith Wood
S. Wotman

Policy Statement

The Person-Centered Journal is sponsored by the Association for the Development of the Person-Centered Approach. The intent of this publication is to promote ideas and thinking about the principles and practice of the person-centered approach and to disseminate scholarly information and thinking concerned with person-centered philosophy.

All materials contained in The Person-Centered Journal are the property of the Association for the Development of The Person-Centered Approach (ADPCA). ADPCA grants reproduction permission to libraries, researchers, and teachers to copy all or part of the materials in this issue for scholarly purposes with the stipulation that no fee for profit be charged to the consumer for the use or possession of such copies.

Editorial Policy is that of an open review. Reviewing editors' comments are sent to the authors with the names of reviewers.

Subscriptions: Address all subscription correspondence to:

Julie Rabin
11 Orange Road
Warwick, MA 01378

NEW REVIEWERS

Two new reviewers were added to our review list:

Ms. Debbie Altschul
Ms. Becky Tabony
Department of Counseling & Human Development Services
Counseling Psychology Program

ANNOUNCEMENT OF NEW EDITOR

Manuscripts should be directed to the new editor at the following address:

Jeanne P. Stubbs, Ph.D.
Department of Counseling & Educational Psychology
Education Annex
State University of West Georgia
Carrollton, GA 30118-5170
Tel: 770-836-4476

Membership in the Association for the Development of the Person-Centered Approach

ADPCA is an international network of persons who support the development and application of the person-centered approach. ADPCA is an association that seeks to further a pioneering spirit and vision of what person can become.

Functions of ADPCA:

The Association is an interdisciplinary and international network which welcomes the participation of educators, psychologists, nurses, social workers, health service providers, pastoral counselors, psychiatrists, psychotherapists, counselors, marriage and family therapists, organization development specialists, and other professional and lay persons involved in the field of human relations, and personal and interpersonal development.

Its current FUNCTIONS include:

- Sponsorship of an annual meeting which includes activities that are experiential, theoretical, and practical (business meetings).
- Publication of a quarterly newsletter, RENAISSANCE.
- Publication of the PERSON-CENTERED JOURNAL, presently being published twice a year.
- Publication of an annual membership directory.
- Dissemination of information about other person-centered activities and organizations throughout the world.

MEMBERSHIP BENEFITS include:

- Subscription to the PERSON-CENTERED JOURNAL.
- Subscription to the quarterly Association newsletter, RENAISSANCE.
- Listing in and a copy of the Association Membership Directory.
- An Annual Meeting for interaction, dialogue, and didactics.

Application for ADPCA Membership

Name _____

Address _____

City _____ State _____

Zip _____ Country _____

Telephone [Home] _____

[Office] _____

Regular membership\$65

Student membership\$25

Institutional membership.....\$65

Co-members free (lives at same address as Regular)

Journal subscriptions only\$65

Partial or full scholarships possible on request.

Additional contributions are welcome from those who are able to provide membership for those unable.

Annual meetings are based on a sliding scale fee established by hosting committees.

I am enclosing \$ _____ for:
(Check one)

Regular Membership 1-Year _____

Co-Membership 1-Year _____

Student Membership 1-Year _____

Institutional Membership 1-Year _____

Journal Subscriptions Only 1-Year _____

(I do not wish to join the Association)

Additional Contributions 1-Year _____

TOTAL _____

Make checks payable to **ADPCA**. Checks from outside the U.S. must be in U.S. funds or drawn on a bank in the United States, or by U.S. postal money order. Send to:

Julie Rabin, P.O. Box 396, Orange, MA 01364

For information about the Association, the following names, addresses and phone numbers are suggested:

| | | |
|---|---|--|
| <p>To Join or Change Address: Or Membership Info: Julie Rabin P.O. Box 396 Orange, MA 01364 USA</p> | <p>Person-Centered Journal Information: Jeanne P. Stubbs, Ph.D. Dept. of Counseling & Educational Psychology State Univ. of West Georgia - Education Annex Carrollton, GA 30118-5170 USA (770) 836-4476</p> | <p>Renaissance Newsletter Submissions: Ken Newton Psychology Department University of Tennessee Knoxville, TN 37996 USA (423) 974-2165</p> |
|---|---|--|

TYPING AND OTHER REQUIREMENTS

1. The original copy of the manuscript should be typed or computer printed on 8.5" x 11" on-translucent white bond.
2. The manuscript should be prepared in APA style. Refer to the Publication Manual of the American Psychological Association, Third Edition. (Ordering information can be obtained from APA, 750 First Street, NE, Washington, DC 20002-4242.)
3. See current issues of *The Person-Centered Journal* and the APA Publication Manual for examples.
4. Double-space everything, including references, quotations, tables, and figures. Leave generous margins (at least an inch all around) on each page.
5. Avoid footnotes whenever possible (see APA Publication Manual for alternatives).
6. Use tables sparingly and type them on separate pages. Include only essential data and combine tables whenever possible. Refer to the APA Publication Manual for style of tabular presentations. Figures (graphs, illustrations, line drawings) should be supplied as camera-ready art (glossies prepared by a commercial artist) whenever possible. Figure captions should be on an attached page, as required by APA style.
7. Lengthy quotations (generally 300 cumulative words or more from one source) require written permission from the copyright holder for reproduction. Adaptation of tables and figures also requires reproduction approval from the copyright source. It is the author's responsibility to secure such permission, and a copy of the publisher's written permission must be provided to the Co-Editors immediately upon acceptance of the article for publication.
8. Place authors' names, positions, titles, places of employment, and mailing addresses only on the cover page to facilitate anonymous review.
9. Avoid the use of generic masculine pronouns or other sexist terminology. Also use terms such as client, student, or participant rather than subject. And when referring to people with disabilities and describing their experiences, be careful not to use language that stereotypes or diminishes them.
10. Never submit previously published material or material that is under consideration by another periodical.
11. Submit an original and three copies of the manuscript to Jeanne P. Stubbs, *The Person-Centered Journal*, Department of Counseling and Educational Psychology, Educational Annex, State University of West Georgia, Carrollton, GA 30118-5170. Authors should keep a copy of their manuscripts to guard against loss.
12. It is expected that most manuscripts submitted for publication in *The Person-Centered Journal* will undergo revision before final acceptance.
13. Because of the production process of *The Person-Centered Journal*, authors whose manuscripts have been accepted for publication are expected to provide both a hard copy and a diskette copy of the manuscript (final version), prior to the editors sending it on to press. Most popular IBM or Macintosh software formats are acceptable on either 5.25" or 3.5" diskettes. Please check with editor regarding acceptability of word processor format. The submitting author's name and the hardware and software used in preparing the diskette must be clearly labeled on the diskette. The diskette will be returned upon publication of the article if the author so requests at the time of notification of acceptance of the manuscript.

Note: Authors bear full responsibility for the accuracy of references, quotations, tables, and figures. *The Person-Centered Journal* sends the final ready print manuscript (as a galley) for final check for wording and correctness of authors' communications. It must be returned within one week to the publisher.

THE PERSON-CENTERED JOURNAL

Official Journal of The Association for The Development of The Person-Centered Approach

CONTENTS

| | | |
|---|----|--|
| Jerold D. Bozarth | 3 | Editorial |
| Armin Klein | 4 | The Use of Poems of the Psychotherapist in Psychotherapy |
| Mark J. Miller | 12 | Some Comparisons Between Taoism and Person-Centered Therapy |
| Kevin A. Curtin | 15 | Similarities Between Rousseau's <i>Discourse on the Origins of Inequality Among Men</i> and Concepts in Person-Centered Counseling |
| Barbara Temaner Brodley | 22 | Empathic Understanding and Feelings in Client-Centered Therapy |
| Ned L. Gaylin | 31 | The Self, The Family, And Psychotherapy |
| Jerold D. Bozarth | 44 | A Theoretical Reconceptualization of the Necessary and Sufficient Conditions for Therapeutic Personality Change |
| Jules Seeman | 52 | On Validity: A Credo |
| David R. Buck | 55 | Person-Centered Counseling in Action |
| | | <i>Special Section</i> |
| Tim Holloman Curt Morrison | 64 | Measures of Perceived Group Leadership and Personal Expressiveness: Report on Follow-up Survey at 1996 Warm Springs Conference |
| D.B. Altschul K.E. Steadman | 70 | A Person-Centered Journey to Warm Springs |
| Freda Doster | 72 | An Inquiry Into Child-Centered Therapy |
| | | <i>Book and Article Reviews</i> |
| Barry Grant | 78 | <i>Invitation to Person-Centred Psychology</i> , by T. Merry |
| June Ellis | 80 | <i>Beyond Carl Rogers</i> , by David Brazier (Ed.) |
| Ned L. Gaylin | 81 | <i>Child-Centered Counseling and Psychology</i> , by A. Boyd and G. Pine |
| Jules Seeman | 84 | On Connectedness: A Review and Essay |
| Jeanne P. Stubbs Jerold D. Bozarth | 87 | Efficacy, Effectiveness and Expertise |